



## The Fall Festival

Come one, come all... Mark your calendars for the *2<sup>nd</sup> Annual Garden Oaks Fall Festival* on **Sunday, October 27 from 3-6 PM at the Rick Englert Spark Park** adjacent to Garden Oaks Elementary School. We will once again have yummy food, fun activities and excellent prizes for the entire family—including your four-legged friends. All Garden Oaks neighbors and friends are welcome and encouraged to attend.

**Fun for the kids!!** The Fall Festival is the place to debut this year's **Halloween costumes**. We will have prizes and certificates for all of the scary (and not so scary) little creatures. Kids and adults alike are invited to bring a carved or decorated pumpkin to enter in the **Pumpkin Contest**. Free **Face Painting** adds to the fun. This year we are honoring the everyday heroes protecting our neighborhood with an on-site fire truck, squad car and rescue helicopter for all festival goers to visit and explore. Plus, Garden Oaks' own Tina Sabuco and the cast of **ARTS ALIVE!** will share their unique combination of music, motion and magic to bring out the super hero in all of us with the ever-popular "Superhero Summit." Will the bubble people ever be rescued? The only way to find out is to don your cape and mask and show up at the festival!!!

**Fun for the adults!!** Channel your inner Martha Stewart and bring your favorite cake, pie or cookie to enter in the **Dessert Contest**. Find out what makes Garden Oaks the best neighborhood in town at **Informational Booths** representing civic club committees and local organizations. Beautify your home with inexpensive, healthy potted plants from the **Garden Club Plant Sale**. Learn fun facts about your neighbors by playing Garden Oaks Bin-"GO." Impress your kids with your might on the **Volleyball** court and earn bragging rights in a good old-fashioned **Tug 'o War**.

**Fun for the dogs!!** What's *not* fun for dogs?! **Casey Farris and the gang at Bone Voyage** have a bunch of tricks up their sleeves to make sure our doggie friends are having as much fun as us humans! Dogs are invited to get into the Halloween spirit, too. We'll have a **Canine Costume Contest** and a whole slew of activities to keep them busy including bobbing for tennis balls, musical chairs, and paw print art. Plus see how your Fido stacks up in the contests for the longest tail, longest tongue, oldest dog and dog who most resembles his or her human companion. We will really test your coordination with the first annual **7 Legged Race**—you have to see it to believe it! You are sure to get affectionate licks from your pup and you might even win a year's supply of dog food or one of the other generous prizes from our local sponsors.

**Fun for your belly!!** Free hot dogs and lemonade will be provided and **you** will help to round out the menu. Neighbors with last name starting with A - L

*Continued on page 5*

## Houston, We Have A Problem!

*Casey Farris*

Feline Overpopulation is our problem and it exists right here in Garden Oaks. A pair of breeding cats can have two or more litters per year and over a seven-year period this can exponentially add up to 420,000 offspring. Think about it!

Feral cats are the "wild" offspring of domestic cats and are primarily the result of pet owners' **abandonment or failure to spay and neuter their animals**, allowing them to breed uncontrolled. Already, U.S. animal shelters are forced to kill an estimated 15 million homeless cats and dogs annually. All of this carries a hefty price tag for the taxpayer. There is a solution and you can help!

*The Solution* - A group of Garden Oaks neighbors have formed a task force called "Cat Catchers." We are going to copy the  
*Continued on page 3*

## Civic Club Meeting

*Tuesday, October 1<sup>st</sup>*

The next Civic Club Meeting will be held on Tuesday, October 1<sup>st</sup> at 7:00 P.M. in the Garden Oaks Elementary School Multi-Purpose Room.

## Hail to the Chef

*Kenneth Santos*

---

I have been accused of thinking too big on more than one occasion. My wish list for Garden Oaks is big, but I don't think it is too big and I would like to share with you some of the improvements and programs that I would like to see considered and implemented.

A Constable Patrol Program, 24 hours a day, seven days a week, that would help to make our neighborhood safer. *Currently, the program is dangerously close to ending due to lack of support and funds. We live in a major city and the crime element is everywhere waiting for an opportunity. If you haven't been touched by crime yet, it is just a matter of time.*

*A program designed to assist the elderly with minor home and yard maintenance.* This program would help those individuals who can no longer fix those hanging gutters or tend to the peeling paint. This program could team up with neighborhood churches or youth groups.

