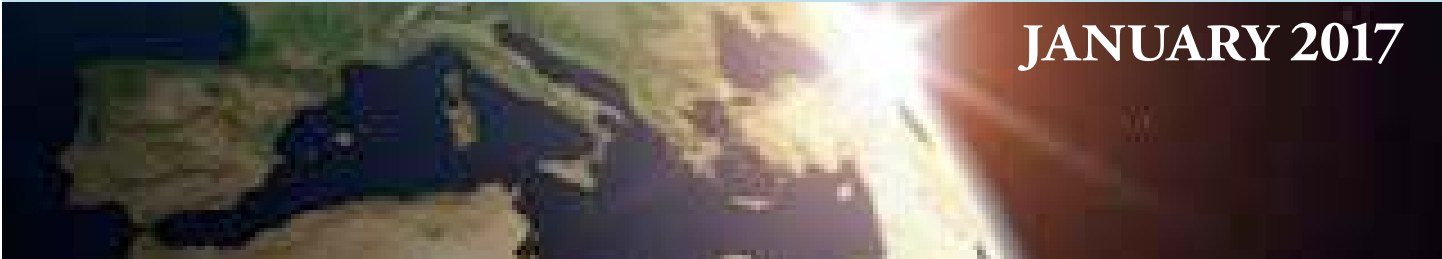




Garden Oaks Gazette

A publication of the Garden Oaks Civic Club



JANUARY 2017

❧ PRESIDENT'S MESSAGE ❧

Happy new year and season's greetings to one and all. For those of you who don't yet know me, my name is Matt Gannon, and I'm the new Garden Oaks Civic Club (GOCC) President for 2017. My wife, Erica, and I moved to the neighborhood in January 2015 and live in Section 3 on Azalea Street with our canine son, Fonzie the chihuahua.

As I reflect on the month of January, it's often associated with resolutions and plans for the coming year. Normally, I have to admit that I'm great at making resolutions, but not so great at keeping them (aren't we all?). This year, I made two resolutions: (1) to get more involved with the community in which we live, and (2) to work on my health and improve my diet.

On that note, it seems very fitting that our first GOCC meeting of the year (on Tuesday, January 3) will showcase "whole health, wellness, and nutrition". This brief presentation will be provided by Erin Thole, CNHP. Erin is a supporter and advertiser in the Garden Oaks Gazette, and will no doubt help provide some useful insights for those interested in making positive changes to their diet in 2017.

I look forward to interacting with as many of you as possible over the coming months, and encourage you to attend as many GOCC meetings and events as you can. One of the greatest qualities of Garden Oaks, and the reason my wife and I moved here, is the overwhelming sense of community and pride that we all share in our wonderful neighborhood.

In conclusion, I have some very big shoes to fill this year (thanks, Sheila!) and my hope is that the new GOCC Board and I can maintain the high bar set by our predecessors. Please come out, get involved, and enjoy all that Garden Oaks has to offer!

Happy holidays and best wishes to all.

Matt Gannon

GOCC President

UPCOMING EVENTS

January Civic Club Meeting

Guest Speaker: Erin Thole (see p.14)
Tuesday, January 3
7:00 p.m.
Garden Oaks Montessori
901 Sue Barnett Drive



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Garden Oaks Gazette

The Garden Oaks Gazette is the official publication of the Garden Oaks Civic Club and is published monthly. The submission deadline is the 10th of each month for publication the following month, unless otherwise noted.

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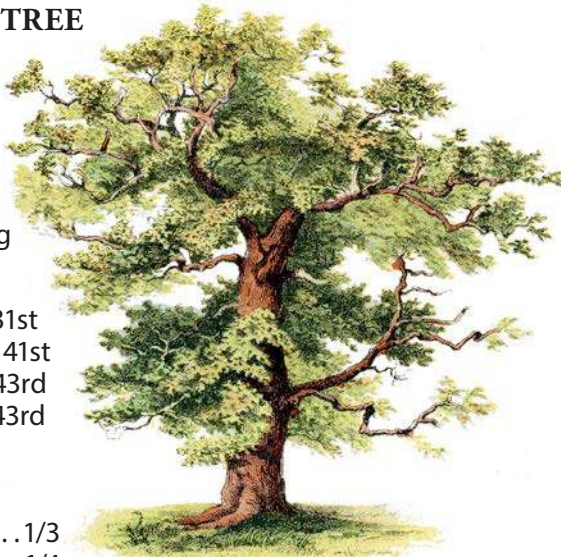
HEARD UNDER THE OAK TREE

By Terry Jeanes

Welcome, New Neighbors!

Congratulations on joining our community. We look forward to seeing you at a civic club meeting soon.

- 718 Sue Barnett 801 West 31st
- 753 Sue Barnett 1071 West 41st
- 1340 Sue Barnett 906 West 43rd
- 1503 Sue Barnett 934 West 43rd



Happy Birthday

- Garrett C.1/3
- Hannah Stender1/4
- Maeve Mc.1/5
- Katy Gross Peterson1/8
- Diane Heath.....1/9
- Phil Ramirez.....1/10
- Patricia Semands1/19
- Jennifer Langdon.....1/21
- Lindsay V.1/24
- Shellye Arnold.....1/30
- Owen H.1/30
- Joe Muscara.....1/30
- Caroline C.1/31

Belated Birthday Wishes

- Zachary Z.12/11

Happy Anniversary

- Alice & Mark Sarmiento1/30
- Bonnie & Rudy Hernandez

Out and About

Rich and **Rebecca Stark** enjoyed a trip to Colorado with Rebecca's sister and brother-in-law.

Tina Sabuco and **Shellye Arnold** vacationed in New York City, and enjoyed "Hamilton". **Tonya Knauth** visited New York City as well, and was interviewed on Fox News while there.

