



June 2021

Volume 43 Issue 6

Garden Oaks Gazette

The newsletter of the Garden Oaks Civic Club

Greetings, Garden Oaks!

Amanda Sebba, Principal, Garden Oaks

Montessori

Hello Garden Oaks community! I am excited to be here. My name is Amanda Sebba, and I have the honor of serving as the new principal at Garden Oaks Montessori. In my first few days at the campus, I have been so grateful for everyone's warm welcome and impressed by the school's strong family engagement and identity.

Since I'm new to the Garden Oaks community, I'd like to share a brief introduction with you all. I started my career as a teacher in HISD, teaching 5th grade in Southeast Houston. After several years in the classroom, I decided to move into an instructional coaching role, which gave me the opportunity to work closely with teachers on their professional development. From there, I went to graduate school at Harvard Graduate School of Education, where I focused on education management and bilingual literacy. Since returning to HISD, I have primarily worked as assistant principal at Braeburn Elementary in Southwest Houston. My experience at Braeburn was shaped by the aftermath of Hurricane Harvey, which flooded the school and resulted in multiple campus relocations before the new building was built. Despite those challenges, we were able to focus on improving academic results and providing academic interventions to all kids who need them.

I live about 10 minutes away, in the Greater Heights area, with my husband. We are both non-native Houstonians who have become Houston enthusiasts – we especially enjoy exploring the hike and bike trails and enjoying Houston's great food!

I am excited to lead such a diverse school community here at GOMM and to continue to strengthen the Montessori program. So much about the Montessori approach excites me, especially the focus on educating the whole child and the attention given to each individual student's learning need. I am just now settling in and learning more about the campus, its needs, and the broader Garden Oaks community – that said, I plan to continue the work that the faculty has started toward improving Garden Oaks' academic ratings and strengthening the Montessori program after this challenging year. I look forward to working with all of you on behalf of our GOMM students!

Garden Oaks Civic Club Meeting (Virtual)

Tuesday, June 1, 7 pm
Meeting ID: 853 8370 1841
Passcode: 505892

Speaker: Houston Police Department representatives

Gazette Staff Needed

(See the May 2021 issue for full details)

We are still searching for a new Gazette editor and delivery coordinator. If you are interested in either position, please contact gazette@gardenoaks.org.

Garden Oaks Civic Club Business Members

Welcome to the following neighbors and neighborhood businesses who joined our new Business Membership Program. Thanks for your support!

Deanna Zugheri, Keller Williams Metropolitan

Verde Wealth Group

Erin Thole, CNHP – Thole Wellness, LLC

Harry James Building + Design

John Bartos, Attorney at Law

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235 West 33rd gocop@gardenoaks.org

Constable Program – Terry Jeanes 281 236 8033
922 West 41st constable@gardenoaks.org

Membership – Dian Austin 713 691 6505
733 West 42nd membership@gardenoaks.org

Social Media – John Alvar 713 775 0365
social@gardenoaks.org

Webmaster – Pam Parks 713 686 7728
webmaster@gardenoaks.org

Gazette Contacts

Editor – Joe Muscara 713 691 6833
750 Sue Barnett gazette@gardenoaks.org

Advertising Director – Brenda de Alba 713 705 0886
744 West 43rd gazetteads@gardenoaks.org

Delivery Coordinator – Lori Kennedy 713 691 6833
750 Sue Barnett gazettedelivery@gardenoaks.org

The Garden Oaks *Gazette* is the official publication of the Garden Oaks Civic Club and is published monthly. The submission deadline to the editor is 11:59 PM of the 15th of each month for publication the next month unless otherwise noted.

Publication of any article or letter does not imply endorsement by the Garden Oaks Civic Club and is solely the opinion of the author.

Article Submission Guidelines

1. **MS Word or text document as an attachment** (not the body of the email), left justified, no headers or footers. Keep formatting to a minimum.
2. **Photos need to be sent separately.** You may embed photos to show where they go with the article but separate full size and resolution photos must also be provided outside of the document.
3. **Articles should be titled.** These can be as simple as the name of the committee or event, but a concise title should be provided for other articles.