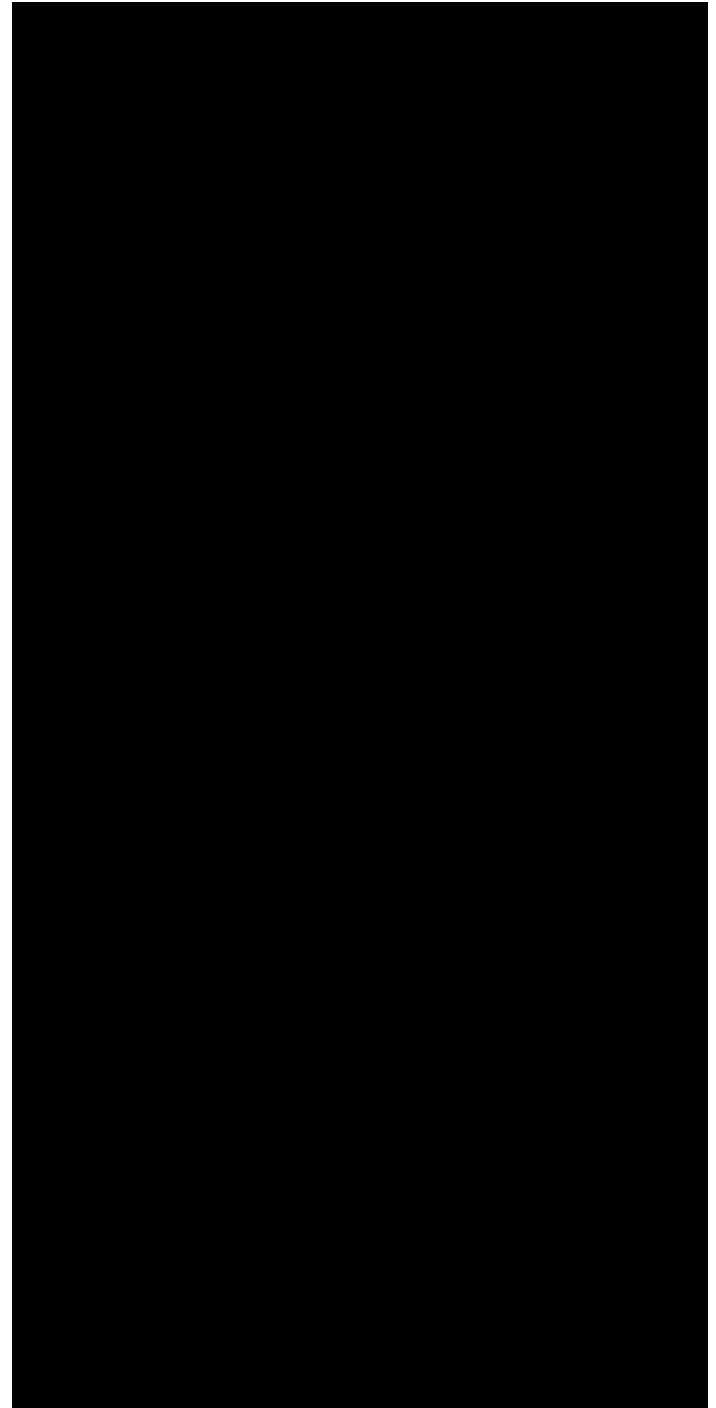
*A Scholarship Program to assist students residing in GO.* What better return on an investment could you ask for than to help them attain their goal of achieving a higher education and becoming better "world" citizens?

*Space to be used as an official meeting hall that we could call our own.* Wouldn't it be great to have a permanent location for Civic Club meetings, GOMO meetings, Garden Club and other committee meetings?

*SRO at our monthly meetings where we will be discussing all of the great things happening, not the "we needs."* Constantly hearing we need volunteers, we need donations, we need your support, has turned some folks away from getting involved. Doing that does not help the situation, but only serves to exacerbate the problem. It becomes a vicious circle. We continue to ask the same questions again and again, and you the listener get tired and turn away.

How would GO fund the above programs? We could have fundraisers – something that hasn't been done in the past. GOMO has indicated that some of the funds it collects may be returned to the CC for neighborhood enhancement and beautification and those funds could be used to help support some of the above programs. GOMO will be more than just deed enforcement.

This is where I would normally ask for volunteers or help, but I will not do that this time. Instead, I will ask you if you think any of the ideas on my wish list are important to you.



Do you feel that any or all of the above will improve our neighborhood? Does having 24/7 Police protection make our neighborhood safer? Will any of the above increase our property values or make our neighborhood more marketable?

If you have answered "yes" to any of the above questions (and this is a good time to think selfishly) then you need to rethink your part in this neighborhood.

## Time for a Change?

*Joe Muscara*

This issue marks my two-and-a-half year anniversary as editor. For the past few months, I've been thinking about moving on from my position here as *Gazette* editor. I thank everyone for their comments, and I thank all the contributors past and present. Without them, you would be getting a blank sheet of paper every month! The *Gazette* would literally be nothing without them.

I don't want to just say, "I'm not going to do it anymore, please find someone else to do the next issue." I'd much rather find someone who truly *wants* to be the editor, and hopefully can bring something new to it. I think that if someone takes the job simply because it needs to be done by somebody, then that's the kind of *Gazette* you'll get.

Barring that, perhaps another option is to have someone who can help with the editing and layout so I can step back a bit and do a little less. I haven't determined exactly how that would work yet; I think that's something to be determined if and when the person steps up. If you're interested in working on the *Gazette* in either way, please let me know.

Note that the email addresses for the civic club have changed as part of the GardenOaks.org web site being set up. This should make contacting the various positions much easier as the email addresses won't change when the volunteers do. These email addresses actually forward to the volunteer, so any changes are made on the server, not in your brain.