Sheree' and **Ron Peoples** had a great getaway in Ireland.

Beverly and **Steve Jernigan** vacationed in San Miguel de Allende.

The **Zindler-Feit** family enjoyed Santa's Ranch in New Braunfels.

The **Lozanos** had a great time in Big Bend National Park.

John and **Cindy Bartos** vacationed at Caddo Lake State Park.

Numerous Garden Oak residents attended the recent Dolly Parton concert, including **Tina Sabuco, Shellye Arnold, Blake Woods,** and **Brian O'Leary.**

Terry Jeanes and **Brenda de Alba** enjoyed the Barbra Streisand concert.

Welcome to the new puppy in the **Al Thomas** and **Dea Larson** household.

Best wishes to **Mike** and **Stacy Gross** on their new venture "144", featuring artisanal breads and other tasty foods at the local Saturday Farmers Market on Wakefield.

Special Thoughts

Heartfelt condolences to the **Klein** family for the loss of **Mark's** mother, **Sheilla Klein.**

Special thoughts for **Ed** and **Brenda de Alba** on the loss of their beloved feline, Snow.

Please submit information about events, celebrations, and other tidbits to terry@terryjeanes.com no later than the 8th of the month.

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GARDEN OAKS CIVIC CLUB MEETING MINUTES

By Luke Sustr, Secretary

December 6, 2016

Location: The O'Leary-Appling residence, 701 Garden Oaks Blvd.

Welcome: President Sheila Briones called the meeting to order at 7:15 p.m. and welcomed those in attendance. A motion was made and seconded to approve the November 2016 minutes as they appeared in the *Gazette*. The motion passed.

Nominations Committee: Committee Chair Mark Klein presented a slate of candidates for the 2017 Garden Oaks Civic Club (GOCC) Board: Matt Gannon, President; Jim DiCola, Vice President; Teresa Coleman, Treasurer; and Joe Casarez, Secretary. The floor was opened for nominations and, hearing

none, a motion was made and seconded to accept the presented slate by acclamation. The motion passed.

Treasurer's Report: Treasurer Jerry Butler had copies of the Profit and Loss statement, the Balance Sheet and the proposed 2017 budget available at the meeting. A motion was made and seconded to approve the 2017 budget. The motion passed.


Constable Program: Program Chair Terry Jeanes gave an update on fundraising efforts and noted that October was a record month for donations received. A motion was made and seconded for the GOCC to enter into a contract for two deputies covering the period of 3/1/2017 through 2/28/2018, with the continuation of the second deputy contingent upon adequate funding via additional program donations from residents. The motion passed.

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Ms. Jeanes introduced the deputies present and thanked the Garden Oaks community for their support of the program.

The meeting was adjourned at 7:45 p.m. and followed by a potluck dinner accompanied by the Dublin Harpers, a musical family specializing in lively Celtic harp music.

 <p>OAK FOREST VETERINARY HOSPITAL</p> <p>Monday - Friday: 7:00 AM - 6:00 PM By appointment only</p> <p>Saturday: 7:30 - 11:30 AM Walk-ins welcome</p> <p>2120 West 34th Street (Between T.C. Jester & Ella)</p> <p style="background-color: #0056b3; color: white; padding: 5px;">(713) 682-6351</p> <p>OakForestVet.com</p>	<div style="background-color: #0056b3; color: white; padding: 10px; text-align: center;"> <p>Dr. Hallie Ray Moore Dr. Jenna Maddox Dr. Beverly Crocker</p> </div> <div style="padding: 10px; text-align: center;"> <p>Wellness Exams & Vaccinations Convenient Drop-off Service In-house Laboratory Pet Food & Treats New Digital Radiology Online Pharmacy Ultrasound Imaging Large Boarding Facilities 24/7 Medical Record Access Surgery & Dental Procedures</p> </div> <div style="background-color: #f0f0f0; padding: 10px; text-align: center;"> <p>Supporting our community since 1964</p> </div>
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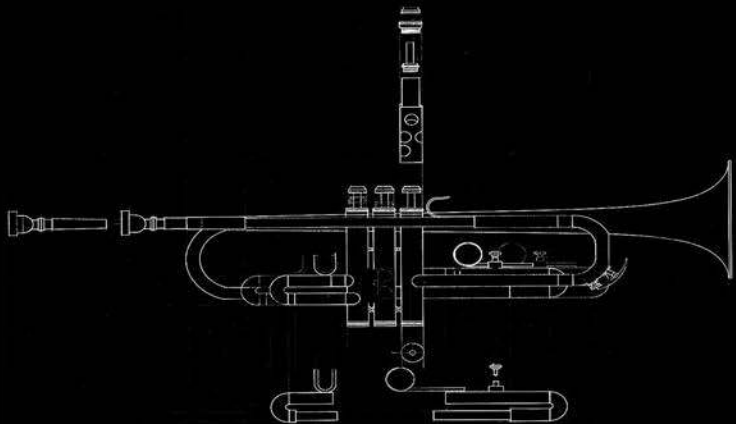
Ever wonder how many of your neighbors at the 1,400-odd households in Garden Oaks have paid their civic club membership dues and/or constable program contributions? The number of neighbors who have paid for 2017 as of press time are represented at right; visit www.gardenoaks.net any time for the latest tallies and for information about supporting these vital programs.

**2017 Civic Club
Memberships
154**

**2017 Constable
Program Supporters
240**



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CITIZENS' PATROL PROGRAM UPDATE

By Carl Waters, Jr., Program Chair

Happy New Year, Neighbors!

If you are looking for a volunteer activity to fulfill your New Year's resolution, please consider joining the Citizens' Patrol Program. Volunteers must be Garden Oaks residents 18 years of age or older. Additionally, to participate in the program, you must be able to pass a criminal history check and attend a one-hour training session provided by the Houston Police Department.