Information for Zoned to Garden Oaks Montessori Families Enrollment Information for 2021-2022 School Year

Stephanie DuBroff-Acosta, Parent Engagement Liaison

Do you have a tour?

Although school tours have ended, you can still view the Garden Oaks Virtual Tour presentation at <https://youtu.be/IUPnBEgGfRQ>

Considering your zoned school - Garden Oaks Montessori

We asked our zoned families to have completed the online application to help us better plan but at this point, the online application is not necessary. Families who applied after January 29 were considered on a first come first served basis as space is very limited. PK students are not considered part of the zone. The process for applying for the lottery is below.

Please email Stephanie Acosta at SDUBROFF@houstonisd.org for more information regarding registration for kindergarten through 5th grade.

PreKindergarten - all PK seats are by lottery ONLY. There is no zone for PK.

- PK applicants must be 3 or 4 by September 1 to apply for the PK program.
- To select Garden Oaks Montessori, you must have selected Magnet in the application, not PK Enrollment.
- Applications were open September 19, 2020 – **April 30, 2021** - Qualified, in-district, TEA Eligible applications and tuition-based applications received by the deadline were entered into the lottery.
 - Rankings could be changed up to April 30, 2021. You must have ranked the most desired school as 1, descending in order.
- Notification day for all applications was **May 20, 2021**. Applications received after this date will be offered only by space available and in order of submission.
- If you qualify for the non-tuition PK program, you must have uploaded qualifying documentation into the application no later than **May 5, 2021**. (Note, this is after the deadline of submission!)
- Tuition-based applications will be considered after **June 3, 2021**.

All PK applicants, who submitted the application prior to April 30, 2021, will be notified of application status via email. Lottery results are viewable online May 20, 2021 (offered or wait-listed).

For more information on HISD PK, please visit the website at <https://www.houstonisd.org/prek>

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Beautification

Pam Parks, Program Chair

In April and early May we replaced about a quarter of our spray heads when we noticed ponding. The heads we use are industry standard and give good service for 10-12 years. We found about the same amount of wear on all six of our systems. The restored system at the Berm is set to be turned on by the end of May.

Last month I promised a few words about how we planned to recruit for our vacant park captain roles at the Berm and Gazebo Park. The bad news is that I don't have a plan to share because the good news is that Sean Jez has stepped up to take on the Berm and Jenny Moreno has taken on Gazebo.

We have seen a second design concept for the GO Blvd Signal box mini-mural. As this goes to press, we are waiting to hear more about the timing and selection.

The wildflower plantings at Art Park at W. 43rd and at the Berm have added interest and color enough to warrant a repeat next year, and where we can, we will look to extend the plantings. These plantings are a real draw for the pollinators as well as the people.

If you would like to join a team, contact me or select from one of these existing teams.

Gazebo Park (Sue Barnett @ Lamonte) – Jenny Moreno jenpalcic@gmail.com & Rayford Irvin rayford.irvin@gmail.com

Garden Oaks Esplanade (Garden Oaks Blvd.) – Shana Tatum shanatum@icloud.com & Jonathan Morgan jonathanlmorgan@gmail.com

Rose Garden (Lawrence @ W. 34th)- Brenda de Alba albagarden@yahoo.com & Sheila Briones sbriones@hotmail.com

Randall Berm (Durham @ W. 30th) – Sean Jez sean_jez@fleming-law.com

Art Park (Sue Barnett @ W. 43rd) – Shawn and Bill Spear

Triangle Park (Alba @ Azalea) – Tina Nieto t-nieto@att.net

Friendship Garden (Lawrence @W. 30th) – The Garden Club t-nieto@att.net

W 43rd Esplanade (Ella @ W. 43rd) – Tom Cronin and Helen Sestak, Chavonne Slovak

Donors wishing to contribute to the Park Projects are urged to Pick a (Pocket) Park on this page: <https://www.gardenoaks.org/gocc-home/payments/beautification-projects/>

Constable Program

Terry Jeanes, Program Chair

Have you supported the Constable Program in 2021 yet?

We need you! You can pay online at gardenoaks.org or mail in the form in this newsletter. Payment of at least \$250 per household will get you a GO Constable Supporter sign. As we go to press, we have some 298 Constable Supporters, and we are targeting 400. **If you need a new sign or a 2021 sticker, email constable@gardenoaks.org.**

Reminder: The Constable Program is paid only by residents' contributions. **There is no mandatory fee collected.**

Pay your dues today. Why wait until you become a crime victim before contributing?

