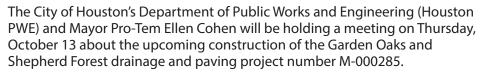


Garden Oaks Gazette

A publication of the Garden Oaks Civic Club

PUBLIC MEETING REGARDING CITY OF HOUSTON'S GARDEN OAKS AND SHEPHERD PARK DRAINAGE AND PAVING PROJECT

Thursday, October 13, 2016 6:30 p.m. Garden Oaks Montessori Magnet School 901 Sue Barnett Drive



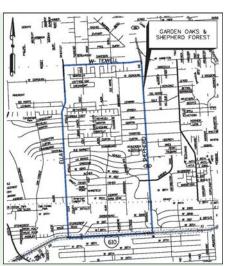
The purpose of the meeting will be to inform potentially impacted community members about the construction process and provide vital contact information.



City of Houston 2014-2018 Capital Improvement Plan Garden Oaks and Shepherd Forest Area Drainage Improvements Project No. M-000285

Project Description

Project provides for the design and construction of storm drainage improvements, necessary concrete paving, curbs, sidewalks, driveways and underground utilities. Project will serve the Garden Oaks, Shepherd Forest, Shepherd Park, Candlelight Plaza, Pinemont, and Oak Grove areas.



Project Justification

Project will construct storm drainage improvements to address and reduce the risk of structural flooding. Improvements include modification of street conveyance and sheet flow, and provide detention as needed for mitigation.

Department of Public Works and Engineering Engineering and Construction Division (832) 395-2500 rebuildhouston.org info@rebuildhouston.org

OCTOBER 2016

UPCOMING EVENTS

National Night Out

Tuesday, October 4 (in lieu of October Civic Club Meeting; see page 7)



November Civic Club Meeting

Tuesday, November 1 7:00 p.m. Garden Oaks Montessori 901 Sue Barnett Drive



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Save the Date for Santa!

By Elf Tina

Those jingling bells are just around the corner and here is the first reminder to save the date for "Gazebo Santa". Mr. and Mrs. Claus will be visiting with families in Gazebo Park on Wednesday, December 7 and Thursday, December 8 from 6:00 to 7:30 p.m.

Elves Georgia Lister, Terry Jeanes, and Tina Sabuco will be on hand once again this year to assist Santa in spreading Christmas cheer. These three busy elves will also be decorating Gazebo Park in November for all Garden Oaksians and nearby neighbors to enjoy.

If you would like to become an elf and help with decorating or if you have any questions about the event, please contact Elf Tina at tina@artsaliveinc.com.



Garden Oaks Gazette

The Garden Oaks Gazette is the official publication of the Garden Oaks Civic Club and is published monthly. The submission deadline is the 10th of each month for publication the following month, unless otherwise noted.

Publication herein of any article not directly related to the Garden Oaks Civic Club does not imply endorsement by the civic club and such article is solely an expression of its author's opinion.

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Membership 713-691-6505 membership@gardenoaks.org 733 West 42nd

October 2016

Dian Austin

HEARD UNDER THE OAK TREE

By Terry Jeanes

Welcome, New Neighbors!

Congratulations on joining our community. We look forward to seeing you at a civic club meeting soon.

4219 Alba	805 West 31st
1002 Althea	304 West 32nd
1066 Lamonte	336 West 32nd
3209 Lawrence	215 West 33rd
1411 Sue Barnett	713 West 38th
1543 Sue Barnett	718 West 38th
1586 Sue Barnett	761 West 42nd
420 West 30th	835 West 43rd

Happy Birthday

Dian Austin
Julian S10/5
Tina Sabuco
Michael Padon10/12
Rita Donaldson
Lacey Marek10/19
Alice Sarmiento 10/24
Benjamin B
Pene Carter 10/25
Linda Reichle
Mark Saranie
Fritz Westover 10/25
Jack Runge
Eden Craig 10/30

Happy Anniversary

Tony & Debbie Padon	10/6
Mark & Elizabeth Klein	10/7
Gig & Betsy Runge	10/9
John & Tina Beddow	10/21
Joe Muscara & Lori Kennedy	10/23
Mike & Jayne Maltbie	10/28

Congratulations

Congratulations to **Tina Beddow's** 4.0 55-Plus Senior Tennis Team on winning their local Houston division and advancing to the State Playoffs September 22-23, 2016 in Beaumont.



Out and About

Heather Leverett enjoyed a trip to Costa Rica.

John and Tina Beddow attended the U.S. Open in New York, enjoying as much tennis as possible including opening day and night sessions.

The Bartoses enjoyed the Smith Point Hawk Watch with the Houston Audubon Society.

Missy Alwais enjoyed an Astros game as did Leslie Ryan and Carl Waters, Jr. and the Acosta clan.

Sheree' Peoples had some great family time with her mom while they visited daughter **D'Yon** in Wales.

Tammy Ganze has great harvest plans for her Persian limes.

Pene Carter visited the beach in North Carolina.

