Happy new year and season’s greetings to one and all. For those of you who don’t yet know me, my name is Matt Gannon, and I’m the new Garden Oaks Civic Club (GOCC) President for 2017. My wife, Erica, and I moved to the neighborhood in January 2015 and live in Section 3 on Azalea Street with our canine son, Fonzie the chihuahua.

As I reflect on the month of January, it’s often associated with resolutions and plans for the coming year. Normally, I have to admit that I’m great at making resolutions, but not so great at keeping them (aren’t we all?). This year, I made two resolutions: (1) to get more involved with the community in which we live, and (2) to work on my health and improve my diet.

On that note, it seems very fitting that our first GOCC meeting of the year (on Tuesday, January 3) will showcase "whole health, wellness, and nutrition". This brief presentation will be provided by Erin Thole, CNHP. Erin is a supporter and advertiser in the Garden Oaks Gazette, and will no doubt help provide some useful insights for those interested in making positive changes to their diet in 2017.

I look forward to interacting with as many of you as possible over the coming months, and encourage you to attend as many GOCC meetings and events as you can. One of the greatest qualities of Garden Oaks, and the reason my wife and I moved here, is the overwhelming sense of community and pride that we all share in our wonderful neighborhood.

In conclusion, I have some very big shoes to fill this year (thanks, Sheila!) and my hope is that the new GOCC Board and I can maintain the high bar set by our predecessors. Please come out, get involved, and enjoy all that Garden Oaks has to offer!

Happy holidays and best wishes to all.

Matt Gannon
GOCC President
Garden Oaks Gazette

The Garden Oaks Gazette is the official publication of the Garden Oaks Civic Club and is published monthly. The submission deadline is the 10th of each month for publication the following month, unless otherwise noted.

Publication herein of any article not directly related to the Garden Oaks Civic Club does not imply endorsement by the civic club and such article is solely an expression of its author’s opinion.

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membership@gardenoaks.org

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HEARD UNDER THE OAK TREE
By Terry Jeanes

Welcome, New Neighbors!

Congratulations on joining our community. We look forward to seeing you at a civic club meeting soon.

718 Sue Barnett 801 West 31st
753 Sue Barnett 1071 West 41st
1340 Sue Barnett 906 West 43rd
1503 Sue Barnett 934 West 43rd

Happy Birthday

Garrett C. ......................... 1/3
Hannah Stender .................. 1/4
Maeve Mc. ....................... 1/5
Katy Gross Peterson .......... 1/8
Diane Heath ..................... 1/9
Phil Ramirez ..................... 1/10
Patricia Semands .............. 1/19
Jennifer Langdon ............. 1/21
Lindsay V. ...................... 1/24
Shellye Arnold ............... 1/30
Owen H. ......................... 1/30
Joe Muscara ................. 1/30
Caroline C. .................... 1/31

Belated Birthday Wishes

Zachary Z. .................... 12/11

Happy Anniversary

Alice & Mark Sarmiento ........ 1/30
Bonnie & Rudy Hernandez

Out and About

Rich and Rebecca Stark enjoyed a trip to Colorado with Rebecca’s sister and brother-in-law.

Tina Sabuco and Shellye Arnold vacationed in New York City, and enjoyed “Hamilton”. Tonya Knauth visited New York City as well, and was interviewed on Fox News while there.

Sheree’ and Ron Peoples had a great getaway in Ireland.

Beverly and Steve Jernigan vacationed in San Miguel de Allende.

The Zindler-Feit family enjoyed Santa’s Ranch in New Braunfels.

The Lozanos had a great time in Big Bend National Park.

John and Cindy Bartos vacationed at Caddo Lake State Park.

Numerous Garden Oak residents attended the recent Dolly Parton concert, including Tina Sabuco, Shellye Arnold, Blake Woods, and Brian O’Leary.

Terry Jeanes and Brenda de Alba enjoyed the Barbra Streisand concert.

Welcome to the new puppy in the Al Thomas and Dea Larson household.