Become a Constable Program Supporter: gardenoaks.org

Constable Dispatch: 713-755-7628

Sign up for Precinct One Crime Alerts: <http://pct1constable.net/sign-up/crime-alerts/>

Vacation Watch: <http://pct1constable.net/sign-up/vacation-watch/>

KNOW THE LAW: Golf Carts

(Info as Published on the Next Door App on May 7th 2021)

Harris County Precinct One Constable Alan Rosen would like to remind you that golf carts cannot legally be driven on the roads in many neighborhoods.

The following minimum conditions must be met for Texas law to allow it:

- Must be daytime
- Must be located within a master planned community that has in place a uniform set of restrictive covenants
- Must be less than two miles from the location where the golf cart is usually parked and for transportation to or from a golf course.

There are additional restrictions and requirements, and if you have a golf cart it is important for you to know the law. This includes a requirement for registration and display of a license plate. You can read specifics in the Texas transportation code here, Section 551.401-551.451: <https://statutes.capitol.texas.gov/docs/TN/htm/TN.551.htm>



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Constable Statistics

April 2021

Data are provided monthly for the contract with the Harris County Precinct One Constable deputy who patrols Garden Oaks. The number of responses is shown for each category.

Our deputy is following CDC guidelines and social distancing on the street as well as in the office.

Alarm Call – 3

Animal Humane – 1

Burglary Motor Vehicle/Other – 4

Check Park/School – 36

Check Public Infrastructure – 2

Child Custody – 1

Contract Check – 347

Disturbance Loud Noise/Other – 3

Follow Up – 3

Fraudulent Use ID – 1

Indecent Exposure – 1

Information Call – 15

Meet the Citizen – 20

Open Door/Window – 1

Property Found Lost – 1

Suspicious Person/Vehicle – 9

Theft Other – 1

Traffic Hazard – 3

Traffic Initiative – 1

Traffic Stop – 6

Unknown Medical Emergency – 1

Vacation Watch – 25

Welfare Check – 3

Writ – 1



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Mickey's Minute

Mickey Morales

And so it begins — the long slow creep of summer heat on the Gulf Coast. As I sit here composing this article, we are enjoying what probably will be the last cool front of the season. I'll be out tonight cooking burgers for my fellow Oakies and plan to enjoy every minute of it. I've finally learned that there's little I can do about it so I might as well embrace it for what it is.

If there is anything great about this time of year it has to be the summer vegetables and fruits: tomatoes, cucumbers, melons, pepper, and figs, my personal favorite. The hens should still be producing a fair amount of eggs, but that will taper off as the heat increases. It's always been a paradox for Farmer Cathy that the demand for eggs is highest when the supply is lowest, and lowest when the supply is at its peak.

In other market news, it appears we've suffered some attrition in our ranks. We have gained a real gem in the form of Jennifer of Bloom bloom flowers. Mariana and Carlos of 109 Coffee continue to soldier on with us. Possibly by the time of this issue we will have gained one

or two new vendors. I'm hoping to add a dessert/bread maker and someone else with prepared foods. Maybe I'll just ramp up my offerings that I can blend into my bistro menu that I'm already serving at Decant Urban Winery on Saturday afternoons after the market.

As always, "Come soon, come often, and enjoy being out and about."

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Synthetic Nutrients are not Equal to the Real Thing

Erin Thole, CNHP

There are 3 nutrients commonly found in supplements as synthetics that can have a huge impact on your health:

- B12
- Folate
- B6

Synthetic nutrients can be called by the name of the natural form of the nutrient as long as they look SIMILAR to the actual nutrient under a microscope.

It doesn't have anything to do with how these chemical concoctions actually perform in the body, whether they do good or cause harm or nothing at all, but simply by how they look under a microscope. That's crazy.

There are three in particular that cause more harm than good. These are the ones we are going to talk about today.