Chris Lindsay enjoyed an outing to the movies with her granddaughter celebrating Grandparents Day.

The Dilleys were pleased to be back to Texans tailgating in style.

Lily B. put her learner's permit to good use by chauffeuring **Tina Sabuco** and **Shellye Arnold** to the Farm Stand on Wakefield.





Eddie Holik 281-744-2464

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Best time to plant in Houston is Fall, so don't wait and give us a call!!!



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Please submit information about events, celebrations, and other tidbits to terry@terryjeanes.com no later than the 8th of the month.

GARDEN OAKS CIVIC CLUB MEETING MINUTES

By Luke Sustr, Secretary

September 6, 2016

Location: Garden Oaks Montessori Magnet School (GOMM), 901 Sue Barnett

Welcome and Introduction: Vice President Chris Lindsay welcomed those in attendance and called the meeting to order at 7:02 p.m. with sixty (60) people in attendance.

Ms. Lindsay made a motion that was seconded and approved by a vote to revise one word from the August 2016 minutes published in the September *Gazette*. (See "New Business" section below for further details.) Another motion was made, seconded and approved by a vote to approve the August 2016 minutes incorporating the previously approved meeting motion.

Ms. Lindsay then introduced the two candidates running for Harris County Sheriff, incumbent Sheriff Ron Hickman and Mr. Ed Gonzalez. Following the Harris County Sheriff candidates' presentation, Constable Program Chair Terry Jeanes introduced one of the two invited candidates running for Harris County Constable Precinct 1, Mr. Joe Danna. Incumbent Harris County Constable Precinct 1 candidate, Mr. Alan Rosen, was not available to attend the meeting.

Guest Speakers: Mr. Hickman and Mr. Gonzalez each gave a five-minute opening statement related to their personal background, professional experience, and department plans if elected to office. A twenty-minute question and answer session followed with dismissal of those in attendance strictly for the Harris County Sheriff candidate presentations. Ms. Jeanes then introduced Mr. Danna who presented his credentials and plans for Harris County Constable Precinct 1.

Treasurer's Report: Treasurer Jerry Butler was present at the meeting with hard copies of the organization's current profit and loss statement and balance sheet available to attendees. Mr. Butler made several motions to amend the budget as follows:

 Motion to add \$12,000.00 to the budget to cover the current deficit of \$11,000.00 for Lawn Maintenance under Beautification through end of calendar year. This adjustment was necessary due to a loss of \$20,000.00 previously subsidized by the Garden Oaks Maintenance Organization (GOMO) as included in the original budget and as Lawn Maintenance currently has a deficit of \$11,000.00. This motion was seconded with a discussion clarifying the adjustment of budget funds, lawn maintenance costs, etc. A vote was taken and the motion was approved.

- 2. Motion to add \$4,000.00 to the budget as a "not-to-exceed" limit to repair and/or replace all Garden Oaks community entrance signs (approximately 11 signs) under Beautification. This motion was seconded and discussion followed to clarify approximate cost. A vote was taken and the motion was approved with no opposition.
- 3. Motion to add \$751.00 to the budget to cover the cost of a new replacement water fountain at SPARK Park to be installed by GOMM. This motion was seconded and followed by a discussion clarifying the use of the water fountain. A vote was taken and the motion was approved with no opposition.

COMMITTEE REPORTS

Constable Program: Program Chair Terry Jeanes highlighted the need for constable supporters to ensure funding is available for another contract term due to the loss of two constable contracts in light of recent GOMO activities. Ms. Jeanes expressed gratitude to the *Gazette* Committee for publishing the Constable Program on the front page of the Gazette September issue. Deputy Bowden was in attendance and provided updates about recent incidents in the community. Ms. Jeanes pointed out the revised constable contributor donation levels (lump sum and monthly) on the donation form included in the *Gazette*. All residents were encouraged to reach out to neighbors and other residents to participate in the constable program. Ms. Jeanes also requested volunteers to join a newly-formed grassroots effort during October's "National Night Out" for those interested to get involved or sign up by sending an email to constable@gardenoaks.org. These sign-up sheets will help new Section Captions of this grassroots effort to contact interested volunteers to hold future gatherings for brainstorming constable fundraising ideas and urging neighbors to become constable supporters. Section 3 Caption, Mr. Martin Parr, was in attendance and suggested that "constable program supporter" signs be made for residents to display in their front yards. Attendees agreed this would be a great way to show support of the constable program. Volunteers are requested to help establish this signage effort. Ms. Jeanes went on to further clarify constable contract responsibilities and costs.

Membership: Committee Chair Dian Austin reported that memberships have increased the past month with two new members enrolled in the past forty-eight hours. A gift card membership raffle was held during the meeting which Mr. Andrew Mireles won. Congratulations, Andrew!

Gazette: The September issue of the *Gazette* is available online at <u>www.gardenoaks.org</u>. Hard copies of the *Gazette* were available during the meeting.