Best wishes to Mike and Stacy Gross on their new venture “144”, featuring artisanal breads and other tasty foods at the local Saturday Farmers Market on Wakefield.

Special Thoughts

Heartfelt condolences to the Klein family for the loss of Mark’s mother, Sheilla Klein.

Special thoughts for Ed and Brenda de Alba on the loss of their beloved feline, Snow.

Please submit information about events, celebrations, and other tidbits to terry@terryjeanes.com no later than the 8th of the month.
GARDEN OAKS

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December 6, 2016

**Location:** The O’Leary-Appling residence, 701 Garden Oaks Blvd.

**Welcome:** President Sheila Briones called the meeting to order at 7:15 p.m. and welcomed those in attendance. A motion was made and seconded to approve the November 2016 minutes as they appeared in the Gazette. The motion passed.

**Nominations Committee:** Committee Chair Mark Klein presented a slate of candidates for the 2017 Garden Oaks Civic Club (GOCC) Board: Matt Gannon, President; Jim DiCola, Vice President; Teresa Coleman, Treasurer; and Joe Casarez, Secretary. The floor was opened for nominations and, hearing none, a motion was made and seconded to accept the presented slate by acclamation. The motion passed.

**Treasurer’s Report:** Treasurer Jerry Butler had copies of the Profit and Loss statement, the Balance Sheet and the proposed 2017 budget available at the meeting. A motion was made and seconded to approve the 2017 budget. The motion passed.

**Constable Program:** Program Chair Terry Jeanes gave an update on fundraising efforts and noted that October was a record month for donations received. A motion was made and seconded for the GOCC to enter into a contract for two deputies covering the period of 3/1/2017 through 2/28/2018, with the continuation of the second deputy contingent upon adequate funding via additional program donations from residents. The motion passed.

Ms. Jeanes introduced the deputies present and thanked the Garden Oaks community for their support of the program.

The meeting was adjourned at 7:45 p.m. and followed by a potluck dinner accompanied by the Dublin Harpers, a musical family specializing in lively Celtic harp music.
¡HABLAMOS ESPAÑOL!

GARDEN OAKS

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GARDEN OAKS CIVIC CLUB MEMBERSHIP & CONSTABLE PROGRAM PARTICIPATION

Ever wonder how many of your neighbors at the 1,400-odd households in Garden Oaks have paid their civic club membership dues and/or constable program contributions? The number of neighbors who have paid for 2017 as of press time are represented at right; visit www.gardenoaks.net any time for the latest tallies and for information about supporting these vital programs.

2017 Civic Club Memberships
154

2017 Constable Program Supporters
240

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CITIZENS’ PATROL PROGRAM UPDATE
By Carl Waters, Jr., Program Chair

Happy New Year, Neighbors!

If you are looking for a volunteer activity to fulfill your New Year’s resolution, please consider joining the Citizens’ Patrol Program. Volunteers must be Garden Oaks residents 18 years of age or older. Additionally, to participate in the program, you must be able to pass a criminal history check and attend a one-hour training session provided by the Houston Police Department.

November Crime Statistics (7)

Aggravated Assault (1)
900 block of W. 43rd on Sunday, November 27 at 10:14 p.m.

Burglary (3)
700 block of W. 43rd on Sunday, November 6 at 1:56 p.m.
1000 block W. 41st on Monday, November 7 at 6:38 p.m.
3800 block of N. Shepherd on Sunday, November 27 at 7:50 p.m.

Theft (2)
900 block of W. 42nd on Thursday, November 3 at 1:28 p.m.
900 block of Gardenia on Tuesday, November 8 at 6:58 p.m.

Burglary of a Motor Vehicle (1)
4300 block of N. Shepherd on Friday, November 11 at 7:31 p.m.