You may have heard about the MTHFR gene mutations in recent years. This is a gene mutation that is fairly common, especially in people of European decent. There are a few variations of the mutation, but basically when this gene is not functioning optimally, the body has a hard time methylating: breaking things down and rebuilding (cellular regeneration, DNA turn over, detoxification, utilizing enzymes, etc).

This can cause a multitude of issues ranging from chronic fatigue, difficulty in losing weight, hormonal imbalances, mood and behavioral disorders, digestive issues, migraines, chronic pain, anxiety, vaccine injuries due to the inability to detox out the adjuvants from the vaccine, and cardiovascular issues, to name a few.

Supplements containing synthetic B12, synthetic folate, and synthetic B6 can exacerbate an MTHFR gene mutation and make any conditions that are related to the mutation worse. This is because the substance looks

similar to what the body needs but doesn't quite fit the bill. The body doesn't know what to do with it and the liver is already having a hard time detoxifying the body and methylation isn't great, so the liver hangs on to the synthetics, and they create more and more congestion within the body.

Think of it as those games for toddlers where they try to fit the different shaped wooden pieces into the box. Synthetics in a person who has a hard time methylating and/or has a MTHFR gene mutation is like trying to fit a square peg into a round hole.

The body needs these nutrients in their natural forms, especially in those who have an MTHFR gene mutation and/or don't methylate properly.

They need to be in a natural, pre-digested, methylated form that is easily taken up and utilized by the body. When this happens, many people find great relief to the conditions that ail them.

Of course, if the condition is severe you may need more help than a B complex in its natural and correct form. But it's a good place to start.

I personally found that my energy level is so much better and my mind is so much clearer on a methylated form of these B vitamins.

Most people with an MTHFR mutation also require what I refer to as a "Stupid High Dose" of these methylated nutrients just because our bodies require more of it to get the job done. I'm talking about 83,000% or more of the RDA. The RDA is for those of among us who have no health concerns what-so-ever. Who fits that description? No one.

What to look for on a label

B12

If B12 is listed as just B12 with nothing else after it or Cyanocobalamin, it's synthetic.

If B12 is listed as methylcobalamin and/or hydroxycobalamin, it is in its methylated form. This is what you want.

Folate

If Folate is listed as Folic acid or folate (folic acid), it's synthetic.

If it's listed as folate (methyltetrahydrofolic acid) or folinic acid (a broken down form of folate that is more absorbable to some), this is what you want.

B6

If B6 is listed as just B6 or Pyridoxine Hydrochloride, it's synthetic.

If B6 is listed as P-5-P or Pyridoxal-5-phosphate, this is the active form that we are looking for. This is what you want.

Many people trying to do something great for their health don't realize that synthetic nutrients can actually be damaging! Supplements can be hard to navigate. It's important to work with someone who understands supplemental quality when the goal is to use supplements to optimize health.

Erin Thole, CNHP has been working in Functional Medicine for over 13 years.. To learn more and request a free consultation: www.erinthole.com - thole.erin@gmail.com

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**2021 COMBINED CIVIC CLUB AND CONSTABLE DUES STATEMENT
(January – December)**

Civic Club membership is open to all residents. While membership is voluntary, you must be a paid member to be eligible to vote on civic club matters. Constable Dues are also voluntary and help pay for our Precinct One Constable Deputy on patrol.

Civic Club:

\$ _____ **Basic Membership \$40** (\$20 for seniors 65+)

\$ _____ **Community Household Membership \$100**

Constable Program:

\$ _____ **Annual Constable Supporter (\$250, w/yard signage)**

\$ _____ **Additional Constable Program contribution**

Other:

\$ _____ **Contribution to Beautification** (maintain area green spaces)

\$ _____ **Contribution to Garden Club** (maintain Friendship Park, Section 1)

\$ _____ **TOTAL**

Please mail this completed form along with your check payable to:
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Garden Oaks Civic Club Meeting Minutes

Beth Jackson, Secretary

May 4, 2021 via Zoom online application

The May virtual GOCC meeting was called to order at 7:01 pm by President Tonya Knauth. The meeting agenda was posted on the Zoom screen.

Tonya called for a motion to approve the April 2021 meeting minutes as published in the *Gazette*. The motion was made, seconded, and approved.

The evening's guest speakers were Harris County Precinct One Constables Lt. Moncrief and Deputy Nowling. Deputy Nowling is our new contract patrol deputy for Garden Oaks.

