

Garden Oaks Gazette

VOLUME 17, No. 11

CIRCULATION 1550

NOVEMBER 1994

Happy Thanksgiving!

CIVIC CLUB MEETING

The last Civic Club meeting for this year will be held at **7:00 p.m. on Tuesday, December 6, at the Garden Oaks Baptist Church, 3206 North Shepherd.** A new president and *Gazette* editor need to be nominated and voted for at this meeting. We'll have a potluck Christmas dinner if you'll bring the following dishes in accordance with the beginning letter of your last name: A - J, bring appetizer; K-N, bring casserole or main dish; O-Z, bring fruit or dessert. Please bring items as an additional benefit for the two local agencies, (The People With AIDS Coalition - Houston, and Loving Arms Foundation), that are to be benefited by the Garden Oaks Caroling group, which is further described in this publication.

GARDEN OAKS CAROLING

The flyer included in this newsletter announces this year's Garden Oaks holiday caroling activities will benefit The People With AIDS Coalition-Houston, and Loving Arms Foundation, a daycare center for children infected/affected by the HIV virus.

The People With AIDS Coalition, Houston, Inc., (established in 1986), is a unique organization of, by and for People With HIV/AIDS that promotes independence and self-reliance so that People With HIV/AIDS may live with dignity, self-esteem, and acceptance. This will be achieved by: Providing short-term crisis intervention and long-term referrals; Creating opportunities for active participation as a member of the PWA Community; and Providing public advocacy for the needs of PWA's. While committed to ending the epidemic, the Coalition will endeavor to respond to the unmet and changing needs that arise with love, caring and compassion.

The Loving Arms Foundation, (established in 1993), was created to improve the quality of life and fill the unmet needs of AIDS/HIV infected children and their families through counseling, legal advice, emotional support, pastoral care, and daycare. Loving Arms Daycare Center's purpose is to provide quality services for children and caregivers who are infected and affected with HIV/AIDS. Loving Arms is the only daycare providing these services in the Houston and Harris County area.

Please read the green flyer and do what you can to help when they come to your door. Thank you.

GANG AWARENESS

Garden Oaks Elementary School will be hosting a presentation on Gang Awareness **November 17, 1994 at 7:00 p.m.** in the **Multi-Purpose Room at Garden Oaks Elementary School.**

The presentation will be given by Officer Saenz of the Houston Independent School District Police Gang Intervention Unit Task Force. It is an informative program designed to educate the public on gang awareness and prevention. Please make plans to attend.

GO-COP NEWS

By Bill Chastain

Our statistics for the month of August show Garden Oaks had one assault, three burglaries, and two auto thefts. We want to thank **Dennis and Cathy Spar** for their patrolling efforts and being nominated as patrollers of the month for October. During the civic club meeting I had the extreme pleasure of awarding **V.D. KELLEY and W. MEHRKAM** with their "wings" for patrolling 400 hours. They were also offered a tour in a police helicopter.

We welcome to our ranks this month **CARL and LESLIE WATERS.** Thanks to residents such as them, everyone in Garden Oaks may rest a little easier. Please accept our apologies for misspelling our new patrollers names in last months *Gazette.* It should have read: We are happy to welcome **CASEY MAGAN, RUSS WADDELL and MILES HARPER.** **PATSY GANT** was presented a "T" shirt.

Please Recycle
this Gazette

FROM THE EDITOR . . .

The residents of Garden Oaks Plaza deserve a special thanks this month. At our November civic club meeting Garden Oaks Plaza resident Mark Stubbs brought a \$100 check for the benefit of the *Gazette*. He collected it from the residents of Garden Oaks Plaza to show their appreciation of the *Gazette*.

-Jude Patronella

PRESIDENT'S MESSAGE

By Suzanne Debien

GOOD GRIEF! It's almost Thanksgiving and my term as your civic club president is near an end. I sure have had plenty to be thankful about this year. The support from all the officers in our civic club programs has been tremendous and my acceptance as president from so many residents has been wonderful. I am very grateful for being asked to serve a second term as your president, but unfortunately my family and career need the extra time. The future civic club presidents and officers will have my continued support because I intend to live and work in Garden Oaks, Texas for many years to come.

Garden Oaks Elementary School Notes

By Linda Ross, PTA President

We are always looking for more tutors for our students. Volunteer tutors meet with their students on a regular weekly schedule to assist with math and reading skills. This is a very rewarding activity for both the tutors and the students. Call and leave your name at the school **695-0475**.

Market Day is the convenient food co-op that features quality foods delivered to your neighborhood. If you have not tried these products ask around or make an order next month. A portion of the profits is returned to the school for Special Projects. Order forms are available at the school office and due back by November 22 and the sale is December 8. For more information about Market Day, call chairman and Garden Oaks resident **Margaret Welker 880-0837**.