November Crime Statistics (7)

Aggravated Assault (1)

900 block of W. 43rd on Sunday, November 27 at 10:14 p.m.

Burglary (3)

700 block of W. 43rd on Sunday, November 6 at 1:56 p.m.

1000 block W. 41st on Monday, November 7 at 6:38 p.m.

3800 block of N. Shepherd on Sunday, November 27 at 7:50 p.m.

Theft (2)

900 block of W. 42nd on Thursday, November 3 at 1:28 p.m.

900 block of Gardenia on Tuesday, November 8 at 6:58 p.m.

Burglary of a Motor Vehicle (1)

4300 block of N. Shepherd on Friday, November 11 at 7:31 p.m.

Inquiries about joining the Citizens' Patrol Program or other community safety issues may be directed to me via GardenOaks.net, the Citizens' Patrol email gocop77018@aol.com, or by phone at 713-864-1992.

Emergency Numbers



Emergency Services
911

HPD Non-Emergency Services
713-884-3131

Constable Dispatch
713-755-7628

All Other City Services
311

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Fri 10-3
Sat 9-2

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AIR CONDITIONING TIPS FOR THE WINTER

By Mitch Weigand

Why Does My Furnace Blow Cold Air?

We know that the winter months in Houston can bring some pretty cold temperatures. So the last thing you want to experience is cold air blowing from the A/C registers in your home. While some common causes can be solved easily, other problems require the help of your A/C technician.

Check the thermostat

Make sure that your thermostat is set on "AUTO," not "ON." That's where your A/C technician will look first so you should as well. If your thermostat is set to "ON," the furnace blower will run nonstop even when your furnace isn't heating the air. When you switch it to "AUTO," the fan will only blow air while the furnace is running.

Check the ductwork

Go up into the attic and check your air ducts. They're the large flexible tubings that carry the heated air from your furnace to the registers throughout the house. Wear and tear from accidental damage, fluctuating temperatures and advanced age can cause significant tears to develop. If these are large enough, the frigid air within the attic can be sucked into the ducts and blown throughout your home.

Check the pilot light

If your older gas furnace blows cold air, the pilot light may have gone out. If you feel comfortable doing this, just follow the manufacturer's instructions and re-light it. If the pilot light won't stay lit, it may need some routine maintenance by your A/C technician. Also, sometimes the flame sensor needs to be cleaned or a malfunctioning circuit board or faulty igniter needs to be replaced.

Check the furnace air filter

What if the furnace blows hot air, then cold air but then stops blowing air altogether? It's possible that your furnace has overheated. Its safety device, called a limit switch, turned the furnace burners off. The blower keeps blowing to cool the furnace down to a safe level. So what causes the furnace to overheat? Most likely it's a dirty furnace air filter. A dirty filter blocks airflow and causes the furnace to run so long while trying to heat your home that it overheats. Simply change the air filter to remedy the problem. Don't ignore this issue; repeated overheating can damage the furnace's heat exchanger, which is expensive to replace.

Usually it's only a matter of time

Just as it takes a few seconds for hot water to arrive when you turn on your faucet, it's completely normal to experience a few moments of cold air before you'll feel any warmth coming out of the registers. Just give it time to work.

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GOMO Board of Directors

GARDEN OAKS MAINTENANCE ORGANIZATION (GOMO) MONTHLY REPORT FOR NOVEMBER 2016

SECTION 1

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281-685-8133
sheila.briones@gardenoaks.org

Mark Saranie (2018)
713-724-1271
mark.saranie@gardenoaks.org

Michael Taylor (2019)
713-526-2108
michael.taylor@gardenoaks.org

SECTION 2

Lori Kennedy (2017)
713-691-6833
lori.kennedy@gardenoaks.org

Rafael Pina (2018)
713-614-6533
rafael.pina@gardenoaks.org

Sue Schmidt (2019)
832-563-3402
sue.schmidt@gardenoaks.org

SECTION 3

Susan Kostelecky (2017)
713-697-4110
susan.kostelecky@gardenoaks.org

Dea Larson (2018)
713-695-3634
dea.larson@gardenoaks.org

Frances Schwartz (2019)
832-483-1546
frances.schwartz@gardenoaks.org

SECTION 5

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carol.terrett@gardenoaks.org

Kip Noser (2018)
281-846-5479
kip.noser@gardenoaks.org

Coley Groth (2019)
832-482-5896
coley.groth@gardenoaks.org

Plans were approved for:

None

Revised plans were approved for:

None

Pending resubmission:

None

Deed Restriction Enforcement Activity

A single reported violation might progress through several stages before being resolved. This chart summarizes last month's activity and the totals for the year.

2016	November	YTD (as of 11/30/2016)
Not a violation	1	8
City pending	0	N/A
City cleared	0	1
Informal w/owner pending	0	N/A
Informal w/owner cleared	0	6
Legal opinion pending	2	N/A
Legal opinion cleared	0	1
1st letter sent pending	1	N/A
1st letter cleared	0	5
2nd letter sent pending	1	N/A
2nd letter cleared	0	0
Prior Year Carryover	6	N/A
Total New Reported	2	20
Total Cleared	1	21
Total In-Progress	4	N/A
Litigation Authorized	0	0
Litigation In-Progress 2 cases re: subdivision of lot 1 case re: number of garages	3	N/A
Litigation Concluded	0	0

Each director's term expires in October of year in parentheses.

GOMO funded two shifts of the Constable Program for the month at a cost of \$12,790.

Garden Oaks is a deed-restricted community of 1400 homes. The Garden Oaks Maintenance Organization (GOMO) is entrusted by homeowners and property owners (members) of Sections 1, 2, 3, and 5 with ensuring compliance with deed restrictions. The directors of GOMO are member-elected volunteers.