Lt. Moncrief noted an uptick in property crimes in the Garden Oaks and surrounding neighborhoods, specifically theft of motor vehicle parts.

Deputy Nowling is following the GO official Facebook page to learn about the neighborhood and concerns of the community. The crimes we are seeing fall in the category of "crimes of opportunity" — garages left open, valuables exposed — which make for easy targets to be exploited. New builds and construction sites are a big attractor of criminality as of late. Security cameras at building sites do help to deter crime.

There are several things we can do: remove valuables in vehicles, don't leave doors to houses or vehicles unlocked, and add security cameras to construction sites.

Tonya opened the floor for questions. She asked about the legality of golf carts on GO streets. Deputy Nowling said that golf carts are legal on roadways as long as they display a slow moving vehicle indicator. Texas legislation does allow vehicles with gasoline motors (ATVs, golf carts) to operate on public roadways where the speed limit is less than 35 miles per hour. Such vehicles must display a registration tag, and drivers must be licensed to drive that vehicle in Texas. While we don't see a lot of golf cart activity in GO right now, it may increase as more people see others using golf carts. (See info in Terry

Jeanes' Constable report in this issue.)

A big thank you to Lt. Moncrief and Deputy Nowling for participating in the meeting. Please submit vacation watch requests this summer for patrol of your property when absent.

Moving on, Tonya reported on the results of the annual GOCC survey. We had 99 responses, a decrease from 113 respondents in 2020. The survey was open online from Jan – March, and polled residents about what is important to GO and what role GOCC can and should play. The top priorities were (1) security, (2) beautification, and (3) communication. Social events and fundraising were secondary priorities. Compared to the 2020 survey results, 83% of participants agree that these priorities remain the same as last year. You can access all survey results at www.gardenoaks.org. Thanks to Pam Parks for conducting the online survey and preparing the presentation of the survey results.

Treasurer's Report

Paul Vincent reported that GOCC finances track with 2020 through the first quarter. Our fundraising is also on par through the first five months of 2021. GOCC membership is raising money, but advertising revenue from the *Gazette* is less than the cost to produce. We are spending money to mow parks, beautification efforts, member recruitment, and other administrative expenses.

Full financial reports are available by contacting treasurer@gardenoaks.org.

Committee Reports

Constable Program: Terry Jeanes reported that the Constable Program has added another 20 supporters in the past month, up to 298 paid members. The program has raised about \$82,000 in 2021 thus far, which is just shy of our contract for one patrol deputy. As always, Terry is asking for volunteers to join the Constable Program committee. Contact constable@gardenoaks.org if interested.

Beautification: Tonya delivered the Beautification report for Pam Parks. The Rose Garden sign/bench area in Section One has been replanted by Brenda de Alba and Shelia Briones. Pam continues to replace sprinkler heads to reduce water ponding and waste. Much of our park

and green space infrastructure is getting tired and old, which is something we will need to address in the future. Beautification teams continue to clear out freeze damage and shift leaves from the Garden Oaks Spark Park to the Community Garden.

GardenOaks.org: No updates or issues to the Garden Oaks website this month.

GO Citizens Patrol: Tonya delivered the report since Chairperson Mark Saranie was not present. The GO CP team is losing two members. If you are interested in volunteering for this neighborhood patrol, now's the time — prizes and incentives coming to those who sign up.

Membership: Dian Austin reported 269 paid members in GOCC, up from 261 last month. We currently have 15 business members. Tina Rowe and her team delivered 22 welcome packets for this quarter and expect more than that next quarter. Several Business Members included marketing materials in the welcome packets. For the evening's raffle drawing, Ciro Mendez (landscaping and yard maintenance) donated a \$25 Home Depot gift card. Beth Jackson won this month's raffle drawing.

GO Gazette: Joe Muscara noted that the deadline for the June *Gazette* is Saturday, May 15th, with submissions to gazette@GardenOaks.org. Lori Kennedy is moving, so we are looking for a new Delivery Coordinator to deliver the bundled newsletters to the 5 section captains each month. Please email gazettedelivery@gardenoaks.org if you are interested in volunteering for this important job. REMINDER: We are also looking for new *Gazette* editor, due to Joe and Lori's move. Reach out if interested!