NOMINATIONS FOR 2017 GOCC BOARD OF DIRECTORS

A nominating committee is accepting nominations for the 2017 Garden Oaks Civic Club (GOCC) Board of Directors, which consists of a President, Vice President, Treasurer, and Secretary. The term of each position is one year beginning January 1, 2017.

Serving on the nominating committee are Mark Klein (chair), Megan Salch, Heidi Lozano, and Tonya Knauth.

If you are interested in running for a position on the Civic Club board or if you would like to nominate someone, please submit your nomination to nominations@gardenoaks.org.

Per the GOCC bylaws, nominations will also be accepted from the floor at the November and December GOCC meetings.

GOCC members who have paid their 2016 dues and are in good standing are eligible to vote for the board slate. The vote will take place at the December 6, 2016 civic club holiday party meeting.

Child Care Offered at Civic Club Meetings

The Civic Club is pleased to offer members an arrangement with the Foster YMCA to provide child care during civic club meetings. YMCA child care specialists, each trained in first aid and CPR, will care for your children from 6:30-8:30 p.m. (the normal duration of Civic Club meetings) in an area adjacent to the meeting location for a nominal cost of \$1.00 per child. Please note that children must be three years of age or older.



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- pass a background check from the church

Daytime & evening hours needed; scheduling to be based on availability. Applicants should contact

Mary Gossett at 713.686.8241.

2003 W. 43rd Street www.stsumc.org

Garden Oaks Citizens' Patrol: Program Chair Carl Waters, Jr. provided updates to recent incidents in parallel with Deputy Bowden's report under the Constable Program. Mr. Waters urged members to attend the upcoming constable and community partnership event "National Night Out" to be held Tuesday, October 4, 2016. This event is a great way to meet your neighbors!

There were no reports from the following committees:

- · GardenOaks.org Website
- Beautification
- Ad Hoc In-Line Storm Water Detention Project Committee
- Government Affairs Standing Committee

NEW BUSINESS

See "Welcome and Introduction" section for summary of Ms. Lindsay's motion to revise one word from the August 2016 minutes published in the September Gazette. This approved motion was at the written request of Ms. Susan Kostelecky and hereby replaces the word "force" with "require" in the first sentence of the second paragraph under "New Business" to read:

"...require GO Constable to include a disclaimer on advertising materials..."

Ms. Brenda de Alba made a motion that was revised by Mr. Mark Klein and seconded to allocate \$19,000.00 of the Home and Garden Tour profits toward the Constable Program. Discussion followed with a vote and the motion was approved with no opposition.

The meeting was adjourned at 8:32 p.m.

GARDEN OAKS CIVIC CLUB MEMBERSHIP & CONSTABLE PROGRAM PARTICIPATION

Ever wonder how many of your neighbors at the 1,400-odd households in Garden Oaks have paid their civic club membership dues and/or constable program supporter fees for 2016? Our neighborhood participation rates as of press time are represented at right; visit www.gardenoaks.org any time for the latest tallies and for information about supporting these vital programs.

Civic Club Memberships 292



Constable Program
Supporters
364





Monday - Friday: 7:00 AM - 6:00 PM

By appointment only

Saturday: 7:30 - 11:30 AM

Walk-ins welcome

2120 West 34th Street

(Between T.C. Jester & Ella)

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Dr. Jenna Maddox
Dr. Beverly Crocker
Dr. Lisa Box

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CITIZENS' PATROL PROGRAM UPDATE

By Carl Waters, Jr., Program Chair

Final reminder: If you're planning a National Night Out block party, please let Terry Jeanes or me know so we can ask the Precinct One Constable's Office and the Houston Police Department to send an officer to stop by your party.

August Crime Statistics (9)

Aggravated Robbery (1)

3900 block N. Shepherd on Sunday, August 14 at 6:22 p.m. (business).

Burglary (3)

4200 block of Apollo on Tuesday, August 9 at 10:09 a.m. (residence).

700 block of W. 42nd on Wednesday, August 17 at 12:37 p.m. (residence).

300 block of W. 34th on Monday, August 22 at 12:49 p.m. (residence).

Burglary - Motor Vehicle (4)

4000 block of N. Shepherd on Tuesday, August 2 at 11:53 a.m.

700 block of W. 42nd on Monday, August 15 at 9:41 a.m.

4100 block of N. Shepherd on Wednesday, August 24 at 2:58 p.m.

4000 block of N. Shepherd on Wednesday, August 31 at 10:04 p.m.

Theft (1)

4100 block of N. Shepherd on Sunday, August 7 at 2:00 p.m.

Inquiries about joining the Citizens' Patrol Program or other community safety issues may be directed to me via <u>GardenOaks.org</u>, the Citizens' Patrol email <u>gocop77018@aol.com</u>, or by phone at 713-864-1992.



