



GARDEN OAKS GAZETTE

Volume 22, Issue #11

November 1, 2005

"THE PLAZA AT GARDEN OAKS" A TIME FOR ALL THINGS

By Bobbi

The Plaza at Garden Oaks is a beautiful place to enjoy the outdoors. It is a great place to relax and enjoy the view of the lake and the surrounding trees. The Plaza is a great place to enjoy the outdoors. It is a great place to relax and enjoy the view of the lake and the surrounding trees. The Plaza is a great place to enjoy the outdoors. It is a great place to relax and enjoy the view of the lake and the surrounding trees.

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Bobbi

USING HERBS IN THE KITCHEN



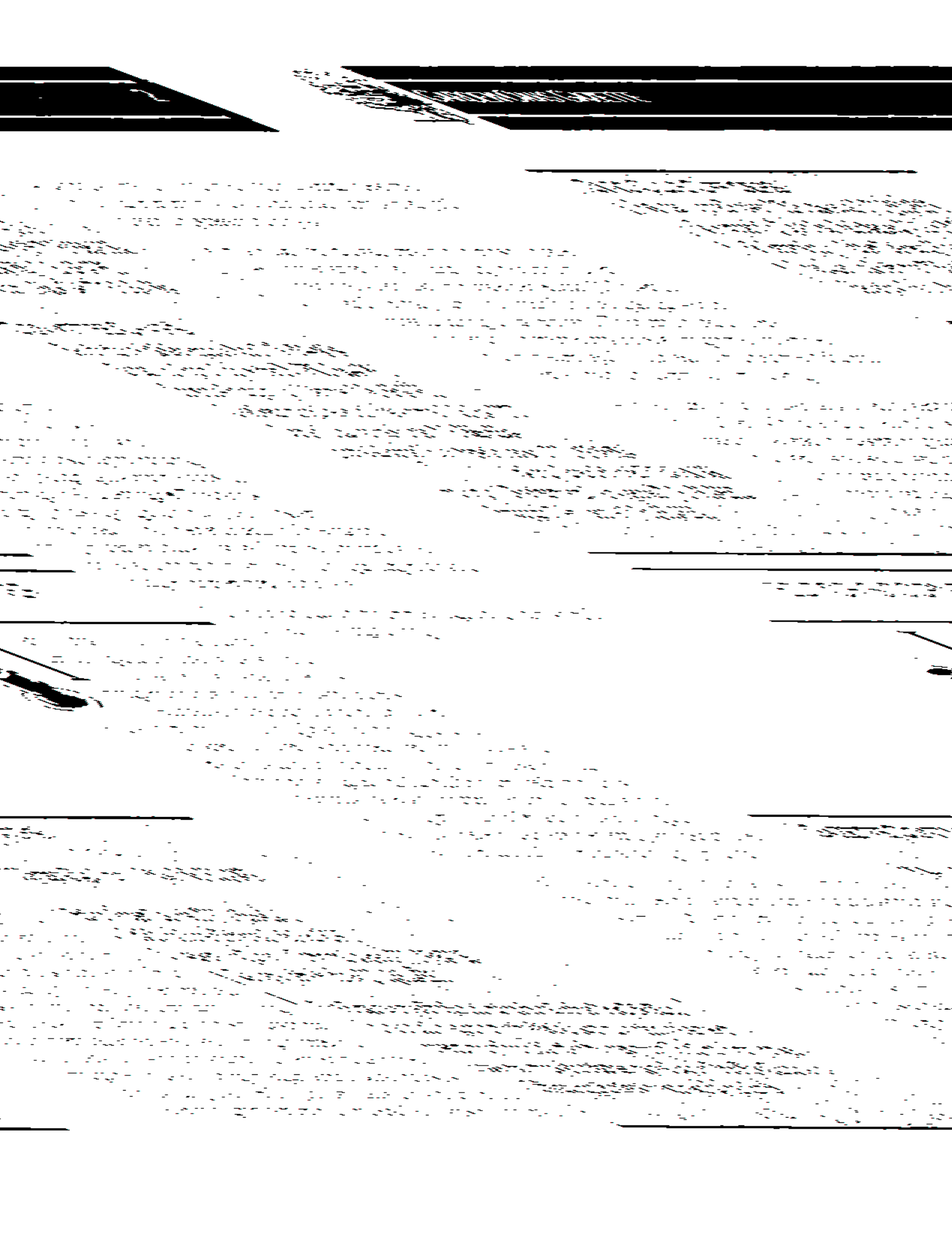
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Using herbs in the kitchen is a great way to add flavor to your dishes. Herbs can be used in a variety of ways, from fresh to dried. Some of the most common herbs used in the kitchen are basil, parsley, and dill. Herbs can be used in a variety of ways, from fresh to dried. Some of the most common herbs used in the kitchen are basil, parsley, and dill.