GOMO news, director and office contact information, meeting times and locations are published monthly in the Garden Oaks *Gazette*, delivered by volunteers to all homes in Garden Oaks.

At gardenoaks.net, homeowners can find: deed restrictions, plan approval information, bylaws, policies, financial reports, transfer fee information, meeting schedule, information about election of directors and officers, and contact information for all officers and section directors. The minutes of GOMO business meetings are posted as well. Homeowners are invited to attend our meetings.

Contact:

The Garden Oaks Maintenance Organization
4001 N. Shepherd Drive, Suite 216
Houston, TX 77018

713-561-3936

manager@gardenoaksmaintenance.org



Chris Schmidt
Garden Oaks Resident
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chris@scmtexas.com

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GOMO Review Meetings

take place at **6:30 p.m.** on the **first Tuesday**
prior to Civic Club meetings and at
7:00 p.m. on the **third Wednesday** of each month.
Meetings are open to anyone interested in attending.

Additional information about the
Garden Oaks Maintenance Organization (GOMO)
is available online at GardenOaks.net.

Property owners in Sections 1, 2, 3, and 5 are all members of GOMO.



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'TIS THE SEASON TO BE STRESSED OUT!

By Erin Thole, CNHP

We live in a time when almost everyone is stressed and pressed for time all the time. This fast-paced lifestyle really takes a toll on our health and can lead to detrimental health conditions such as:

- Digestive issues
- Depression and anxiety
- Poor sleep
- High blood pressure
- Chronic fatigue
- Anger issues
- Hormonal imbalances
- Weight gain/loss
- Inability to gain muscle
- Weakened immune system
- Cancer and autoimmune conditions

TIPS FOR MANAGING STRESS

- **Make a List.** Before going to bed, make a list of all the things you have to do the following day. This will help to unload your mind. If everything is down on paper, or in your phone, then you will be less likely to keep running through the list mentally all night worrying that you forgot something. It may take some practice to stop the running mental list as you lie in bed. Just remind yourself: "I made my list and I have nothing to worry about."
- **Use your list.** The next day as you accomplish your tasks, check them off the list.
- **Plan, Plan, Plan.** If you fail to plan, you plan to fail. Do food prep for days in advance, and keep a schedule in your phone for everything from your daily workout, picking up the kids, meetings, etc. This way you always know where you are going.
- **Eat clean!** The better you fuel your body, the better you will feel and the better equipped your body will be to handle your day-to-day stress.

- **Check in with yourself throughout the day.** This will help you stay centered and grounded. Ask yourself, "How do I feel at this exact moment?" If it is a negative emotion, ask yourself what you can do at this exact second to process and redirect the emotion. Oftentimes, simply breathing deeply and slowly will help. If the situation is out of your control, recognize that and aim for acceptance. This will take practice.
- **Take 2 minutes 3 times a day to breathe deeply and slowly.** This is a great practice for those days when you are feeling super-frantic and flustered.
- **Have a positive word or short phrase that you can repeat to yourself over and over to help calm you down.** Some examples: "calm", "peace", "breathe", "it's all going to be ok", "I can do this. ") You may need to try a few to identify the perfect one that works for you.
- **Sleep and stick to your sleep schedule!** This will help to keep those stress hormones in check.
- **Do something FUN!** All work and no play makes for a very stressful and unhappy existence. Be sure to take some time each week to let loose.
- **Work out regularly.** Especially on those days when you just don't want to... those are usually the days when you need that release the most and you will be so glad you did it!
- **Don't drink too much alcohol.** Overindulging dampens your productivity and energy, makes it harder to get quality sleep, and causes you to just feel gross the next day.
- **Take some time to do some gentle yoga, stretching, meditation, or prayer every day.**

Erin Thole, CNHP has been working in the health, nutrition & fitness field for over 8 years. To learn more and request a free consultation, visit www.erinpalmercnhp.com or email erin@erinthebeast.com; CrossFitters: be sure to check out www.erinthebeast.com.

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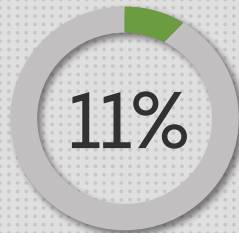
Mental Health Facts

CHILDREN & TEENS

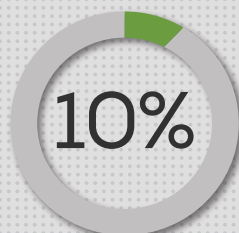
Fact: 1 in 5 children ages 13-18 have, or will have a serious mental illness.¹



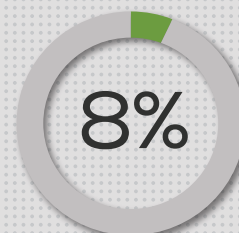
20% of youth ages 13-18 live with a mental health condition¹



11% of youth have a mood disorder¹



10% of youth have a behavior or conduct disorder¹



8% of youth have an anxiety disorder¹

Impact



50%

50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.¹



10 yrs

The average delay between onset of symptoms and intervention is 8-10 years.¹

50%



Approximately 50% of students age 14 and older with a mental illness drop out of high school.¹

70%



70% of youth in state and local juvenile justice systems have a mental illness.¹

Suicide

3rd



Suicide is the 3rd leading cause of death in youth ages 10 - 24.¹



90%

90% of those who died by suicide had an underlying mental illness.¹

4 Things Parents Can Do



Talk with your pediatrician



Get a referral to a mental health specialist



Work with the school



Connect with other families

¹ This document cites statistics provided by the National Institute of Mental Health, www.nimh.nih.gov

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TEENAGE MENTAL HEALTH: DEPRESSION AND ANXIETY

By Lindsey Pollock, Ed.D.,
Principal, Garden Oaks Montessori

Children's mental health in the United States is gaining national attention as youth today struggle to navigate our modern world. *Time Magazine's* November 7, 2016 cover story featured teenage depression and anxiety. The author, Susanna Schrobsdorff, shared that children in the post-9/11 generation are dealing with a world where terrorism and threat are the norm. Additionally, technology has created access to material that disconnects children from supportive adults in their lives and transports them into a world where they are bombarded with adult-level messages of sex and violence that are not developmentally appropriate. This leaves adolescents feeling stressed and overwhelmed as they agonize over the pain and suffering of others while they may be dealing with personal issues such as the development of their personal identity, school pressures, or losses in their lives such as moves, family separations/divorce, and peer relationships.