Inquiries about joining the Citizens’ Patrol Program or other community safety issues may be directed to me via GardenOaks.net, the Citizens’ Patrol email gocop77018@aol.com, or by phone at 713-864-1992.
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johndaugherty.com

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AIR CONDITIONING TIPS FOR THE WINTER
By Mitch Weigand

Why Does My Furnace Blow Cold Air?
We know that the winter months in Houston can bring some pretty cold temperatures. So the last thing you want to experience is cold air blowing from the A/C registers in your home. While some common causes can be solved easily, other problems require the help of your A/C technician.

Check the thermostat
Make sure that your thermostat is set on “AUTO,” not “ON.” That’s where your A/C technician will look first so you should as well. If your thermostat is set to “ON,” the furnace blower will run nonstop even when your furnace isn’t heating the air. When you switch it to “AUTO,” the fan will only blow air while the furnace is running.

Check the ductwork
Go up into the attic and check your air ducts. They’re the large flexible tubings that carry the heated air from your furnace to the registers throughout the house. Wear and tear from accidental damage, fluctuating temperatures and advanced age can cause significant tears to develop. If these are large enough, the frigid air within the attic can be sucked into the ducts and blown throughout your home.

Check the pilot light
If your older gas furnace blows cold air, the pilot light may have gone out. If you feel comfortable doing this, just follow the manufacturer’s instructions and re-light it. If the pilot light won’t stay lit, it may need some routine maintenance by your A/C technician. Also, sometimes the flame sensor needs to be cleaned or a malfunctioning circuit board or faulty igniter needs to be replaced.

Check the furnace air filter
What if the furnace blows hot air, then cold air but then stops blowing air altogether? It’s possible that your furnace has over heated. Its safety device, called a limit switch, turned the furnace burners off. The blower keeps blowing to cool the furnace down to a safe level. So what causes the furnace to overheat? Most likely it’s a dirty furnace air filter. A dirty filter blocks airflow and causes the furnace to run so long while trying to heat your home that it overheats. Simply change the air filter to remedy the problem. Don’t ignore this issue; repeated overheating can damage the furnace’s heat exchanger, which is expensive to replace.

Usually it’s only a matter of time
Just as it takes a few seconds for hot water to arrive when you turn on your faucet, it’s completely normal to experience a few moments of cold air before you’ll feel any warmth coming out of the registers. Just give it time to work.

Mitch Weigand is the owner of Air Wise™.
GARDEN OAKS MAINTENANCE ORGANIZATION (GOMO)
MONTHLY REPORT FOR NOVEMBER 2016

Plans were approved for:
  None

Revised plans were approved for:
  None

Pending resubmission:
  None

Deed Restriction Enforcement Activity

A single reported violation might progress through several stages before being resolved. This chart summarizes last month's activity and the totals for the year.

<table>
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<th>2016</th>
<th>November</th>
<th>YTD (as of 11/30/2016)</th>
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<td>N/A</td>
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<tr>
<td>City cleared</td>
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<td>1</td>
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<tr>
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<td>0</td>
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<tr>
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<tr>
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</tr>
<tr>
<td>Litigation Concluded</td>
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<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>
GARDEN OAKS

GOMO Review Meetings take place at 6:30 p.m. on the first Tuesday prior to Civic Club meetings and at 7:00 p.m. on the third Wednesday of each month. Meetings are open to anyone interested in attending.

Additional information about the Garden Oaks Maintenance Organization (GOMO) is available online at GardenOaks.net.

Property owners in Sections 1, 2, 3, and 5 are all members of GOMO.

GARDEN OAKS

GOMO funded two shifts of the Constable Program for the month at a cost of $12,790.

Garden Oaks is a deed-restricted community of 1400 homes. The Garden Oaks Maintenance Organization (GOMO) is entrusted by homeowners and property owners (members) of Sections 1, 2, 3, and 5 with ensuring compliance with deed restrictions. The directors of GOMO are member-elected volunteers.

GOMO news, director and office contact information, meeting times and locations are published monthly in the Garden Oaks Gazette, delivered by volunteers to all homes in Garden Oaks.