You are cordially invited to join your Garden Oaks neighbors in celebration of the 32nd annual

National Night Out
Tuesday, October 4, 2016
at the time and place of your choosing



www.SCMTexas.com





RE-ELECT CONSTABLE RE-ELECT CONSTABLE

HARRIS COUNTY - PRECINCT 1

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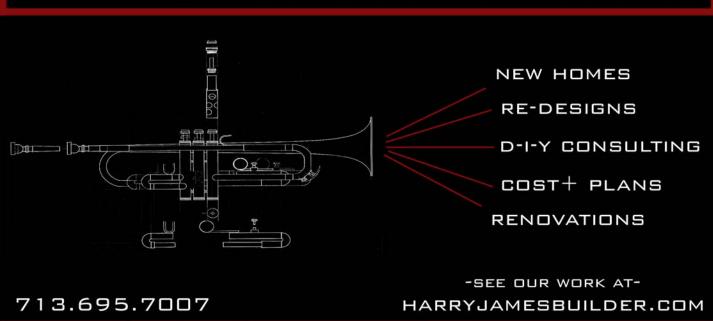
Like a good neighbor, State Farm is there.
CALL ME TODAY.



1001183.1

State Farm, Home Office, Bloomington, IL





AIR CONDITIONING TIPS FOR THE FALL *By Mitch Weigand*

Why Does My Furnace Smell Like. . .?

Soon you'll be turning on your furnace for the first time. And like every year, you might wonder, "What's that smell coming out of my furnace?" In July, we discussed the various smells that can emanate from your home's central A/C system and what they mean. Now let's focus on smells coming from your furnace.

BURNT DUST What you smell is exactly what it is, and it's completely normal. Remember, your furnace has been sitting unused for nearly a year, and dust naturally builds up on the different components. When you turn on your furnace for the first time, dust accumulated on the heat exchanger burns off. Then that temporary burning smell flows through your ducts. While it isn't the most attractive scent as you settle in for your first cozy autumn evening, there's no need to be alarmed. It should last only a little while. If you'd like to avoid this smell altogether, schedule a fall tune-up so that your A/C system, which includes your furnace, will be cleaned prior to its first use.

BURNING METALLIC SMELL There are various reasons why your furnace might experience problems. In particular, your blower motor can overheat and begin to give off a burning metallic smell. If you detect this

odor coming from your furnace, contact your A/C service technician to inspect your system and fix the problem.

If your furnace continues to emit odors

Unless you're using your furnace for the first time, it should not produce any strange smells. Here are two other actions you can do to alleviate unwanted odors.

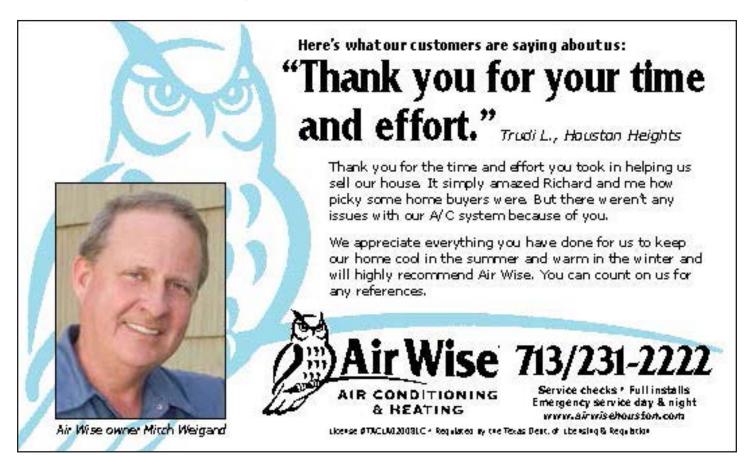
Change your air filter

Once the inside of your heater has been cleaned, the next possible cause of unwanted smells could be a dirty air filter. Locate the filter in the return air vent to see if it's dirty. The dust and debris collected on it will pass through the ducts and exit through the vents. To eliminate that issue, simply replace the dirty filter with a clean one and you're set. You are replacing your filter every month, right?

Check the ducts

Lastly, if your heater is clean and the filter has been replaced, check your duct system for any dust and debris that has settled inside. A simple vacuuming by a professional duct-cleaning company will take care of any excess dust and leave your system ready for the fall and winter.

Mitch Weigand is the owner of Air WiseTM.



GOMO Board of Directors SECTION 1

Wayne Forster (2016) 713-880-4367 wavne.forster@gardenoaks.org

Sheila Briones (2017) 412 West 34th Street 713-861-8091 sheila.briones@gardenoaks.org

Mark Saranie (2018) 713-724-1271 mark.saranie@gardenoaks.org

SECTION 2

Ed de Alba (2016) 713-459-4954 <u>ed.dealba@gardenoaks.org</u>

Lori Kennedy (2017) 713-691-6833 lori.kennedy@gardenoaks.org

Rafael Pina (2018) 713-614-6533 rafael.pina@gardenoaks.org

SECTION 3

Kathy Silver (2016) 713-668-8781 kathy.silver@gardenoaks.org

Vacant (2017)

Dea Larson (2018) 713-695-3634 dea.larson@gardenoaks.org

SECTION 5

Teresa Coleman (2016) 713-686-7728

teresa.coleman@gardenoaks.org

Chavonne Slovak (2017) 713-682-3601

chavonne.slovak@gardenoaks.org

Kip Noser (2018) 281-846-5479 kip.noser@gardenoaks.org

Each director's term expires in October of year in parentheses.

