Helping Our Children Cope with Natural Disaster

by Shana Tatum, G.O. Elementary

Hurricane Ike came through the Houston area and left behind much more than down-trees and electric lines. While these were physical evidence of Ike’s wrath, many times the unseen damage of a natural disaster lasts for years and may surface at the most unexpected time. It is important to recognize that children at different ages will react in different ways. For a child a natural disaster has changed their view of the world as a safe and somewhat predictable place. Children may become afraid that the event will be repeated and that the forces of nature that were so powerful and destructive could happen at any time. After a disaster, children may verbalize their fears or behave in ways that are not typical for them. Children may revert to behaviors that were common at an earlier age such as thumb sucking or may not want to sleep alone. Other children may develop physical symptoms, especially when they may need to leave their parents, such as at school time or with a babysitter. These symptoms may be severe or mild, however, it is important to remember that the child may be unaware of what is causing them to feel fearful or to change their behavior.

What, then, can we do to help our children cope with the lasting, and sometimes frightening memories of Hurricane Ike?

The following suggestions are based on the American Red Cross guide for things parents and teachers can do to help children cope:

1. Provide routines to help children feel safe and secure. This will help children return to a sense of normality. Meal times, bedtime and a return to regular activities help restore this sense of order.

2. Accept that your child may need extra reassurance and allow them to be more dependent on you for a while (2-3 weeks). Give more hugs, let them sleep with their teddy bear or sit with them until they fall asleep.

3. Children’s access to news media needs to be monitored carefully. While adults are fascinated by the news reports and continual repeats and updates, children may find this very frightening. Limit the amount and type of news reports your children see.

4. Talk to your children and provide opportunities for them to tell you how they feel. Children may have views of events that are distorted or inaccurate. Be sure to encourage them to share and validate their ideas and at the same time explain the accurate accounts.

5. Drawing, painting and puppet activities that involve storytelling help children express their feelings and experiences.

6. Reassure your child that the hurricane is over and that we have sophisticated weather devices to help us prepare should there ever be another hurricane in the Houston area.

Talk to your child’s teacher and/or pediatrician for more suggestions if you start to see that your child’s feelings are overwhelming their day-to-day functioning. A traumatic event such as the hurricane may be magnified if other events, such as the loss of a loved one, are combined. Should you need additional support, this does not mean you have failed to help your child. Sometimes children respond to a different person with whom they feel they can disclose their feelings and then leave them behind. Remember to take care of your needs so you can support your child(ren). Working together we can finish the recovery efforts from Ike!

Oct 7th National Night Out photos are shown throughout this issue.
Citizens Patrol Program

by Carl Waters, Jr.

Since Ike arrived in September many of us have gotten to know our neighbors a little better. Ike’s aftermath caused my block to have an impromptu National Night Out on October 7th. Thanks to Craig and Peggy Kramer for opening their driveway to the 700 and 800 blocks of W. 31st ST. I have been without my normal communications methods (thanks to an unnamed communication company) so I was not able to keep up with the other neighbors who hosted block parties this year. If you hosted one, thank you.

In October a new patroller joined the program. Sally McDaniel attended her certification program and ride along and is now patrolling the streets of Garden Oaks.

August Crime Statistics (3)

Burglary
900 block of W. 42nd ST on Tuesday, August 5th at 3:30 pm (residence).

Burglary Motor Vehicle
400 block of W. 34th ST on Friday, August 15th at 8:00 pm (street).

Garden Oaks Gazette

The Garden Oaks Gazette is the official publication of the Garden Oaks Civic Club and is published on a monthly basis. Submission deadline is the 15th of each month for publication the next month unless otherwise noted. No exceptions.

Publication of any article not related to the Civic Club does not imply endorsement by the Garden Oaks Civic Club and is solely the opinion of the author.

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GazetteDelivery@gardenoaks.org

(Open)—Advertising Director
GazetteAds@gardenoaks.org

Driving While Intoxicated
3000 block of Lawrence on Monday, August 17th at 1:51 am (unknown).

For the year 53 crimes have been reported on the HPD website as compared to 74 through August of last year or an approximate 29% reduction from last year.

Inquires about joining the Citizens Patrol Program or about other community safety issues can be directed to me via neighborhood website GardenOaks.org, or to the COP email account at GOCOP77018@AOL.com or by phone at 713.864.1992.