At gardenoaks.net, homeowners can find: deed restrictions, plan approval information, bylaws, policies, financial reports, transfer fee information, meeting schedule, information about election of directors and officers, and contact information for all officers and section directors. The minutes of GOMO business meetings are posted as well. Homeowners are invited to attend our meetings.

Contact:
The Garden Oaks Maintenance Organization
4001 N. Shepherd Drive, Suite 216
Houston, TX 77018
713-561-3936
manager@gardenoaksmaintenance.org

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'TIS THE SEASON TO BE STRESSED OUT!
By Erin Thole, CNHP

We live in a time when almost everyone is stressed and pressed for time all the time. This fast-paced lifestyle really takes a toll on our health and can lead to detrimental health conditions such as:

- Digestive issues
- Depression and anxiety
- Poor sleep
- High blood pressure
- Chronic fatigue
- Anger issues
- Hormonal imbalances
- Weight gain/loss
- Inability to gain muscle
- Weakened immune system
- Cancer and autoimmune conditions

TIPS FOR MANAGING STRESS

- **Make a List.** Before going to bed, make a list of all the things you have to do the following day. This will help to unload your mind. If everything is down on paper, or in your phone, then you will be less likely to keep running through the list mentally all night worrying that you forgot something. It may take some practice to stop the running mental list as you lie in bed. Just remind yourself: "I made my list and I have nothing to worry about."

- **Your list.** The next day as you accomplish your tasks, check them off the list.

- **Plan, Plan, Plan.** If you fail to plan, you plan to fail. Do food prep for days in advance, and keep a schedule in your phone for everything from your daily workout, picking up the kids, meetings, etc. This way you always know where you are going.

- **Eat clean!** The better you fuel your body, the better you will feel and the better equipped your body will be to handle your day-to-day stress.

- **Check in with yourself throughout the day.** This will help you stay centered and grounded. Ask yourself, "How do I feel at this exact moment?" If it is a negative emotion, ask yourself what you can do at this exact second to process and redirect the emotion. Oftentimes, simply breathing deeply and slowly will help. If the situation is out of your control, recognize that and aim for acceptance. This will take practice.

- **Take 2 minutes 3 times a day to breathe deeply and slowly.** This is a great practice for those days when you are feeling super-frantic and flustered.

- **Have a positive word or short phrase that you can repeat to yourself over and over to help calm you down.** Some examples: "calm", "peace", "breathe", "it's all going to be ok", "I can do this."

• You may need to try a few to identify the perfect one that works for you.

- **Sleep and stick to your sleep schedule!** This will help to keep those stress hormones in check.

- **Do something FUN!** All work and no play makes for a very stressful and unhappy existence. Be sure to take some time each week to let loose.

- **Work out regularly.** Especially on those days when you just don't want to... those are usually the days when you need that release the most and you will be so glad you did it!

- **Don’t drink too much alcohol.** Overindulging dampens your productivity and energy, makes it harder to get quality sleep, and causes you to just feel gross the next day.

- **Take some time to do some gentle yoga, stretching, mediation, or prayer every day.**

---

Erin Thole, CNHP has been working in the health, nutrition & fitness field for over 8 years. To learn more and request a free consultation, visit www.erinpalmercnhp.com or email erin@erinthebeast.com; CrossFitters: be sure to check out www.erinthebeast.com.
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To learn how Erin has helped people JUST LIKE YOU go to www.erinpalmercnhp.com
Mental Health Facts
CHILDREN & TEENS

Fact: 1 in 5 children ages 13-18 have, or will have a serious mental illness.¹

- 20% of youth ages 13-18 live with a mental health condition¹
- 11% of youth have a mood disorder¹
- 10% of youth have a behavior or conduct disorder¹
- 8% of youth have an anxiety disorder¹

Impact

- 50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.¹
- The average delay between onset of symptoms and intervention is 8-10 years.¹
- 50% of students age 14 and older with a mental illness drop out of high school.¹
- 70% of youth in state and local juvenile justice systems have a mental illness.¹