GARDEN OAKS MAINTENANCE ORGANIZATION (GOMO) MONTHLY REPORT FOR AUGUST 2016

Plans were approved for:

511 W. 32nd

Revised plans were approved for:

702 W. 42nd

Pending resubmission:

1038 Gardenia

Deed Restriction Enforcement Activity

A single reported violation might progress through several stages before being resolved. This chart summarizes last month's activity and the totals for the year.

2016	August	YTD (as of 8/31/2016)
Not a violation	0	5
City pending	0	N/A
City cleared	0	1
Informal w/owner pending	5	N/A
Informal w/owner cleared	2	8
Legal opinion pending	2	N/A
Legal opinion cleared	0	1
1st letter sent pending	1	N/A
1st letter cleared	1	4
2nd letter sent pending	0	N/A
2nd letter cleared	0	0
Prior Year Carryover	N/A	5
Total New Reported	2	18
Total Cleared	1	19
Total In-Progress	9	N/A
Litigation Authorized	0	0
Litigation In-Progress 2 cases re: subdivision of lot 1 case re: number of garages	3	N/A
Litigation Concluded	0	0

GOMO funded two shifts of the Constable Program for the month at a cost of \$12,790.

The GOMO website has been updated and now includes:

- Meeting minutes for January-August 2016
- 2017 Budget
- Litigation Update September 17, 2016

Garden Oaks is a deed-restricted community of 1400 homes. The Garden Oaks Maintenance Organization (GOMO) is entrusted by homeowners and property owners (members) of Sections 1, 2, 3, and 5 with ensuring compliance with deed restrictions. The directors of GOMO are member-elected volunteers.

GOMO news, director and office contact information, meeting times and locations are published monthly in the Garden Oaks *Gazette*, delivered by volunteers to all homes in Garden Oaks.

At our website, gardenoaks.org/gomo/, homeowners can find: deed restrictions, plan approval information, bylaws, policies, financial reports, transfer fee information, meeting schedule, information about election of directors and officers, and contact information for all officers and section directors. The minutes of GOMO meetings are available on request and homeowners are invited to attend our meetings.



Contact:

The Garden Oaks Maintenance Organization 4001 N. Shepherd Drive, Suite 216 Houston, TX 77018

713-561-3936

manager@gardenoaksmaintenance.org gardenoaks.org/gomo/

GOMO Review Meetings

take place at **6:30 p.m.**prior to Civic Club meetings on the **first Tuesday**and at **7:00 p.m.** on the **third Wednesday** of each month.
Meetings are open to anyone interested in attending.
Additional information about the

Garden Oaks Maintenance Organization (GOMO) is available online at <u>GardenOaks.org</u>.

Property owners in Sections 1, 2, 3 and 5



HISD MAGNET APPLICATION INFORMATION FOR 2017-2018 SCHOOL YEAR

By Stephanie Dubroff-Acosta, Parent Engagement Representative, Garden Oaks Montessori

Here is some information for parents as the new school year has begun and considerations for the 2017-2018 school year start to cross your mind.

Magnet applications will be available online **September 30 – December 9**. Applications submitted after December 9 will not be considered for the lottery, but will be placed on a waitlist in the order received AFTER the lottery waitlist.

Choosing Schools

HISD Magnet School Choice Fairs will be held from **9:00 a.m.** – **12:00 p.m.** at the campuses listed to the right; although hosted at high schools, ALL magnet schools are represented, so you really only need to attend the one nearest you. These school choice fairs are a great way to explore which schools would be a good fit for your child and determine which you would like to tour.

HISD magnet schools will begin their tours Thursday, October 6. **Elementary and K-8 school** tours are for parents only and will be conducted at **9:00 a.m.** Prospective students may accompany their parents on tours of **middle and high schools** which take place at **1:00 p.m.** (These tours are scheduled in the afternoon so that prospective students who want to tour can be counted as present during attendance in the morning at their current school.) Tours will continue each Thursday through December 8.

Applications

Applications will go live on **September 30** with a deadline of **December 9**. This year, applicants can only apply to 5 schools. This is a change from years past, where parents could choose 10 schools. Please choose your schools wisely. I highly encourage parents to specify 5 school options rather than only 1 or 2 schools.

As last year, you are asked to rank your school choices, with the school in your #1 slot being your most desired and #5 being the least desired of the 5 choices.

Please note: if you are applying to 5 Vanguard magnet schools and your kindergartener does not meet the Vanguard requirements, all of your applications for Vanguard will be marked as unqualified.