Emergency Numbers

Emergency Services 911
HPD Non-Emergency Services 713.884.3131
Constable Dispatch 713.755.7628

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James Flowers—President
223 W. 31st 713.205.1493
president@gardenoaks.org

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802 Lamonte 713.202.7113
vicepresident@gardenoaks.org

Jerry Butler—Treasurer
871 W. 41st 713.822.3175
treasurer@gardenoaks.org

Cindy Bartos—Secretary
831 Azalea 713.694.6697
secretary@gardenoaks.org

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beautification@gardenoaks.org

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constable@gardenoaks.org
2009 Civic Club Operating Budget
by Cindy Bartos, Secretary

The Garden Oaks Civic Club Board met on October 12th to consider the proposed 2009 operating budget. Printed in this Gazette is the proposed budget. A detailed budget showing line items of expenditures and income will be available at the November 5th Civic Club meeting. As prescribed by our by-laws the proposed budget must be published in the November Gazette and then voted on by members at the December 4th meeting.

Garden Oaks Nominating Committee and 2009 Officers

President James Flowers has appointed a nominating committee consisting of Jerry Butler j1982b@comcast.net, Terry Jeanes terry@terryjeanes.com, Lori Kennedy lori@blue-funk.com, Jay Tatum jay.tatum@hok.com, and Carl Waters cwaterjr@aol.com. The nominating committee will recommend a slate of officers for the Civic Club.

Anyone having an interest in serving as a Civic Club Officer should contact a member of the nominating committee. The slate presented in December, will also be available on the Garden Oaks website, www.gardenoaks.org, and in the next Gazette. Nominations will also be taken from the floor during the election held at the December meeting. For questions contact Terry Jeanes at 713.812.9154.

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Some Great Listings in and Around our Neighborhood!

1078 W. 42nd St
Garden Oaks
Darling cottage, updated kitchen, double pane windows on LARGE corner lot. Low $200ks

1030 Lamonte
Garden Oaks
3-2-1 w/converted attic space. Over 1600 sq. ft. Ready for your updates. Low $200ks

232 W. 33rd St
Garden Oaks
Lovely, open plan. 3 bedroom, 3 bath on large shaded lot. Over 2400 sq. ft. High $300ks

1734 Lamonte
Oak Forest
New!! by Hess Homes. Elegant finishes. HUGE gameroom. 3278 sq. ft. Low $500ks

Cherry Wolfarth, Realtor 7crs, abr
Cell: 281-704-5727  Office: 713-686-5454  email: cherry@cherrywolfarth.com
Garden Oaks Elementary

Dates to remember

A few reminders for the neighborhood from Garden Oaks Elementary School:

- **Nov 4th** – Election Day – GOES is a polling location, come early or late 7 am - 7 pm
  
  Come cast your Vote!

- **Nov 10th-14th** – Montessori Awareness Week. Parent led tours daily at 9:00 a.m. to learn more about this unique neighborhood program. Applications for the 2009-2010 school year will be available beginning December 8th.

- **Nov 13th** – 6:00 pm Montessori Curriculum night – come visit and hear how the Math curriculum connects key concepts from age three to 6th grade. All are welcome.

- **Nov 26th-28th** – Thanksgiving Holiday
  
  Thanks to all who came and participated in the Fall Festival. We were glad you came.
Getting Ready for the Next Storm  
by Ed de Alba

Like most everyone in the neighborhood, Brenda and I lost power after Ike for 15 days. We ran a 5Kwatt generator 24/7 for most of those 15 days which kept our pond fish alive, the refrigerator cold, powered the TV, a few lights, a few fans, and a small window A/C unit. Vacuuming and powering the clothes washer were a real treat.

And like most everyone, I doubt I’ll use my generator again for the next several years, which means that if I want it to run well again, or at all, I’ll need to store it properly. What follows are a few suggestions for long term storage of any gasoline engine and some thoughts about converting a gasoline only generator to one that can also run on natural gas.