Suicide

- 3rd Suicide is the 3rd leading cause of death in youth ages 10 - 24.¹
- 90% of those who died by suicide had an underlying mental illness.¹

4 Things Parents Can Do

- Talk with your pediatrician
- Get a referral to a mental health specialist
- Work with the school
- Connect with other families

¹ These document cites statistics provided by the National Institute of Mental Health, www.nimh.nih.gov

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National Alliance on Mental Illness
www.nami.org
TEENAGE MENTAL HEALTH: DEPRESSION AND ANXIETY  
By Lindsey Pollock, Ed.D., Principal, Garden Oaks Montessori

Children’s mental health in the United States is gaining national attention as youth today struggle to navigate our modern world. *Time Magazine*’s November 7, 2016 cover story featured teenage depression and anxiety. The author, Susanna Schrobsdorff, shared that children in the post-9/11 generation are dealing with a world where terrorism and threat are the norm. Additionally, technology has created access to material that disconnects children from supportive adults in their lives and transports them into a world where they are bombarded with adult-level messages of sex and violence that are not developmentally appropriate. This leaves adolescents feeling stressed and overwhelmed as they agonize over the pain and suffering of others while they may be dealing with personal issues such as the development of their personal identity, school pressures, or losses in their lives such as moves, family separations/divorce, and peer relationships.

In fact, the number of adolescents (12–17 year-olds) who have had at least one major depressive episode has nearly doubled since 2006 to 3 million. Anxiety among teenagers between 13 and 18 years old represents a quarter of the population at 6.3 million. Further, in a 2015 study conducted by the University of Texas at Dallas, researchers found that for 13 year-olds, “there is no firm line between the real and online worlds”, making it vitally important that adults engage their teenagers in discussions around what they are reading and engaging in online. Additionally, online bullying continues to increase as students as young as 9 open social media accounts and use their cell phones to send threatening messages to classmates.

What’s a parent to do? Fadi Haddad, MD, a child and adolescent psychiatrist and the author of *Helping Kids in Crisis*, gives the following advice:

**Talk about the real stuff.** Ask questions that go deeper than the surface. Find out what worries them and celebrate their successes. Ask questions like, “What’s the best part of your day?” Become attuned to their emotional world so that you understand what their dreams are, what they struggle with and how their life is going.

**Give them space, but pay attention.** Give teens space to grow and separate from you, but watch for changes in behavior. Are they giving up activities they used to enjoy? Are they staying up all night or eating differently? Is your outgoing kid now withdrawn? If you’re worried, say so. Show interest in their internal life without judgment.

**Resist getting angry.** Parents often respond with anger or punishment when they find out what has been going on. Remember to respond with compassion first. Your child is suffering so use a phrase like, “It seems like you’re having trouble, I’m here to help. Tell me what’s happening with you.”

**Don’t put off getting help.** If you’re worried about your child, talk to a school counselor, therapist or doctor. It’s best to get help early.

ADDITIONAL RESOURCES

**National Alliance on Mental Illness**  
[www.nami.org/Find-Support/Teens-and-Young-Adults](http://www.nami.org/Find-Support/Teens-and-Young-Adults)

**Anxiety and Depression Association of America**  

For a teenage perspective on self-harm, visit **Project Aware**: [www.projectaware.net](http://www.projectaware.net)

**Treat the whole family.** When a child is in crisis, it is imperative to work with the whole family. There may be something in the home environment that was contributing to the stress, so be open to acknowledging that and getting family counseling. You will also need tools and strategies to support your child. Raising a teenager involves the whole family. Embrace your child and understand that they need you more than ever even when they may be unhappy with you setting parameters around the use of technology or the people with whom they are associating. Turn off technology and let them know you love them. To learn more, visit [time.com/teenmentalhealth](http://time.com/teenmentalhealth).
A GARDEN OAKS TRADITION CONTINUES: “GAZEBO SANTA” WELCOMED BY HUNDREDS