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PRESIDENT FLOWERS

I have been very busy since our last meeting. I have been to the Garden Orchids Society meeting in London, and to the Garden Orchids Society meeting in London, and to the Garden Orchids Society meeting in London. I have also been to the Garden Orchids Society meeting in London, and to the Garden Orchids Society meeting in London. I have also been to the Garden Orchids Society meeting in London, and to the Garden Orchids Society meeting in London.

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COMMISSIONERS EVALUATE

John A.
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SPECIAL MEETING TO DISCUSS CONSTABLE PATROL PROGRAM

by ...

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NOMINATING COMMITTEE RECOMMENDS 2000 SLATE

by ...

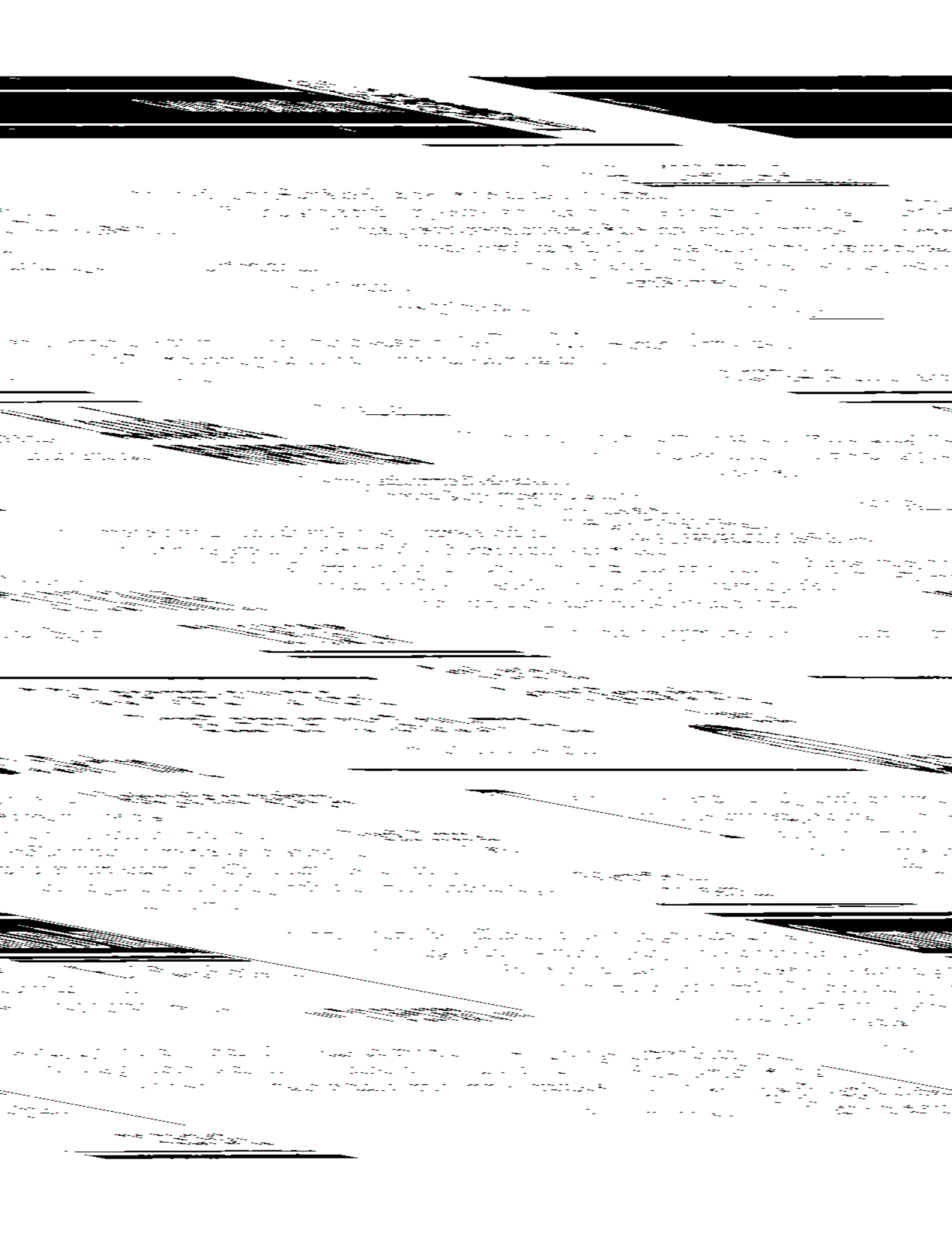
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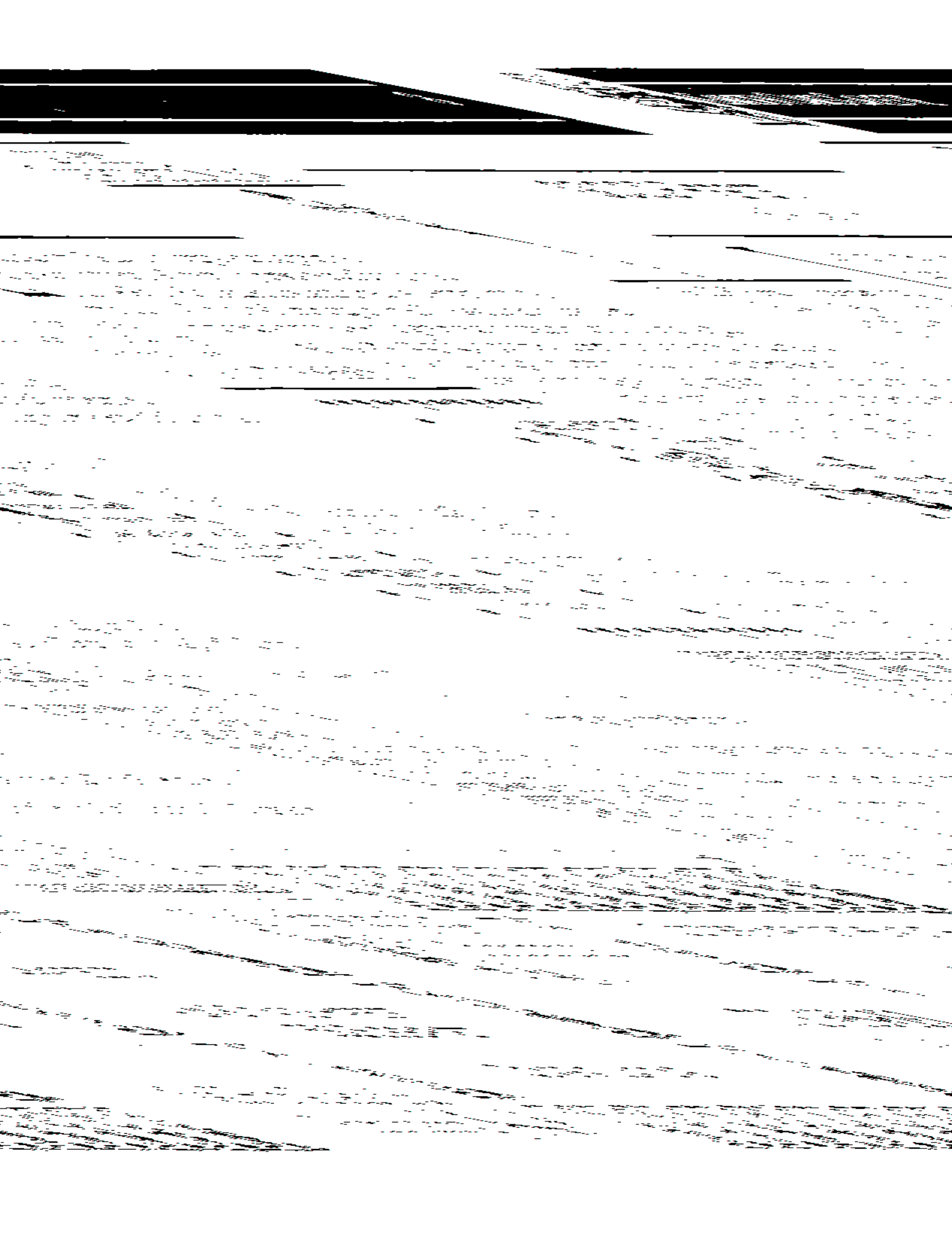
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LIVING WELL NATURALLY