In fact, the number of adolescents (12–17 year-olds) who have had at least one major depressive episode has nearly doubled since 2006 to 3 million. Anxiety among teenagers between 13 and 18 years old represents a quarter of the population at 6.3 million. Further, in a 2015 study conducted by the University of Texas at Dallas, researchers found that for 13 year-olds, "there is no firm line between the real and online worlds", making it vitally important that adults engage their teenagers in discussions around what they are reading and engaging in online. Additionally, online bullying continues to increase as students as young as 9 open social media accounts and use their cell phones to send threatening messages to classmates.

ADDITIONAL RESOURCES

National Alliance on Mental Illness

www.nami.org/Find-Support/Teens-and-Young-Adults

Anxiety and Depression Association of America

www.adaa.org/living-with-anxiety/children

For a teenage perspective on self-harm, visit
Project Aware: www.projectaware.net

What's a parent to do? Fadi Haddad, MD, a child and adolescent psychiatrist and the author of *Helping Kids in Crisis*, gives the following advice:

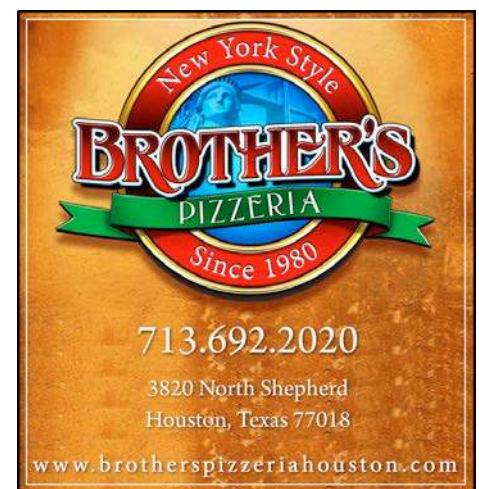
Talk about the real stuff. Ask questions that go deeper than the surface. Find out what worries them and celebrate their successes. Ask questions like, "What's the best part of your day?" Become attuned to their emotional world so that you understand what their dreams are, what they struggle with and how their life is going.

Give them space, but pay attention. Give teens space to grow and separate from you, but watch for changes in behavior. Are they giving up activities they used to enjoy? Are they staying up all night or eating differently? Is your outgoing kid now withdrawn? If you're worried, say so. Show interest in their internal life without judgment.

Resist getting angry. Parents often respond with anger or punishment when they find out what has been going on. Remember to respond with compassion first. Your child is suffering so use a phrase like, "It seems like you're having trouble, I'm here to help. Tell me what's happening with you."

Don't put off getting help. If you're worried about your child, talk to a school counselor, therapist or doctor. It's best to get help early.

Treat the whole family. When a child is in crisis, it is imperative to work with the whole family. There may be something in the home environment that was contributing to the stress, so be open to acknowledging that and getting family counseling. You will also need tools and strategies to support your child. Raising a teenager involves the whole family. Embrace your child and understand that they need you more than ever even when they may be unhappy with you setting parameters around the use of technology or the people with whom they are associating. Turn off technology and let them know you love them. To learn more, visit time.com/teenmentalhealth.



**A GARDEN OAKS TRADITION CONTINUES:
"GAZEBO SANTA" WELCOMED BY HUNDREDS**

By Tina Sabuco

Santa took time off from his busy schedule to visit the families of Garden Oaks once again this year. On December 7 and 8, Santa set up shop in the festively decorated Gazebo Park. Hundreds of neighbors, including several furry ones, visited Santa, Mrs. Claus and their merry elves. Amongst a flurry of "Houston Snow" (a/k/a billions of bubbles that the magical elves provided), guests nibbled on cookies and candy canes. As they waited to see "the man of the hour," all were invited to visit with Mrs. Claus who delighted children young and old by guessing their names and ages. Christmas magic must have been in the air, because her guessing was extraordinarily accurate again this year! After visiting with Mrs. Claus, each family was welcomed up into the twinkling gazebo to sit upon Santa's lap and chat with him about their Christmas wishes. Mr. and Mrs. Claus were even treated to some art work and goodies made especially for them!

A special thanks goes to Terry Jeanes, Georgia Lister, and Tina Sabuco for hosting this merry event, Marley Dwigginns for her effervescent elving, bakers who brought delicious cookies to share, helpers who decorated our winter wonderland to set the scene for the hundreds of photos taken over the two nights, and to everyone who brought toys for the Constables' toy drive for neighborhood children in need. AND, thanks to Patrick Kelley for making his annual "special appearance" on night 2 of our event. Until next December, HO, HO, HO!



GO KIDS UPDATE

By Lindsey Gabriel, Coordinator

We closed out 2016 with three Santa nights in the neighborhood! GO Families are very thankful to have such wonderful community members who host such great events for our children. Thanks to all, and the children really enjoyed the events.

There are more fantastic things in store for the families of Garden Oaks in 2017!

Leadership Team

The Leadership team met on November 3rd to begin planning for 2017. We anticipate some openings on the leadership team this year. If you are interested in a position or helping in any capacity, please contact me, **Lindsey Gabriel**, GO Kids Coordinator, at lindsey.gabriel5@gmail.com. Our official kick-off meeting will take place this month, so look on BigTent and Facebook for additional information.