Social Media: Chairperson John Alvar reported that his social media recruit has unfortunately backed out, so he is looking again for someone to assist with social media accounts, and monitoring. The GO Instagram page is a little stale, but there has been interest from businesses to highlight their businesses and adding coupon codes in exchange for promotions to our followers. We will try to align offers for businesses with business members of GOCC. John will start promoting the digital version of the *Gazette* via our social media channels for neighbors each month.

Government Affairs/CIP: Two State Representatives serve our neighborhood - Penny Morales Shaw and

Jarvis Johnson, along with Senator John Whitmire. Tonya encouraged all neighbors to stay up to date via their respective websites on issues and concerns affecting Garden Oaks. Please email, call and express your views. There will almost certainly will be a special session to address redistricting. The hot topic right now is racial language in deed restrictions — be in the know!

Regarding the Capital Improvement Project for Sue Barnett, there is no word yet on our modification application requesting a sidewalk exemption for portions of Sue Barnett south of 43rd Street. There are no new changes to our "big dig" project on Golf Street, to begin this fall.

Garden Oaks Montessori Magnet School

Dr. Pollock reported that it is a busy time at GOMM with STARR testing this month. More students returned to in-person instruction at campus during the last month. A new GOMM principal will be named on Thursday, May 6th, and on Friday, May 7th, the new principal will be on campus and will shadow Dr. Pollock the following week. She thanks all in the Garden Oaks community for their support over her years at GOMM. Her last day at GOMM is May 14th. Please join Dr. Pollock and your neighbors at a Party in the Park on Saturday, May 22nd to celebrate her retirement and welcome the new GOMM principal.

Old Business

No old business was brought up.

New Business

No new business introduced.

The next GOCC meeting is Tuesday, June 1st. We are holding out for Senator John Whitmire and/or a member of his staff to join us as the guest speaker, but he might not be available due to a special session of the Texas Legislature.

President Knauth adjourned the meeting at 8:02 pm.

Heard Under the Oak Tree

Terry Jeanes

Welcome, New Neighbors!

Congratulations on joining our community. We look forward to seeing you at a Civic Club meeting soon.

1039 Althea	1027 Gardenia	1066 Lamonte
1406 Sue Barnett	1587 Sue Barnett	408 W. 30th
431 W. 30th	520 W. 30th	729 W. 30th
519 W. 31st	337 W. 32nd	866 W. 41st
1011 W. 41st	855 W. 42nd	907 W. 43rd
934 W. 43rd		

Happy Birthday

Andrew B – 1st	Julie Sherber – 2nd
Stephen S – 4th	Tina Rowe – 5th
Elyse S – 9th	Mark Klein – 13th
Landon C – 18th	Shana Tatum – 21st
Antonio R – 23rd	Allison Padon – 28th

Happy Anniversary

Alex & Erin Dunn – June 11th
 Happy Belated Anniversary to Sam and Beth Stengler – April 24th
 and to Rusty and Linda Reichle – May 10th

Out and About

Leslie Ryan and Carl Waters not only enjoyed several Astros games but also had a grand time in Las Vegas as well. **Jeff Martin** also caught an Astros game. **Tina Sabuco and Shellye Arnold** hosted Tina's brother/his wife who were visiting from Minneapolis. **Julie Sherber** along with **Mary Kathryn LeMasters** has started an Eye See HOU support group for the visually impaired. **Caroline Stender** enjoyed the Van Gogh exhibit and also a trip to Taos and Santa Fe. **Tina Rowe** had a great time in Aruba. **Melissa Reid and Jeff Gibbs** and family enjoyed Hyatt Lost Pines Resort.

Congratulations

To **Lily Bowman** who received 2 awards from the Honors program at Texas State.

To **Dr. Jerry Evans**, Info and Logistics Technology, acknowledged as Best Professor based on write-in nominations at The University of Houston, central Campus.

Special thoughts for our neighbors who have lost someone near and dear to them.

For the **Cunningham family** in the loss of their pet Sully.

To highlight an event, celebration or other tidbit, please submit information no later than the 13th of the month to Terry Jeanes at terry@terryjeanes.com.