By: JENNIFER M. HARRIS

Understanding the natural world around us is a key to living well. It helps us to appreciate the beauty and complexity of the natural world, and it allows us to make informed decisions about how we interact with it. In this article, we will explore some of the ways in which we can live more naturally, and how this can benefit our health and the environment.

One of the most important ways to live naturally is to eat a diet of whole, unprocessed foods. This means eating fruits, vegetables, whole grains, and lean proteins. Avoiding processed foods, refined sugars, and artificial additives can help to reduce the risk of chronic diseases such as heart disease, diabetes, and obesity. Additionally, eating locally sourced produce can support local farmers and reduce the carbon footprint of your food.

Another key to living naturally is to spend more time outdoors. Spending time in nature has been shown to reduce stress, improve mood, and increase energy levels. It also allows us to connect with the natural world and appreciate its beauty. Whether it's a walk in the park, a hike in the woods, or a visit to a botanical garden, spending time outdoors is a simple but powerful way to live more naturally.

Living naturally also means being mindful of our impact on the environment. This includes reducing our carbon footprint by using energy-efficient appliances, recycling, and conserving water. It also means supporting sustainable practices, such as buying products made from recycled materials and choosing eco-friendly cleaning products. By making small changes in our daily lives, we can all contribute to a more sustainable and natural world.

Living naturally is a journey, not a destination. It's about making choices that are in harmony with the natural world and promoting our own well-being. By embracing a natural lifestyle, we can live more healthily, sustainably, and joyfully.

For more information on living naturally, visit www.gardenoaks.org. We offer a variety of resources, including articles, videos, and workshops, to help you learn more about natural living. Our goal is to provide you with the information you need to make informed choices and live a more natural life.

Living naturally is a lifestyle choice that can benefit both you and the planet. By making small changes in our daily lives, we can all contribute to a more sustainable and natural world. So, let's embrace a natural lifestyle and live well naturally.