GO Kids Dinner Drops

Have you or someone you know welcomed home a new baby recently? GO Kids will coordinate and provide several meals to families. Please contact our Dinner Drop coordinator Nancy Perez-Vargas at nancyperez@mac.com to participate. We are always in need of volunteers for this program.

Interested in becoming a member? We welcome families to join our kid-focused group with annual events,



new parent dinner drops, and a monthly Moms' Night Out as well as many other activities throughout the year. Please contact our Membership Coordinator, **Diana Latta**, at latta_diana@sbcglobal.net.

Check out our calendar of events and obtain additional event details at www.bigtent.com.

GO Kids was started by a group of parents who wanted to build a family-friendly neighborhood where children and parents know each other and grow together. We look forward to seeing you around the neighborhood!

If you have questions or would like more information about the GO Kids group, please contact the GO Kids Coordinator, Lindsey Gabriel at lindsey.gabriel5@gmail.com or any member of the leadership team.



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Size	Single	Six Months	Twelve Months
2 1/4 W x 2 3/8 H	\$60.00	\$300.00	\$580.00
2 1/4 W x 4 1/4 H	\$90.00	\$450.00	\$870.00
Half Page 7 1/2 W X 4 1/2 H	\$110.00	\$550.00	\$1065.00
Full Page 7 1/2 W x 9 1/2 H	\$180.00	\$900.00	\$1745.00
Half Page Back Cover	\$150.00	\$750.00	
Full Page Back Cover	\$225.00	\$1125.00	
Full-page insert, single-sided	\$280.00		
Full-page insert, double-sided	\$325.00		

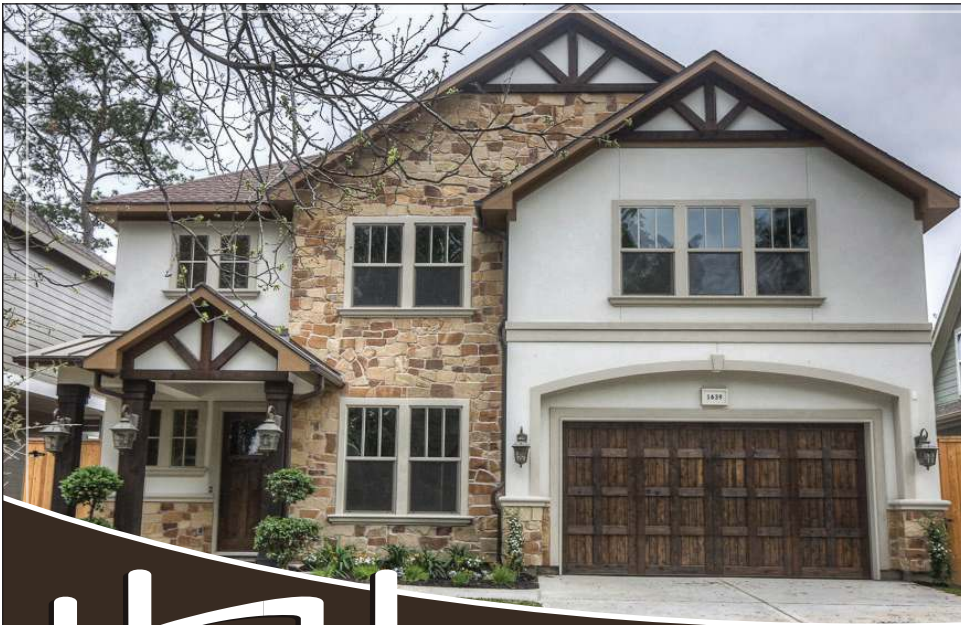
Please note:

1. Placement of ads is subject to the discretion of the editor.
2. Artwork must be e-mailed to gogazette@gmail.com by the 10th of each month for publication the following month.
3. Artwork may be submitted in one of the following formats: **JPEG** (.jpg), **PDF** (.pdf), **GIF** (.gif) or **TIF** (.tif).

GARDEN OAKS OUTREACH

A color version of the *Gazette* is published each month on the Garden Oaks website www.gardenoaks.net/gocc-home/gazette/.

Classified Ads are \$20 per run for residents, and are for personal services only, e.g. help wanted, items for sale, infant care needed, etc.



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HARRIS COUNTY MASTER GARDENER FRUIT TREE SALE JANUARY 28, 2017

Citrus, apple, peach, pear, avocado, berry, and pecan varieties hand-selected to grow in our area will be available for purchase.

Location: Texas AgriLife Extension
Bear Creek Park
3033 Bear Creek Drive, Houston 77084

Time: Plant Sale Preview 8:00 a.m.
Plant Sale 9:00 a.m.–1:00 p.m.

Trees available will be: citrus, apple, peach, pear, avocado, olive, and pecan varieties suitable for our area.

Berry plants available will be: blackberry, blueberry, grape, and Goji berry.

Multi-graft trees available (trees that grow 2 or more varieties of fruit): apple, peach, pear, plum and citrus.

A limited number of wagons will be available so shoppers are encouraged to bring their own.

Harris County Master Gardeners is a program of the Texas A&M AgriLife Extension Service. Master Gardener volunteers organize plant sales annually as well as joint educational and fundraising events. All sales feature plants that do well in our part of Texas.

2017 GREEN THUMB GARDENING LECTURES AND WORKSHOPS

The Harris County Master Gardeners and the Texas AgriLife Extension Service offer the Green Thumb Gardening Series of lectures from January through October. These lectures are **free of charge** to residents of Harris County and are offered at multiple locations across Houston; the location closest to Garden Oaks is the Spring Branch Memorial Library.