Get all of the gasoline out of the tank and out of the carburetor. Gasoline has a very short shelf life. As it ages gasoline forms a varnish-like material that clogs and gums up everything it touches. This varnish can be fatal to a carburetor, especially one that has sat unused for several years. There are gasoline preservatives on the market that help to extend the life of gasoline but I know of none that I would trust to keep gasoline fresh for more than a few months. I drained my gasoline tank completely and then restarted the generator and ran it dry to ensure no gas remained in the carburetor. Change the oil. My generator required the oil to be changed after the first 20 hours of operation and every 100 hours after that.

Roughly, 1 day of running, and every 4 days after that. Check your manual for recommended intervals. Not changing the oil may cause the engine to seize. Also change the oil prior to storing the machine.

Squirt some clean oil into the combustion chamber. Remove the spark plug and squirt some oil into the combustion chamber, then pull on the starter chord a few times. This will lubricate the top end of the piston and help keep the piston rings from welding themselves to the sleeve.

I haven’t made the modification yet but I am thinking hard about getting a carburetor conversion kit that would allow me to run my generator on natural gas, propane, or gasoline. I’ve found a few vendors on the web and it looks like it will cost about $200 to buy a kit. Some gas line work will also be required but the advantages look very tempting. First off, I won’t have to look for gasoline and wait in long lines when I do find it. Second, I estimate the cost of an equivalent amount of energy from natural gas to be less than $1.00 per gallon of gasoline. These 2 benefits alone make me think this modification is a winner. However my best hope is that we don’t have another storm like Ike for a good long time.

Beautification Update  
by Brenda & Ed de Alba

A number of our greenspaces suffered at the hand of Hurricane Ike and it will be a while before enough time passes to look upon the damage as a bad dream. The Gazebo Park lost two large “sister” oaks but thankfully the gazebo was spared. Garden Oaks Boulevard also lost some trees and will need to have some of the larger tree-like shrubs staked to provide additional support.

A tip of the hat to: Matt Roesler for working at the Randall Berm and restoring the crushed granite path that was washed away after the culvert became blocked with broken tree debris….. The unnamed volunteers who staked the large Loropetalum shrubs in the Triangle Park….. Mark Saranie, Sheila Briones, Charlotte Hayes, Lucy Lopez, Ed & Brenda de Alba for weeding and sprucing up the rose and sign bed at the Rose Garden…..

The Gazebo Park needs a new park captain. Bill Holden and Scott Easterly did a truly amazing job the last 3 years lovingly attending to the Gazebo Park. Other equally, personally enriching endeavors that take all of their free time have forced them to relinquish their park captain duties. If you live near this park (even if you don’t live near this park) and would like to be more involved, please contact us at 713.694.5934.

Late October through February is an excellent time to plant new trees, shrubs, and perennials. A number of people have approached us about helping neighbors replace trees and shrubs lost to Hurricane Ike using the contacts we’ve cultivated with area plant wholesalers. Brenda and I are currently assembling a list of attractive and strong growing shrubs, understory and full-sized trees which can be purchased at cost. Let us know if you’re interested in participating in this type of effort.

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Neighbor’s Day Out
By Carl and Leslie Waters

It wasn’t planned but neither was the thump that night. Around 4:30 a.m. on September 13, 2008, amidst the howling winds of Hurricane Ike, I heard a thump. As the lightning filled the sky, I could see more of our neighbor’s home than I could when I went to bed the night before. It took a few minutes for me to realize that the Water Oak next to my drive was down. In the next flash I saw my neighbor’s truck parked across the street and as the skies lightened the next morning I saw the truck was not harmed - the tree had fallen diagonally across the drive not hitting anything but part of the large Live Oak which was on the other side of the drive.

As the day progressed our neighbor, Sean Jez said if we had a chainsaw we could cut it into smaller pieces and move it out of the way to open the driveway. And so it began... neighbor’s day out. Sunday arrived and by early afternoon, a borrowed chainsaw was delivered to our home and at almost the same time neighbor Chris Caudill arrived with another chainsaw he purchased in San Antonio. Chris also brought generators for a couple of the neighbors. Almost as soon as we fired up the two chainsaws neighbor Mike Foy crossed the street offering his chainsaw for the project. With three chainsaws and an axe, the tree was cut up and moved within a few hours and the driveway was cleared. A big round of thanks to Sean and Beth Jez, Jeff, Beth and Ryan Culver, Doctor Dave, Mike Foy and Chris Caudill for making it possible.