WELCOME NEW MEMBERS

<u>RESIDENT</u>	<u>Yrs. in G.O.</u>	<u>Additional Contributions</u>
Shawn Forney	less than 1 yr.	
James Lalonde	13	
Keith & Susan Kostelecky	less than 1 yr.	\$10 Gazette
Jamie B. Westmoreland	45	\$5 Go-Cop
V.J. Steimel	44	
Mrs. J.W. Miles	42	
Bill Denning	14	\$10 Gazette
Demetrio & Valerie Perales	11	
Marcie Willey	2	\$5 Beautification \$5 Go-Cop \$5 Gazette \$5 Montessori \$5 Plant-Co-op
Casey Magan & Russell Waddell	less than 1 yr.	\$50 Go-Cop \$50 Gazette
Florence Verderano	less than 1 yr.	\$25 Beautification \$25 Go-Cop \$25 Gazette
Randall W. Ray	1	
Ron & Ann Sledge	12	
Eris E. Weaver	27	
Tom & Wendy Kincaid	16	\$10 Gazette
Constance Hansen	55	
Robert & Traci Koehl	1	\$10 Beautification \$10 Go-Cop \$15 Gazette
Joyce E. and Elaine Maniha		
Deborah A. Harris	12	
Dan & Lisa Hertweck	less than 1 yr.	
Emoryetta Grimmet	45	\$5 Gazette

RECYCLE RECYCLE RECYCLE

WHAT?

Paper/Cardboard

Newspaper, White paper, Computer paper, Cardboard/box (corrugated box, cereal boxes, cracker boxes, cardboard, etc.)

Metal

Aluminum, Cooper, Brass, Tin Stainless steel, Lead, Radiators, Iron, Carbide

Plastic

(look for the triangular recycling symbol with the number 1 or 2)

Clear soda bottles and Milk jugs

Glass

Clear and Color separated

Please separate your materials because we are paid different prices for each item and it makes the drop if quicker for everyone.

WHERE?

Garden Oaks Theater parking lot

If you have a problem transporting your materials to the site have a neighbor take it for you or call one of the officers to get on the pickup list.

WHEN?

Second Saturday of every month from 8:00 a.m. to 11:00 a.m. In case of bad weather, it will be postponed to the third Saturday and signs will be posted at the site.

Kirk B. Dice, President 688-2247
Gilbert King, 1st Vice President 523-5874
Stan Bohon, 2nd Vice President 680-9631
Elizabeth Rigby, Treasurer 957-1436

INSURANCE TIPS

By Carol Meyer

With all the rain we Houstonians have been exposed to lately, umbrellas are objects that have come in handy. But, did you ever know that an umbrella can protect you from more than just the rain?

With the willingness of the public to sue at an increased rate and the size of awarded judgments going through the roof, people today have an increased need for broader liability coverage than most automobile and homeowner insurance policies can offer. It is not just big corporations that are sued for monetary damages these days. Anyone is subject to being sued. An umbrella policy is a very affordable solution to deal with this issue.

Umbrella policies provide very extensive liability coverage. For example, many insurance companies offer personal umbrellas that provide \$1 million or \$2 million worth of liability coverage over and above the limits listed on an insured's auto and homeowners policies. You would think that all this coverage would be very costly, but on the contrary, it generally costs somewhere in the range of \$150 to \$250 per year depending upon how many exposures an insured may have. By this I simply mean that the more cars, boats and properties someone has, the more costly the coverage because of the amount of exposure.

Umbrella coverage also goes a step further than regular liability coverage offered on your auto and homeowners policy in another way. It protects the insured against claims holding them responsible for defamation of character, invasion of privacy, libel and slander.

Suppose you were responsible for a serious injury to another person due to an automobile accident, and the client and lawyer suing you decided to go after more than just the liability limits you are covered for on your auto policy? Do you have investments that you may be in jeopardy of losing due to a judgment against you? If the answer to this questions is yes, you may want to consider adding an umbrella policy to your array of insurance coverage as a very effective way to protect your family's investments.

(Because insurance is such a vast subject it is hard for me to cover all aspects of a subject when I write an article. Therefore, I'd like to encourage our readers to write in or fax me any questions you may have regarding home, auto or life insurance and family financial planning. Send your questions to

Carol Meyer in care of INSURANCE TIPS, 1019 W. 41st Street or fax your questions to 681-2746.)

INSIDE GARDEN OAKS

By Shannon L. Nelson, ASID

As mentioned in last month's column, color can be said to have certain universal responses...

When red fills your field of vision, the pituitary gland goes to work. It sends a chemical signal to the adrenal medulla and the hormone epinephrine is released. Your body chemistry is altered. Your blood pressure climbs. Your pulse increases and you breathe at a more rapid rate. As a result of this altered chemical state many things will actually be experienced differently. Studies indicate that things taste better in a red environment. It would follow that red would be a good choice in a food service application. Things also smell better in the presence of red. Perfume packaging?