If you want to increase your knowledge of vegetable and herb gardening, composting, rainwater harvesting, pests, or a variety of other topics, please see the calendar of lectures below.

Third Tuesdays
6:30-8:30 p.m.
Spring Branch Memorial Library
930 Corbindale
Houston, Texas 77024

January 17	Soils & Compost
February 21	Spring Vegetable Gardening
March 21	Roses: Planting, Growing & Upkeep
April 18	Herbs: Growing & Using
May 16	Insects in the Garden
June 20	Propagation & Seed Saving
July 18	Raised Beds, Drip Irrigation & Rain Barrels
August 15	Fall Vegetables
September 20	Gardening with Children & Grandchildren
October 18	Trees: Planting & Care (including Fruit Trees)

Kim Ellis

Wildscape Garden Consultant
and Garden Oaks resident
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HABITATS

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Local Farmers' Market

9:00 am - 1:00 pm

Every Saturday
Rain or Shine

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goat cheese,
free-range meat,
prepared Indian dishes,
jams, and jellies

CENTRAL NORTHWEST SUPER NEIGHBORHOOD COUNCIL 12

2017 MEETING DATES

The Central Northwest Super Neighborhood Council (SN 12) represents numerous Houston civic clubs and property owners associations to improve livability by addressing our community's needs and concerns.

Garden Oaks is a part of SN 12 along with the following neighborhoods:

- Candlelight Estates, Section 1
- Candlelight Estates POA
- Candlelight Place, Sections 3 & 4
- Candlelight Oaks
- Candlelight Oaks Village
- Candlelight Plaza
- Ella Lee Forest
- Garden Oaks Plaza
- Mangum Manor
- Oak Forest
- Pinemont Park Square
- Shepherd Forest
- Shepherd Park Plaza

- Wednesday, January 25**
- Wednesday, March 22**
- Wednesday, May 24**
- Wednesday, July 26**
- Wednesday, September 27**
- Wednesday, November 22**

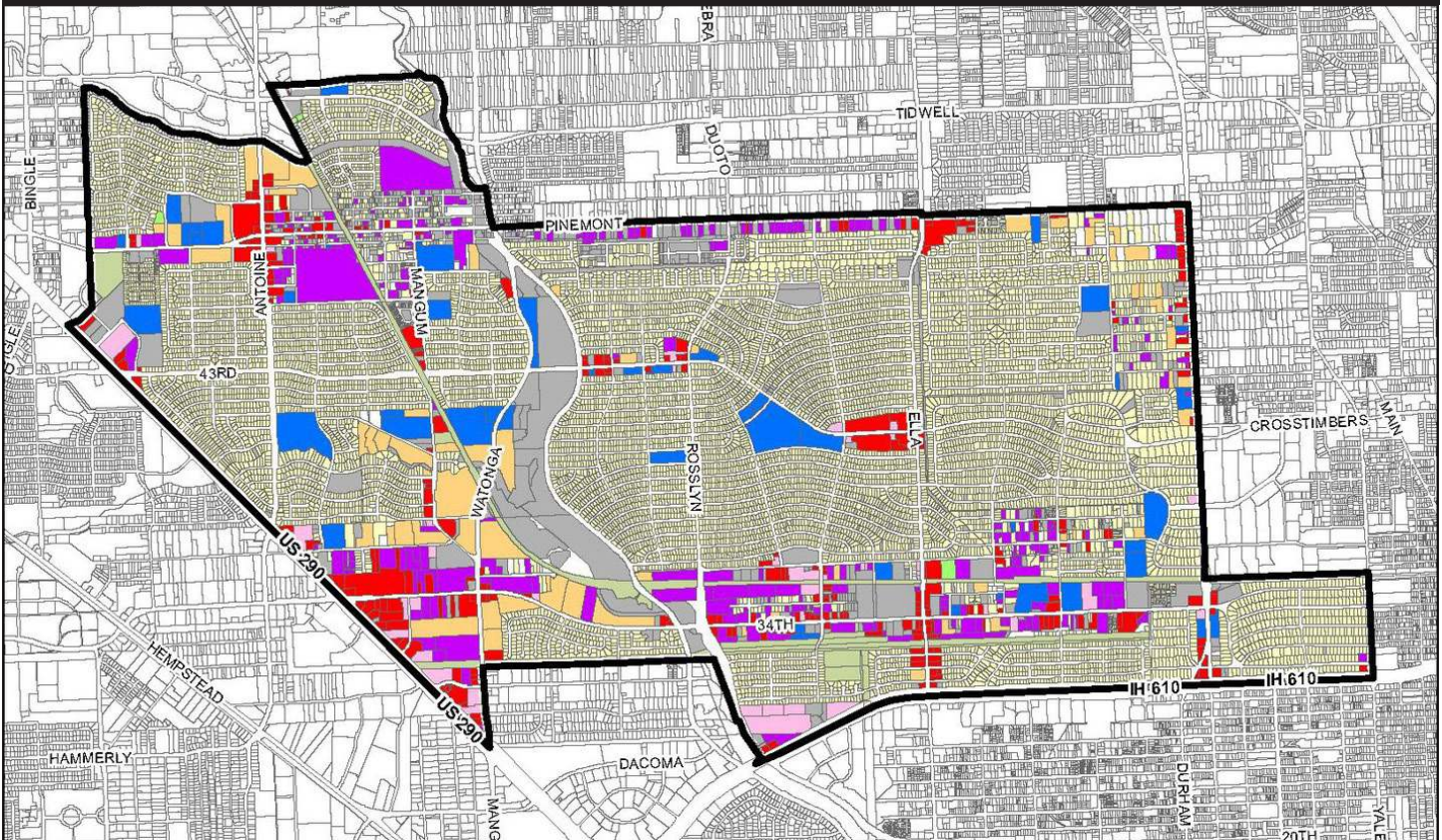
SN 12 is bounded by 610 to White Oak Bayou to Reliant Energy power line to Mangum Road on the south; US 290 to Lumberdale on the west; Cole Creek to BNSF railroad line on the north; and North Shepherd Dr. to BNSF RR line to Yale on the east.