Critter Corner
by Casey and Mau Mau Farris

Whew! With the storm recovery September and October are a blur to me. I am so glad that Thanksgiving will soon be here. This is a day set aside to give thanks for our blessings. Giving thanks is a powerful tool that can dramatically improve your life and the lives of those around you. Start by embracing gratitude’s special day, and then make it a habit! Mau Mau takes a minute to be grateful.

Critters 101:
Reasons to Give Thanks for Your Pet

Think about the animals that have given you joy: Dogs that love you with every inch of their hearts, cats that think your lap is the best place in the whole world to nap, birds whose songs uplift your spirit, squirrels whose antics put a grin on your face and so many others. What animals and pets add to your lives is good. Here are some reasons to be thankful for your pet:

**Love** – If there is one thing you know, it is that your pet loves you. If you love your pet then that love comes back to you tenfold.

**Companionship** – Your pet keeps you company, and that company helps you to feel less lonely and isolated, especially if you live alone. Coming home to your pet gives you something to look forward to. If you leash up your dog or cat and stroll through the neighborhood, more than likely someone will talk to you. Studies show that people walking with a dog talk to new people far more often than if the dog wasn’t with them.

**Physical contact** – Studies show that cuddling and stroking your pet is good for you. It makes you calmer and can even lower your heart rate and your blood pressure.

**Someone to Talk to** – Talking things out relieves a lot of internal pressure. Talk about anything – your pet will listen. Even better, he won’t disagree, interrupt, or tell anyone your secrets. Motivation to exercise – Most pets need exercise every day. Whether it’s walking your dog, riding your horse or playing with your cat, you will be getting exercise too. Physical exercise helps you to deal with stress and sometimes gives you the opportunity to get outside and breathe some fresh air.

**Security** – Some pets promote a feeling of safety. Your dog barks when he hears or smells something out of the ordinary, and your cat wakes you if there is smoke in the house. Sometimes just having your pet nearby is enough to make you feel less anxious and more secure.

Dear Mau Mau: What are you thankful for? H. Hickman

I am so thankful for the nice place we evacuated to because of the hurricane. We were in the woods by Lake Conroe. Every day we saw deer with a rooster in tow. This rooster actually was part of the herd. Mama said his name was Rufus Tyrone Gonzalez. We also had an opossum in the house all night long and that was lots of fun. Then we saw a skunk and later three foxes. Mama said they could not come in the house. There were also lots of birds and creepy crawling bugs all because of the woods. I like woods. I am also thankful that most days the sun shines through my window and nowadays Mama calls me “The Emperor.”

Thank you God.

Mau Mau
Two long-time Garden Oaks teenagers have returned to elementary school this fall – this time to give back to a place they say helped them grow. For Daniel Norton and Steven Roberts, fall weekends mean football games, homework, playing in a rock band, competing in robotics, epic Xbox battles and lazy text-messaging sessions. Now they have added hard work and lots of sweat. For these young Garden Oaks Elementary School alumni have come full circle, returning to campus to build two major landscaping projects as part of the pair’s commitment to give back to the community that helped shape them. They will be earning their Eagle Scout rankings with these service projects.

The first project, organized and executed by Daniel in October, includes building a dry creek and bridge, while planting additional landscaping. Steven’s project, slated for November 16, is building a landscaped labyrinth, designed to be a peaceful, meditative place for students, teachers and parents. It’s all part of the continuing GOES gardening initiative, driven by school parent Vena Golt. The neighborhood campus now includes vegetable gardens tended by students and sponsored by Urban Harvest, a National Wildlife Federation Natural Habitat with native plantings, Texas trees, a teaching pond, a fruit orchard, a rose garden, a butterfly garden and many other educational gardens that grow more beautiful each year.

The dry creek and bridge will solve a recurring drainage problem. Soil dug up from that project will be used to build the labyrinth that’s sure to be a draw to young students. Daniel and Steven both hail from Boy Scout Troop 20, sponsored by St. Matthew’s Methodist Church at Shepherd and Crosstimbers. The Senior Patrol Leaders for their troop both grew up and went to school in Garden Oaks.

A home school program graduate, Daniel Norton, is attending Houston Community College at the age of 17. He also plays in a rock band that performs around town. Steven Roberts, also 17, is a junior at Waltrip High School, where he is captain of the Robotics team and a member of the National Honor Society.