Letter to the Editor

Our neighborhood has a lot of people who walk their furry family members. While we appreciate that most of these responsible pet owners pick up after their dogs, please remember that the courteous thing to do is to deposit the bag of poop in one's own trash receptacle. Some folks are putting their poop bags in or near neighbors' compostable lawn clipping bags that are awaiting pickup at the street. These bags of poop then get left in our yard as they are not compostable yard waste.

Those of us with no furry pets don't want to deal with the poop bags you should have taken home. Please be neighborly and take your dog poop back to your yard/home for disposal.

L. Patterson

Section 3 resident

A color version of the *Gazette* is published each month at the Garden Oaks web site, gardenoaks.org. You can download past issues as well as find contact information and pay for ads.

Classified Ads are \$20 per run for residents, and are for personal services only, e.g. help wanted, items for sale, infant care needed, etc.



YOUR HEALTH IS STILL IMPORTANT

While the pandemic isn't over yet, seeing your Houston Methodist doctor is still smart — and safe.

No matter what's going on in the world, taking care of your health should always be a priority. At Houston Methodist, our primary and specialty care doctors are available to provide expert care for you and your family — safely. And we are taking it one step further to protect you: Houston Methodist will require all employees and employed physicians to get a COVID-19 vaccine. See your doctor virtually or in person, or use Virtual Urgent Care for 24/7 on-demand video visits.

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Common Reasons Your A/C Could Quit

Mitch Weigand

This is the time of year that your A/C system works the hardest and has the greatest chance for failure. Although there are many things that can go wrong, here are the most common problems.

1. Lack of proper routine maintenance. Keeping your A/C system well-maintained is critical. Have your A/C technician perform a spring check-up. The entire system will be inspected in order to spot and fix potential problems. A well-maintained A/C unit uses less energy to cool your house, and lower energy usage can mean big savings on your monthly utility bill.
2. Not replacing your filter when it's dirty. Make sure you replace the filter once a month. I cannot emphasize this enough.
3. Leaks that allow freon to escape. Freon (also known as refrigerant) is the lifeblood of your A/C system. Operating properly, it does not lose freon. The only time

that you will need to have freon added is if there's a leak, or your system was undercharged to begin with. Did you know if your system is short just one pound of freon (that's about 10% overall), your electrical bill can increase nearly \$50 per month?

4. The A/C system gets overworked. With some temps near 100 degrees with 90-plus percent humidity, there's no doubt your system will have to work extremely hard. It can lead to problems like tripped circuit breakers, blown capacitors and more. Help ease your system's workload by raising the temperature in your home to 80 degrees while at work, keep curtains closed to avoid sunlight heating up the indoor air, and have realistic expectations regarding your home's indoor temperature.

5. The system is old and past its prime. Most home A/C systems in Houston last about 10 years because summer puts tremendous stress on them. If your system is old and not up to the challenge, consider installing a brand new system. Not only will this prevent breakdowns during the hottest months, it can also make your home more comfortable and very likely lower your monthly electric bill.

Garden Oak homeowner for over 25 years



Air Wise owner Mitch Weigand

Here's what our customers are saying about us:

“Thank goodness because my babies need cool air!”

Bette C., Tomball, TX

★ ★ ★ ★ ★ "Air Wise came out when my A/C went out. I have a Poodle and a Boston Terrier and needed someone fast so they wouldn't have to sit in the heat. The technician arrived that evening and fixed it in only 1-1/2 hours even though I have an older unit. Thank goodness because my babies need cool air!

Also, he was nice and clean because I can't stand rude service men who come in and mess up your house. I feel like I can trust this company."



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JUNE 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1 Civic Club Meeting 7 pm Online via Zoom	2	3	4	5 Farm Stand 9 am - 1 pm 949 Wakefield
6	7	8	9	10	11	12 Farm Stand 9 am - 1 pm 949 Wakefield
13	14 Flag Day	15 Gazette Article Deadline	16	17	18	19 Juneteenth Farm Stand 9 am - 1 pm 949 Wakefield
20 Father's Day	21	22	23	24	25	26 Farm Stand 9 am - 1 pm 949 Wakefield
27	28	29	30	Be curious, not judgmental. — Walt Whitman		

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