The Central NW Super Neighborhood Council meets on the **fourth Wednesday of every other month** (unless holiday weeks prevail) from 6:30-8:15 p.m. at the **Candlelight Community Center, 1520 Candlelight Lane, Houston, TX 77018**. Meetings are open to the public.



For further information about SN 12, visit sn12.org or email cnwsuper@gmail.com.

The Super Neighborhood program is sponsored by the City of Houston Dept. of Neighborhoods. For more, visit www.houstontx.gov/supeneighborhoods/.

CENTRAL NORTHWEST SUPER NEIGHBORHOOD COUNCIL 12



JANUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>New Year's Day</i>	2	3 Civic Club Meeting* 7PM @ GOMM	4 Trash Pick-Up Today Due to City's Observed Holiday Schedule	5	6	7 Farmers Market 9AM-1PM 938 Wakefield
8	9	10 	11	12	13	14 Farmers Market 9AM-1PM 938 Wakefield
15	16	17	18 GOMO Meeting 7PM @ GOPB	19 Heavy Trash Pick-Up (Tree Waste)	20	21 Farmers Market 9AM-1PM 938 Wakefield
22	23	24 	25	26	27	28 Farmers Market 9AM-1PM 938 Wakefield
29	30	31	<p>* Preceded by GOMO meeting beginning at 6:30PM.</p> <p>Acronym Key GOMM = Garden Oaks Montessori Magnet School, 901 Sue Barnett GOMO = Garden Oaks Maintenance Organization GOPB = Garden Oaks Professional Building, 4001 N. Shepherd, Suite 216</p>			



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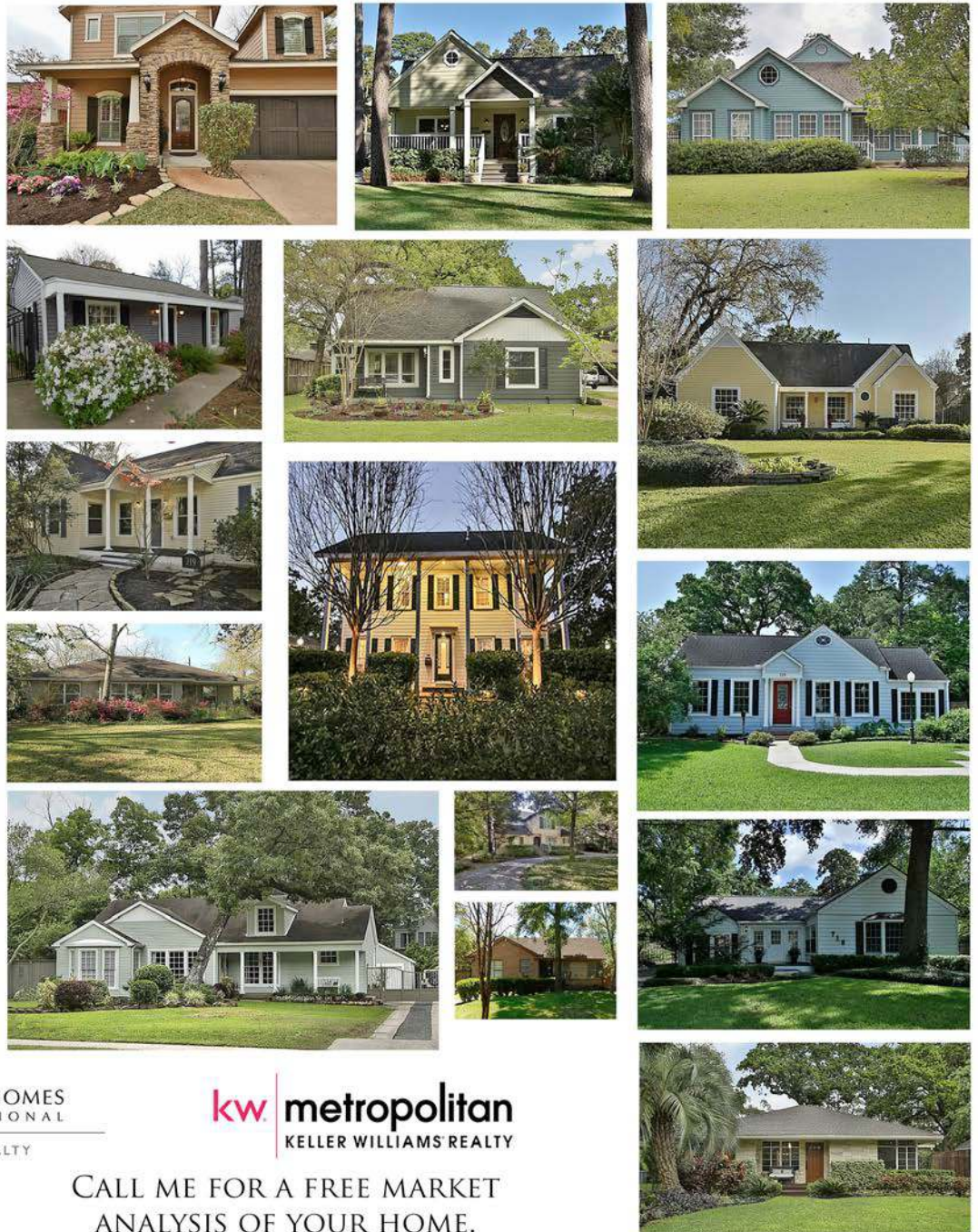
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