The color red aids in neural development. The first color an infant perceives is red. As mentioned last month, male babies inherit the preference for "yellow-based" reds, while female babies are drawn to the "blue-based". Until the age of six all children will respond first to red or prefer red as a favorite color. Watch your children fight over crayons to understand this phenomenon.

In the presence of red time seems to slow down. A red environment contributes to a distortion of the perception of time passage. Red is useful for bars, casinos and restaurants because patrons lose track of how long they have been there. It may seem like only an hour when, in actuality, it may have been several. This explains a lot to women who are waiting dinner for their husbands. Red says warmth, sex, power and drama in an interior. Use it sparingly in room appointments or use it as a background for neutral furnishings.

Add white to red (or a little red to white) and you arrive at the color pink. When the eyes sees pink the brain secretes norepinephrine, the chemical that inhibits the production of epinephrine. The result of being in an environment of this color is that the body's ability to remain in a state of anger is reduced. Pink is great to use in areas where you must deal with angry people. Such as the room next to the principal's office, some areas in jails and prisons, mental institutions and perhaps in your irrational teenage daughter's room. The fact that pink prisons may not be universally accepted

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- 802 Arlington
- 1315 Cortlandt
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United Methodist Church
SUNDAY WORSHIP 8:15 & 10:30 am
SUNDAY SCHOOL 9:15 am

Preschool - Mon -Fri 9-2
Mother's Day Out - Wed -Fri 9-2
ages 3 mos. - 5 yrs.
Parent's Nite Out - Fri 6:30-11:30

Senior Adult Exercise
Mon, Tues, Thur - 4:15-5:00

4300 N. Shepherd at Crosstimbers
697-0671

Pastors: Don Goodwin, Don Raschke

illustrates the concept of color response versus color expectation.

Pink enhances the taste of sweetness, perceived sense of service rendered when the attendant is wearing pink (think of your beauty salon) and speaks of love, nostalgia and romance. Interesting to note, while most males show an aversion to pink, those on the upper end of the academic-socio-economic scale frequently respond positively to pink. Notice the successful men who sport pink oxford cloth shirts.

Next, let's talk about blue. Our response to blue, as with most colors is inherited as well as learned. When in a blue environment we feel calmer, but experience time in a longer way. A favorite of medicine is the tint called cardiac blue. Used in many CCU units and emergency rooms the calming effect is deemed to outweigh the lengthened perceived sense of time passing. Blue is stated as the color preference of most individuals after the age of six.

Blue is not good around food. Remember the "blue plate special?" You will always eat less when you eat from a blue plate. Want to lose weight? Put a blue light in your refrigerator. The exception to the blue-food rule is seafood restaurants because of the relationship to water.

Blue is a "cool" color and lowers perceived sense of temperature, so it is a good choice for temperate climates like ours. It is the only color that does not need to be relieved by others as the "after-image" is minimal. Interesting to note, if you are forced to sell your home and don't want to, paint it blue. Studies show that prospective home buyers are repelled by blue in any form, be it on the exterior or interior.

Green is almost universal in application in one form or another. Green is called a classifier in that only 3% of the population, again the upper academic-socio-economic group, are drawn to this color. However, few are repelled. Green exists in nature and we eat green so it is good around food service. Green has a calming effect and helps to soothe individuals experiencing change.

To this end, green might be a good choice for a parent's first space at the rest home or for the bedspread in your child's first dorm room. Green says everything is O.K., celebrates new life, sends the message of hope denotes freshness. Darker tones of green suggest security, relaxation and formality. Green would be a good choice for banks and brokerage houses.

(Shannon Nelson is a Registered Interior Designer,

Texas #2026). She is a professional member of the American Society of Interior Designers. Please forward any hints or questions regarding interior design or restoration to: Shannon & Associates, 208 W. 34th Street, Houston, Texas 77018; Telephone 802-9301, Pager 285-4287.)

GAZETTE AD RATES

\$40 PER MONTH -

\$200 FOR 6 MONTHS

\$385 FOR 1 YEAR

FLYERS ARE \$75.00

DEADLINE FOR

AUGUST GAZETTE

IS JULY 10TH

ALL WRITERS WHO ARE

CONTRIBUTING

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A 3 1/2 INCH DISK.

PREFERRED SOFTWARE

IS MICROSOFT WORD 5.0 -

PLEASE

SUBMIT ANYTHING ELSE AS

ASQII TEXT.

TENNIS, ANYONE???

Section One resident **Angie Cruz** is looking for tennis buddies to play very friendly games of tennis. You can contact her at **861-4326**.

**Your
Ad
Could
Be
Here!**