Whatever you decide, make certain that you initial and click SUBMIT on your applications by December 9 to be considered for the lottery (Phase 1). **Applications that come in after December 9, but before May 31, will NOT be considered for the Phase 1 lottery, but rather placed in the Phase 2 application group.**

Houston Independent School District Magnet School Choice Fairs

9:00 a.m. - 12:00 p.m. Dates & Locations Below

(Programs for all grade levels represented; not high school only)

October 1 Chavez High School 8501 Howard Drive Houston, TX 77017

October 22 Heights High School

(formerly Reagan High School)

413 East 13th Street Houston, TX 77008-7021

November 5 Austin High School

1700 Dumble

Houston, TX 77023-3139

December 3 Sterling High School

11625 Martindale Houston, TX 77048-2005

Once the Phase 1 lottery waitlists have been cleared (by parents accepting or declining spots), only then will Phase 2 applicants be considered for open spots. These Phase 2 applicants are offered open spots based based on the time and date stamp on their applications. Applications received after May 30 and ALL Out Of District Applicants are considered Phase 3, and will be considered after Phase 1 and Phase 2 applicants have declined any remaining spots.

Notifications

Elementary applicants will be notified of acceptance or waitlist number on **March 22**. Middle School and High School applicants will be notified on **March 23**.

Parents must reply no later than **April 6** if they are accepting an offered seat. Magnet Entrance Agreements must be turned in to the school when you accept an offered spot at this time.

If you are notified of an offered spot after this time frame, parents have 3 days (72 hours) to accept the spot and turn in the Magnet Entrance Agreement. If, after 3 days there is no response, the spot will be declined and offered to the next applicant on the waitlist.

Your neighborhood lender can guide you through the mortgage loan process.





CONTACT ME TO GET STARTED

Christina Gobe
Sr. Mortgage Banker
NMLS #179895
CGobe@WaterstoneMortgage.com



Garden Oaks Resident

713.725.7475 WaterstoneMortgage.com



All loan requests are subject to credit approval as well as specific program requirements and guidelines. For some programs, income and property restrictions may apply. Information is subject to change without notice. This is not an offer for extension of credit or a commitment to lend. Equal Housing Lender. Waterstone Mortgage Corporation (NMLS #186434) is a wholly owned subsidiary of WaterStone Bank SSB (NASDAQ:WSBF). State of Texas Licensee Exempt.

Definitions

"Offered" means that your child was offered a spot and you must accept or decline by the deadline.

"Waitlisted" means that your child is on the waitlist. Waitlists move when students with offered spots decline their spot.

"Not Placed" means that your child's application was not part of the lottery. Perhaps you are zoned to the school you applied to, or your application was received after the deadline.

"Qualified" means that your child is qualified for our program. (It does not mean that you are offered a spot.)

"Does Not Qualify" means that your child did not qualify for the program, most likely based on Vanguard testing. My understanding this year is that students who do not qualify for a program will not be able to apply to the school. (Note: Dual Language and Montessori programs have requirements for grades above grade 2.)







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DEVELOPING ICF CORE SETS FOR ADHD

By Lindsey Pollock, Ed.D., Principal, Garden Oaks Montessori

One of Montessori's core components of her educational philosophy was the interconnectedness of our global community. Over the first week of September, I was invited to participate in an international consensus conference comprised of twenty experts representing the six regions of the world as defined by the World Health Organization. As a public school educator and social worker, I was honored to be included in this group of professionals invited to participate. Our group contained one speech and language pathologist, one physical therapist, one nurse, one pediatrician, two special educators, two social workers, two occupational therapists, three psychiatrists and five psychologists. This summit was held in Stockholm, Sweden and was sponsored jointly by the World Health Organization and the Neurodevelopmental Disorders at Karolinska Institutet (KIND). The goal of the conference was to decide on the International Classification of Functioning, Disability and Health (ICF) components for the diagnosis and support of individuals with Attention Deficit/Hyperactivity Disorder (ADHD).

Over the course of the three days (Sept 5–7), we followed a three-stage decision-making and consensus protocol comprised of both working groups and plenary sessions. As one of the three group facilitators, it was my responsibility to work with my group members to prioritize and decide by consensus what the comprehensive list of criteria would be from a list of 132 criteria. Once our working groups completed this task, we were then tasked with developing core set for age-specific subsets; pre-school (0-5 years old); school-

age (6–16 years old) and adults (17+ years old). The shorter (brief) sets that were developed focused on the age-specific nature of ADHD and the impact that clinicians can have in ensuring positive outcomes for patients/clients.

After the ranking and cut-off procedures were completed, the committee ended with a comprehensive core list of 8 body function categories, 35 activities and participation categories and 29 environmental factors for a total of 72 criteria. In developing the brief core sets, 7 categories were found to be common across all age groups. In the end, the 0-5 criteria consisted of 47 categories, 6-16 had 55 categories and the adult group had 52 categories. This may in part be due to the expanded nature of development in the 6-16 years sub-set.