SCHOOL DAYS

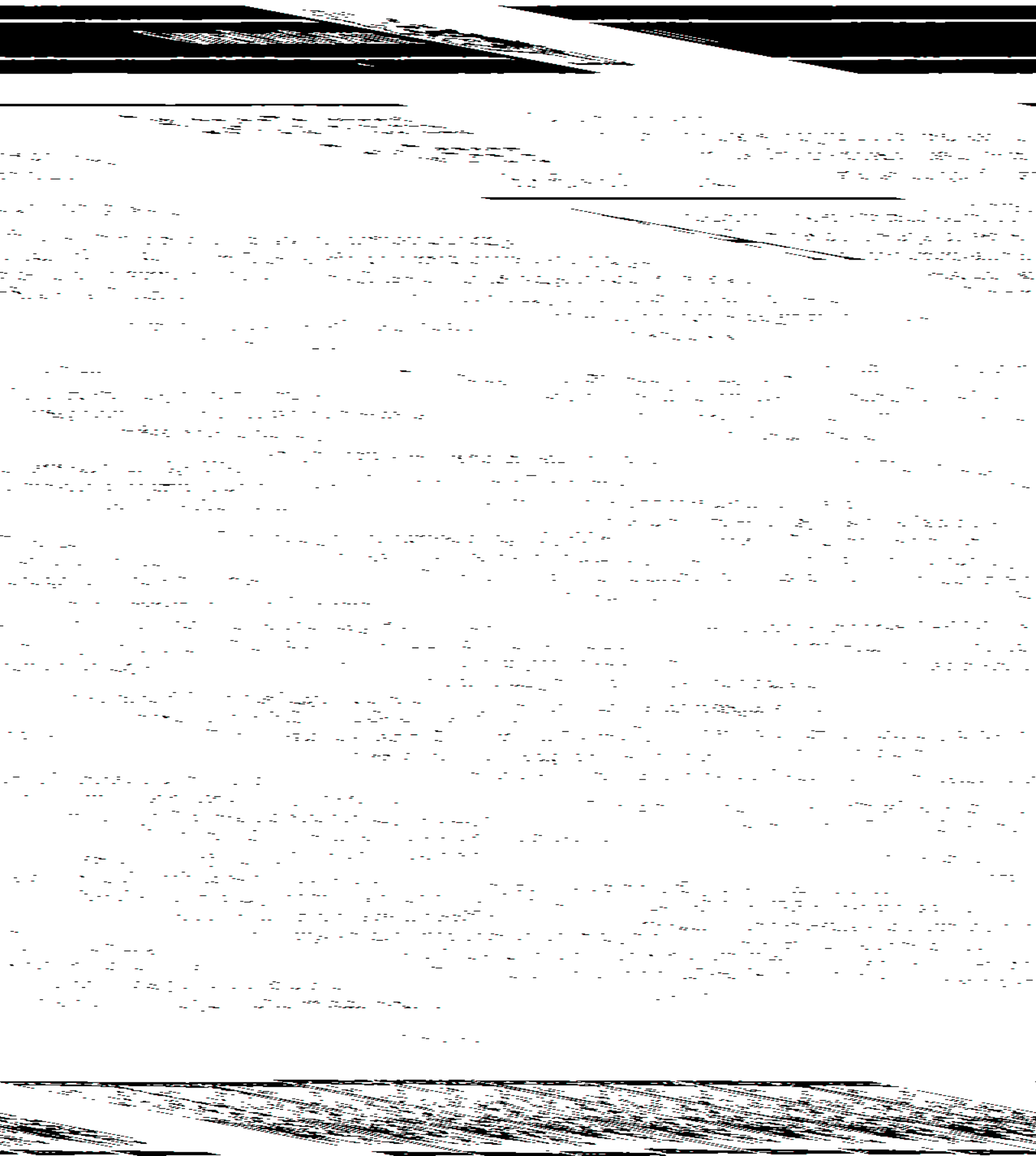
By: JENNIFER M. HARRIS

Giving your child a healthy start to the school year is important for their overall well-being. This includes ensuring they are well-rested, eating a healthy diet, and staying hydrated. In this article, we will explore some of the ways in which we can help our children thrive in school.

One of the most important things to do is to establish a consistent bedtime routine. This helps to ensure that your child is getting enough sleep, which is essential for their learning and overall health. Additionally, encouraging your child to eat a healthy diet and stay hydrated throughout the day can help to improve their focus and energy in the classroom.

Another key to helping your child thrive in school is to encourage them to stay active. Regular physical activity has been shown to improve cognitive function and reduce stress. Encouraging your child to participate in sports or other physical activities can help to keep them healthy and happy.

Finally, it's important to communicate with your child's teachers. This allows you to stay informed about your child's progress in school and to address any concerns you may have. By working together, you can help your child succeed in school and in life.





1998 FINANCIAL REPORT
AS OF SEPTEMBER 30
Submitted by Robert Taylor

ACCOUNT	1998	1997
REVENUE		
Dues	10,000	10,000
Fundraising	1,000	1,000
Selling	200	200
Miscellaneous	100	100
Interest	50	50
Gifts	100	100
Total Revenue	12,450	12,450
EXPENSES		
Dues	10,000	10,000
Fundraising	1,000	1,000
Selling	200	200
Miscellaneous	100	100
Interest	50	50
Gifts	100	100
Total Expenses	12,450	12,450
TOTAL INCOME	0	0
DEFICIT		
Dues	10,000	10,000
Fundraising	1,000	1,000
Selling	200	200
Miscellaneous	100	100
Interest	50	50
Gifts	100	100
Total Deficit	12,450	12,450
TOTAL DEFICIT	12,450	12,450
NET ASSETS	0	0

SOUND WALL UPDATE
By: Bob

Progress has been made in the construction of the sound wall. The wall is now about 1/2 way through. The wall is about 1/2 way through. The wall is about 1/2 way through. The wall is about 1/2 way through.

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