By Tina Sabuco

Santa took time off from his busy schedule to visit the families of Garden Oaks once again this year. On December 7 and 8, Santa set up shop in the festively decorated Gazebo Park. Hundreds of neighbors, including several furry ones, visited Santa, Mrs. Claus and their merry elves. Amongst a flurry of “Houston Snow” (a/k/a billions of bubbles that the magical elves provided), guests nibbled on cookies and candy canes. As they waited to see “the man of the hour,” all were invited to visit with Mrs. Claus who delighted children young and old by guessing their names and ages. Christmas magic must have been in the air, because her guessing was extraordinarily accurate again this year! After visiting with Mrs. Claus, each family was welcomed up into the twinkling gazebo to sit upon Santa’s lap and chat with him about their Christmas wishes. Mr. and Mrs. Claus were even treated to some art work and goodies made especially for them!

A special thanks goes to Terry Jeanes, Georgia Lister, and Tina Sabuco for hosting this merry event, Marley Dwiggins for her effervescent elving, bakers who brought delicious cookies to share, helpers who decorated our winter wonderland to set the scene for the hundreds of photos taken over the two nights, and to everyone who brought toys for the Constables’ toy drive for neighborhood children in need. AND, thanks to Patrick Kelley for making his annual “special appearance” on night 2 of our event. Until next December, HO, HO, HO!
GO KIDS UPDATE
By Lindsey Gabriel, Coordinator

We closed out 2016 with three Santa nights in the neighborhood! GO Families are very thankful to have such wonderful community members who host such great events for our children. Thanks to all, and the children really enjoyed the events.

There are more fantastic things in store for the families of Garden Oaks in 2017!

Leadership Team

The Leadership team met on November 3rd to begin planning for 2017. We anticipate some openings on the leadership team this year. If you are interested in a position or helping in any capacity, please contact me, Lindsey Gabriel, GO Kids Coordinator, at lindsey.gabriel5@gmail.com. Our official kick-off meeting will take place this month, so look on BigTent and Facebook for additional information.

GO Kids Dinner Drops

Have you or someone you know welcomed home a new baby recently? GO Kids will coordinate and provide several meals to families. Please contact our Dinner Drop coordinator Nancy Perez-Vargas at nancyperez@mac.com to participate. We are always in need of volunteers for this program.

Interested in becoming a member? We welcome families to join our kid-focused group with annual events, new parent dinner drops, and a monthly Moms’ Night Out as well as many other activities throughout the year. Please contact our Membership Coordinator, Diana Latta, at latta_diana@sbcglobal.net.

Check out our calendar of events and obtain additional event details at www.bigtent.com.

GO Kids was started by a group of parents who wanted to build a family-friendly neighborhood where children and parents know each other and grow together. We look forward to seeing you around the neighborhood!

If you have questions or would like more information about the GO Kids group, please contact the GO Kids Coordinator, Lindsey Gabriel at lindsey.gabriel5@gmail.com or any member of the leadership team.

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Garden Oaks Outreach

A color version of the Gazette is published each month on the Garden Oaks website [www.gardenoaks.net/gocc-home/gazette/](http://www.gardenoaks.net/gocc-home/gazette/).

Classified Ads are $20 per run for residents, and are for personal services only, e.g. help wanted, items for sale, infant care needed, etc.

Gazette Advertising Rates/Sizes/Submission Guidelines

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Please note:

1. Placement of ads is subject to the discretion of the editor.
2. Artwork must be e-mailed to gogazette@gmail.com by the 10th of each month for publication the following month.
3. Artwork may be submitted in one of the following formats: JPEG (.jpg), PDF (.pdf), GIF (.gif) or TIF (.tif).

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January 2017
GARDEN OAKS

HARRIS COUNTY MASTER GARDENER FRUIT TREE SALE JANUARY 28, 2017

Citrus, apple, peach, pear, avocado, berry, and pecan varieties hand-selected to grow in our area will be available for purchase.

Location: Texas AgriLife Extension
Bear Creek Park
3033 Bear Creek Drive, Houston 77084

Time: Plant Sale Preview 8:00 a.m.
Plant Sale 9:00 a.m.–1:00 p.m.