It was the consensus of the group that the ICF Core Sets for ADHD will be useful in clinical, educational and research contests and that the development of these criteria will be important first steps in highlighting the functioning of individuals in the assessment and treatment of ADHD. While the work of the committee is not yet published, the next step will be to validate the ICF Core Sets for ADHD and to explore the possibility of developing an instrument for clinical use. For clinicians in the United States, we are accustomed to using the Diagnostic and Statistical Manual - Version 5 (DSM-5) which is the standard for mental health diagnoses. Having now gained a global perspective of the ICF model of assessment and intervention, I am better prepared to serve our school community including our children, staff and the graduate interns I supervise from the University of Houston Graduate College of Social Work.

Wildscape Garden Consultant and Garden Oaks resident 713.259.9697 kim@plantahabitat.com www.plantahabitat.com

If you are interested in learning more about this project and the ICF Core Sets, go to www.icf-core-sets.org. For information regarding ADHD go to the National Institute of Mental Health at www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml.

create habitat gardens for our pollinators and urban wildlife.

On a personal note, the city of Stockholm was established in 1252 and is a beautiful international city. I was impressed by the ease of navigating the city with mass transit and the fact that everyone spoke English impeccably! During my first night there, I tried turning on the radiator in my hotel room as the temperature of around 50 degrees was a bit cool for me. After no luck in getting the heat to come on, I went downstairs to request help from the front desk personnel. I received a puzzled look when I explained my dilemma and the woman behind the counter stated quite matter-of-factly that they never turn on the heat in the building before October! She instead cheerfully provided me two extra blankets. The trip was great fun and an amazing professional opportunity but for someone as warm-blooded as myself, I was delighted to return to our steamy, hot climate! There's no place like home!

HABITAT GARDENING TIPS By Kim Ellis

For the last three weeks I've been telling friends to just hold on until October 1st for milder temperatures. I sure hope October delivers. Typically known as one of our drier months, we should be able to back off on supplemental watering and spend more garden time enjoying the fall blooms. This cooler, drier climate should also help eliminate some of the summer's pest problems, including blackspot and powdery mildew. October starts the second planting season of the year, with some thinking it is the best season because it allows new plants about six months to put all of their energy into the roots well before it's time to bloom in the spring.

In October, planning is just as important as the planting. Plan now by choosing plants that will thrive next spring or summer. It's time to pull warm season vegetables and herbs that are done producing, and plant cool season crops or mulch in their open space. You can continue to deadhead plants that don't drop their spent blooms, and you can thin out branches on roses, shrubs and trees but should not do any extreme trimming to avoid cutting off fall or spring blooms that have already set. This is also the time to dig up and divide perennials and bulbs. It's best to dig a bunch and divide by softly pulling apart the roots and then resetting divisions with some compost as quickly as possible. You can also give a final cutting back for groundcover vines as needed. Don't prune fruit trees anymore this year, as their next big pruning will be in late winter. And when removing warm season vegetables, if not replacing quickly apply a thick layer of mulch to provide nutrients and protect that area from weed growth. The most important maintenance task might be spreading a pre-emergent weed control, like Corn Gluten Meal, for the winter and spring weeds. And the best thing about heading into fall and winter is the decreased effort needed to maintain our lawns, with less water and less mowing. If you've been considering minimizing the size or your lawn and creating new beds, October is a great time to start.

When planting in October, you will find nurseries full of cool season annuals. perennials, herbs, shrubs and trees that long to be taken home. Cool season annual bedding plants are usually highlighted with fall colored mums, but also consider snapdragons, allysum, pansies, and diantus. You can also direct seed larkspur, sweet pea, marigolds and our native wildflowers. In garden beds where old warm season vegetables have left space, you can add transplants of beets, carrots, broccoli, garlic, shallots, swiss chard, cauliflower, kale, lettuce and arugula. October is also the best time to plant strawberries. We can plant any container-growing roses, shrubs and trees in October, but should hold off on transplanting from other locations in the yard until later in winter. Fall nectar plants are becoming more readily available in the nurseries, and will provide instant fall food for migratory hummingbirds and butterflies, including fall aster, mistflowers, salvias, goldenrods, and liatris. Adding winter-berried plants adds winter interest to your yard, with many of them being evergreen and providing beautiful food for wintering birds. Some important native berried plants include American Beautyberry, Yaupon Holly, Possumhaw Holly, and Wax Myrtle.

Although the need for supplemental watering for plants has lessened in the garden, it is still important to have a fresh, reliable water source available for wildlife. As I mentioned in September, we need to be thinking now about the migrating wildlife and their need for extra winter energy. Fall nectar plants, leftover ornamental grasses seedheads and spent perennial blooms provide great nutrition for migrating and wintering wildlife.

Sustainable gardening tips for October include:

- Use fallen leaves from your trees, or your neighbors, to mulch walkways and beds for weed control and nutrients.
- Create a compost pile with all of the new clipping, trimmings, and cuttings...including your lawn grass and fallen leaves.
- Mow and water your lawn less often, as growth has slowed

- down with lower temperatures and shorter days... or consider swapping some lawn for a habitat area.
- Apply a natural pre-emergent weed control like Corn Gluten Meal to keep winter and spring weeds from germinating.
- Turn off or modify your irrigation systems, and water as needed.