For Steven, one of the original students in the acclaimed GOES Montessori Program, giving back to the community runs in the family. His parents Jane Ann and Marc helped create the Montessori program 15 years ago, while his brother Chris did his own Eagle Scout Service Project at GOES in 2006, planting a fruit orchard and two arbors. Chris’ friend and another alumnus, James Sayre, built the GOES butterfly garden and an arbor last year for his Eagle Project. For most of his life Steven has been a scout, delivering Gazettes, and helping with school, community and church projects.

Steven’s labyrinth project is set for Nov 16th. Help is still needed for this challenging project, and Steven invites all Garden Oaks friends, neighbors and scouts to come out and work. To donate money or materials for GOES beautification efforts, stones or crushed granite for the labyrinth, please call Vena Golt.

Contact: Vena Golt, 713.498.3418; Mark Klein, 281.536.6063
Heard Under the Oak Tree
by Terry Jeanes

Welcome New Neighbors
Congratulations on joining us. We hope to see you at a civic club meeting soon.

227 West 31st  1407 Sue Barnett
3306 Lawrence  810 West 42nd
859 West 42nd

November Birthdays
Stacy Gross  2nd
Holly Veech  8th
Caroline Padon  12th
Maggie Veech  18th
Kit Schoenfield  23rd
Cheryl Cohon  28th
Katie Swick  4th
Sheila Briones  14th
Colby Bell  20th
Lucy McLean  25th

Belated birthday wishes to Shreda Pare 15th of October. And Mark Saranie celebrated his October birthday with a surprise party thrown by wife Susan Saranie.

Celebrations
Happy Anniversary Mark & Katie Swick November 10th.

New Discoveries
Ed de Alba recently discovered a baby turtle in his pond. After adopting three turtles from Terry Jeanes and giving a home to a wayward turtle found by friend Leslie Saunders in the last 6 months, low and behold after Ike’s passing there was new life in the pond.

Out and About
Jerry Butler enjoyed a recent trip to Spain. Tina Parks, Shelley Rogers, and Brenda de Alba were busy touring the farm fields and antique booths in Warrenton mid October.

Special Thoughts
Well wishes for Cindy Jennings who recently took a tumble from a horse. Glad to know you are fine and several of us in the neighborhood understand your bumps and bruises all too well.

Condolences to family and friends of Michael Vigliani who passed early Oct. Additional condolences to the Millard and Cathy Land who lost their long time companion and family dog Molly and also to Jason and Alisha Cunningham family whose dog, Mia, passed October 16th.

To highlight an event, celebration, or other tidbit, contact Terry Jeanes at 713.812.9154 or terry@terryjeanes.com.

Curbside Recycling: Resumes in November!
by Dian Austin

The City of Houston Solid Waste Management Department (SWMD) suspended curbside recycling services after Hurricane Ike, since the crews and equipment were being utilized to collect storm debris that resulted from Hurricane Ike. Curbside recycling is set to resume the last week of October.

Curbside recycling dates will be November 12th and 25th for all of Garden Oaks. Put those green bins out! There are still green bins available on my porch at 733 West 42nd if you need one.

During the aftermath of Ike, a lot of neighbors utilized the recycling sites below, which are always available:

The nearest city depository is at 3602 Center Street, about 5 miles from Garden Oaks. The depository fronts on Center Street, one block north of Washington, and one block east of Heights Blvd. It is open 24/7. Items accepted include paper, cardboard, plastics, glass, tin, and aluminum cans.

Paper-only recycling depositories can be found in the parking lots of the Garden Oaks Baptist Church on N. Shepherd, St. Rose of Lima on Brinkman, and the YMCA on W. 34th. Look for the green and yellow bins.

November 2008
November’s Block Captain of the Month is Johnny Murphy, who lives in the 1500 block of Sue Barnett with wife, Cindy and their son, Matt. Johnny and Cindy have lived in Garden Oaks about 32 years, and have both been involved in various activities in the neighborhood. I first met Johnny about 25 years ago, when he and I worked on the home tour together (laying plastic runners in peoples’ homes).

Johnny is being recognized for his long-term and dedicated service in delivering Gazettes to his block for some 20+ years.