Trees available will be: citrus, apple, peach, pear, avocado, olive, and pecan varieties suitable for our area.

Berry plants available will be: blackberry, blueberry, grape, and Goji berry.

Multi-graft trees available (trees that grow 2 or more varieties of fruit): apple, peach, pear, plum and citrus.

A limited number of wagons will be available so shoppers are encouraged to bring their own.

Harris County Master Gardeners is a program of the Texas A&M AgriLife Extension Service. Master Gardener volunteers organize plant sales annually as well as joint educational and fundraising events. All sales feature plants that do well in our part of Texas.

2017 GREEN THUMB GARDENING LECTURES AND WORKSHOPS

The Harris County Master Gardeners and the Texas AgriLife Extension Service offer the Green Thumb Gardening Series of lectures from January through October. These lectures are free of charge to residents of Harris County and are offered at multiple locations across Houston; the location closest to Garden Oaks is the Spring Branch Memorial Library.

If you want to increase your knowledge of vegetable and herb gardening, composting, rainwater harvesting, pests, or a variety of other topics, please see the calendar of lectures below.

| January 17 | Soils & Compost |
| February 21 | Spring Vegetable Gardening |
| March 21 | Roses: Planting, Growing & Upkeep |
| April 18 | Herbs: Growing & Using |
| May 16 | Insects in the Garden |
| June 20 | Propagation & Seed Saving |
| July 18 | Raised Beds, Drip Irrigation & Rain Barrels |
| August 15 | Fall Vegetables |
| September 20 | Gardening with Children & Grandchildren |
| October 18 | Trees: Planting & Care (including Fruit Trees) |

Kim Ellis
Wildscape Garden Consultant
and Garden Oaks resident
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kim@plantsahabitat.com
www.plantsahabitat.com

HABITATS
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Local Farmers’ Market
9:00 am - 1:00 pm
Every Saturday
Rain or Shine
938 Wakefield
Sustainably-grown produce, eggs, goat cheese, free-range meat, prepared Indian dishes, jams, and jellies
The Central Northwest Super Neighborhood Council (SN 12) represents numerous Houston civic clubs and property owners associations to improve livability by addressing our community’s needs and concerns.

Garden Oaks is a part of SN 12 along with the following neighborhoods:

- Candlelight Estates, Section 1
- Candlelight Estates POA
- Candlelight Place, Sections 3 & 4
- Candlelight Oaks
- Candlelight Oaks Village
- Candlelight Plaza
- Ella Lee Forest
- Garden Oaks Plaza
- Mangum Manor
- Oak Forest
- Pinemont Park Square
- Shepherd Forest
- Shepherd Park Plaza

SN 12 is bounded by 610 to White Oak Bayou to Reliant Energy power line to Mangum Road on the south; US 290 to Lumberdale on the west; Cole Creek to BNSF railroad line on the north; and North Shepherd Dr. to BNSF RR line to Yale on the east.

The Central NW Super Neighborhood Council meets on the fourth Wednesday of every other month (unless holiday weeks prevail) from 6:30-8:15 p.m. at the Candlelight Community Center, 1520 Candlelight Lane, Houston, TX 77018. Meetings are open to the public.

For further information about SN 12, visit sn12.org or email cnwsuper@gmail.com.

The Super Neighborhood program is sponsored by the City of Houston Dept. of Neighborhoods. For more, visit www.houstontx.gov/superneighborhoods/.
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<td>Civic Club Meeting*&lt;br&gt;7PM @ GOMM</td>
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<td>GOMO Meeting&lt;br&gt;7PM @ GOPB</td>
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* Preceded by GOMO meeting beginning at 6:30PM.

**Acronym Key**
- GOMM = Garden Oaks Montessori Magnet School, 901 Sue Barnett
- GOMO = Garden Oaks Maintenance Organization
- GOPB = Garden Oaks Professional Building, 4001 N. Shepherd, Suite 216

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