Plant of the Month



Solidago sempervirens -Seaside goldenrod

This Texas native, perennial herb produces a tight clump of narrow, evergreen basal leaves topped by leafy, erect or arching, 2-8 ft. stalks. Flowers are deep-yellow with somewhat succulent leaves on arching branches that bear one-sided clusters of large, bright yellow flowerheads, that are a major food source for the fall migrating monarch butterflies, and provide additional benefits to native wildlife such as songbirds, butterflies, and small mammals. It prefers full sun and has low water needs. It is also salt tolerant and can be used in more coastal locations.

This species of goldenrod does not reseed as some of the others do, and therefore is more well-behaved in the garden. Goldenrod is also commonly confused with Ragweed that causes so much trouble in the fall allergy season. Rest assured that these yellow flowers are not related to Ragweed and its bad reputation.

Sources: Month-By-Month Gardening Texas by Skip Richter, Doug Welsh's Texas Garden Almanac and The Wildflower Center of Texas



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Please note:

- Placement of ads is subject to the discretion of the editor.
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MICKEY'S MINUTE

By Mickey Morales

I've been thinking that you folks might have wondered how an oilfield engineer (glorified technician, really) became a farmer's market manager and taco-slinging cook. It all started about twenty years ago right after the birth of my first grandchild.

I was living in Plano, Texas, and I had left the corporate world of electronics to watch after my step-daughter and her very troubled pregnancy. A week after Sydney's preemie birth and her safe delivery home, I decided that becoming a waiter at the age of thirty-nine sounded like a good idea. I went to work at a Pappas restaurant and began an interesting and arduous training period. Everything went pretty well at first, but I quickly realized I had traded one corporate world for another. So I moved on to another restaurant group named Café Brazil (no relation to the one in Houston) and began training again. I quickly became a shift leader, and then assistant manager, and within six months was running the joint. Again things went pretty well until an ill-fated attempt at opening a larger-than-life operation on a lake east of Dallas. I then bid adieu to the industry and swore I would never work at another unless it was mine and the menu could be whatever Mickey wanted to cook that day.

Granted, I learned a lot in those few years and met a lot of interesting and talented people. I've always had more than a casual interest in food, watching hours of cooking shows on PBS (thank you, Jacques Pepin). I returned to the electronics world working for small enterprises, momand-pop shops, but always kept one toe in the water by moonlighting at Starbucks and at a small Greek place where I learned frugality from a master operator.

In July of 2001, I went back to work in the oilfield where we built some of the most sophisticated equipment and some of the most mundane as well. In 2003 things went south in that industry, and I took an early retirement package and never looked back, aside from a few contract assignments that paid handsomely. The real turning point came while I was cleaning out my mother's car trunk and found a copy of *Gourmet* magazine containing an article in which Michael Pollan, author of The Omnivore's Dilemma, wrote about his visit with Joel Salatin of Polyface Farm, the father of beyondorganic farming. This encounter became the starting point of Pollan's groundbreaking book, which in turn sparked a revelation for me. In December of that same year I became the Katz coffee guy at what was then known as the Bayou City Farmer's Market on Eastside where I stayed for nearly five years before leaving to organize the Highland Village and City Centre markets. And then of course I eventually wound up here in my old childhood stomping arounds.

I guess in a way I have gotten what I asked for. You know it as Mickey's Pint Size Café that pops up every Saturday morning at The Farmstand and now on Sunday and Monday afternoons at Sassafras on Pinemont. The menu is pretty much whatever I want to cook that day, especially on Sundays.

As always, "Come soon, come early, and keep your dreams alive."



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OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday	Monuay	luesuay	wednesday	Inursuay	rriuay	3aturuay
	Montessori Magnet School, 9 Aaintenance Organization	01 Sue Barnett				Farmers Market 9AM-1PM 948 Wakefield
2	3	National Night Out	5	6	7	Farmers Market 9AM-1PM 948 Wakefield
9	10	11	12	13	14	Farmers Market 9AM-1PM 948 Wakefield
16	17	18	GOMO Annual Meeting 7PM @ GOMM	Heavy Trash Pick-Up (Junk Waste)	21	Farmers Market 9AM-1PM 948 Wakefield
23	24	25	26	27	28	Farmers Market 9AM-1PM 948 Wakefield
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Emergency Contact Information	Emergency Contact Information				
Name:	Name:				
Home Phone:					
Work Phone:	Work Phone:				
Cell Phone:	Cell Phone:				
	Payment Options				
[] Enclosed find my payment for 201	7 of \$225. (Make checks payable to Garden Oaks Civic Club.)				
[] I/We cannot contribute \$225 now;	however, enclosed please find my/our check for \$				
[] I/We will pay online (see below).					
Many of our neighbors live on limited	d, fixed incomes. Are you willing to sponsor a neighbor?				
[] Yes! Please accept my additional	gift of \$ for the year (enclosed).				

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January – December 2017

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Fill in A	mount:		
\$		Crepe Myrtle (Basic Level) Household Membership	\$25 (\$5 for Seniors)
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