

jazzercise® Triple Play-
cardio
strength
stretch

Give Us A Whirl!
ONE WEEK FREE
**(mention the Garden
Oaks Gazette!)**

9 Classes Weekly

**Mon, Tue, Thu - 5:15 pm, 6:35 pm
Wed - 5:00 pm, Sat -10:00 am,
Sun - 4:30 pm**

**Wear comfortable clothing that does
not restrict your movements
and allows for sweat evaporation.
Also be sure to bring a water bottle
and towel.**

**To view basic movements
performed
in class, go to jazzercise.com.**

**In Your Neighborhood Since 1981!
Garden Oaks Baptist Church Gym
3206 N. Shepherd
Call Instructor Jane Luco
(713)688-8192**

jazzercise.com • (800)FIT-IS-IT