Johnny wins a $25 gift certificate to Tony’s Mexican Restaurant on Ella Blvd., compliments of OD’s Printing (Oscar Ochoa). Thanks, Johnny, for all your help!

If anyone else wants to join the Great Gazette Delivery Team, please call Dian at 713.691.6505. If you’d like to nominate your Block Captain for the monthly prize, call or email me at fallingwatert@yahoo.com. (And if you never ever get your Gazette on time, let me know too!)

Tux Irvin resting after a vigorous play date with his friend Lexie Austin. Tux belongs to Al Irvin.

Share a photo that captures what we as residents of Garden Oaks see or experience in our neighborhood; children playing, a neighborhood gathering, the rich nature found in GO, anything that provides insight into the things we enjoy about our lives in this neighborhood.

Send your photo submission to gazette@gardenoaks.org. Include your name and a brief description of the image for consideration as photo of the month and we’ll do our best to work with whatever you send us!
Simply put, WE ARE SHORT FUNDS FOR OUR DAYTIME DEPUTY. With Ike’s distractions, the delay in the Civic Club mailer, many parties paying later rather than earlier in the year, and some only having made partial contributions, the Civic Club is short of its commitment. Without an immediate influx of funds the civic club deputy contract will go into suspension.

Just remember those dark nights in September when our officers were protecting our area 24/7: aiding with batteries from their flashlights for a neighbor’s dialysis machine, delivering ice, running off unwanted visitors after curfew, passing out popsicles to the kids, and deterring the speeding cut thru traffic from the Crosstimbers/43rd and Shepherd light back ups. The Precinct One Officers continued their commitment after the storm by visiting 10 parties throughout the community on National Night Out. Thank you, officers, your assistance in our area is exceptional.

So, complete the enclosed form and support the program TODAY!!! Waiting will not keep the Daytime officer here! As noted in a local neighbors list serv comments following Ike… “Best money we have ever spent…. the Constables are the best!”

Your Financial Support Is Needed Now
Contribute today by filling out the form inserted in the Gazette or by using the form available online at http://www.gardenoaks.org/Resources/ContributorForm.pdf. Two payment options are available: a $180 check for the entire year or a $15 per month bank draft option.

Constable Program benefits include:
- 40 hours of a designated Harris County Constable.
- Security Checks for insurance discounts.

September 2008 Statistics
Miles Patrolled 4743
Court Citations 16
Alarm Responses 4
Written Warnings 2
Vacations Watches 28
Suspicious Vehicles 24
Park checks 117
Criminal Offenses 2
Arrests 0
GO Kids News
by Tonya Knauth

Moms’ Night Out for November will be 7pm Thursday, November 6th at Thai Spice on 19th St. BYOB!

There will be no Family Potluck in November. Happy Thanksgiving!

Our neighborhood abounds with joyful new additions these days! We know how overwhelming a new baby can be to a family, so we provide several meals for the family during those stressful first weeks. If you are expecting or know a neighbor who is, please let us know!

Please join us for our standing playgroups on Mondays and Fridays at 10am at Candlelight Park.

GO Kids was started by a group of parents who want to build a family-friendly neighborhood where children and parents know each other and grow together -- all GO families are welcome! Aren’t on the GO Kids list serve? Want more information about GO Kids? Contact Tonya Knauth at 713.628.8243, or tknauth@comcast.net.

Garden Oaks Sisterhood
by Dea Larson

Thanksgiving and Christmas are just around the corner so join the GO Sisterhood on Thursday, November 20th for an early kick-off to the holiday celebrations. Our meeting will be held from 7:30 to 10pm at the home of Kathy Silver and Anna Fornaris, 826 Lamonte Lane. Please bring a beverage or snack to share with the Sisters. In the spirit of sharing our abundance with others, we ask that you also bring a non-perishable food item for a fellow Houstonian in need. The Sisterhood will see that all donated items are delivered to a local food bank.

The Garden Oaks Sisterhood is open to all Garden Oaks women and newcomers are always welcome. Questions? Feel free to contact Dea Larson at dealarson@aol.com or 281.920.0325.
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<td>Maltbie Family Benefit 4:00 PM St Rose of Lima</td>
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<td>GO Sisterhood 7:30 PM 826 Lamonte</td>
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