## MOMs Club of the Garden Oaks/Heights Area

*Miriam King*

Hey all you moms out there! The local MOMS Club chapter is recruiting new members October 16th at 10:00 am. Bring your kids and join the fun at our open house held in the Garden Oaks Baptist Church fellowship hall. MOMs club is a non-profit organization created to provide mothers of small children a place to meet and support one another as we raise our kids. The club organizes various activities including Mom's Night Out and weekly or bi-weekly playgroups based on children's ages, from newborn up. Come meet us and find out more about who we are, or call Victoria at 713 864 4611. The more the merrier!

### GOMO Directors

|                                    |   |
|------------------------------------|---|
| <i>Section One</i> Donna Archer    | 713 863 0532<br>dwright8@houston.rr.com |
| <i>Section Two</i> Sam Stengler    | 281 773 3478<br>sstengler@covad.net     |
| <i>Section Three</i> Richard Stark | rstark@lucascareers.com                 |
| <i>Section Five</i> Margie Dalton  | 713 705 0499<br>mdalton@jaeger.com      |

### Garden Club Officers

|  |              |
|--|--------------|
| <i>President</i> Janet Cones           | 713 956 7340 |
| <i>Vice President</i> Holly Veech      | 713 861 8093 |
| <i>Secretary</i> Susan Spooner-Gunther |              |
| <i>Treasurer</i> Tina Nieto            |              |
| <i>Yard of the Month</i> Terry Jeanes  |              |
| <i>Sunshine</i> Barbara Ballance       |              |
| <i>Phone Committee</i> Cathey Land     |              |

*Continued from page 1*

methods of the Feral Cat Coalition and many other communities across the nation to trap - neuter- release (TNR) our colonies of feral cats. We know of at least six colonies throughout the neighborhood and there may be more. Many studies have shown that this is the most successful method with the least possible cost.

**What You Can Do** – 1. Spay / Neuter your pets. 2. Give money (we need at least \$45 a cat and we know of 40+ cats so far). 3. Join the "Cat Catchers" and help us make a difference for Garden Oaks. Even one spay or neuter makes a big impact.

#### *Section I*

Donna Archer, 713-863-0532, dwright8@houston.rr.com

#### *Section II*

Cynthia Flowers, 713-697-7199

Lori Kennedy, 713-691-6833, lorik@houston.rr.com

Joe Muscara, 713-691-6833, jmuscara@houston.rr.com

Lori Weeks, 713-699-2284, lweeks@houston.rr.com

#### *Section III*

Dodie Davis, 713-699-3450, drdodie@houston.rr.com

Cathey Land, 713-695-3171, clland@houston.rr.com

Tina Sabuco, 713-692-6778, tinamarie@houston.rr.com

#### *Section IV*

Janna Alsobrook, 713-683-0882, banana3@ev1.net

Patti Bloomer, 713-680-3056, pjart@ev1.net

Marlene Caldwell, 713-682-8641, mcaldwell@att.net

#### *Section V*

Casey Farris, 713-683-6191, casey@goDOGusa.com

**AMS REMODELING**



- Room Additions
- Garages
- Garage Conversions
- Kitchens
- Bathrooms
- Hardie Siding
- Painting
- Ceramic Tile
- Patio Covers
- Sheetrock

**REMODELING**  
Commercial • Residential

**Call for  
FREE ESTIMATE**  
**713-773-6803**

SHANNON & ASSOCIATES, INC.

Shannon L. Nelson, ASID  
Registered Interior Designer #2026

studio 713.802.9301  
fax 713.802.0071  
pager 713.285.4287

Residential & Commercial Interior Design  
208 W. 34TH STREET HOUSTON, TEXAS 77018

**termite terrace studios**  
www.t2studios.com



web design  
consulting &  
development

Joe Muscara  
joe@t2studios.com 713 691 6833



**GREENWOOD KING  
PROPERTIES**

*If you are thinking of  
buying or selling a house,  
call your neighbor –  
I know Garden Oaks!*

1801 HIGHTS BLDG.  
832.476.4123  
deanna@greenwoodking.com

**DEANNA ZUGHERI**  
www.GardenOaksHomes.com

## Minutes of the September 3, 2002 Civic Club Meeting

*Lori Kennedy, Secretary*

President Kenneth Santos called the meeting to order at 7:01 p.m. The July minutes were accepted as published.

### Officer Reports

*Treasurer* – Treasurer Margie Dalton reported the constable fund no longer has enough money; at present it is about \$2500 short for the October bill.

### Standing Committee Reports

*Beautification* – No report.

*GOCOP* - Chair Carl Waters reported the June and July crime statistics. There has been a significant increase in reported crime so far this year as compared to last year. GOCOP can be a valuable tool in decreasing crime in the neighborhood and patrollers are always needed. Contact Carl at 713.864.1992 for more information or to volunteer.

*Constable Program* – Deputy Moncrief reported that he has responded to several burglary calls over the last couple of weeks. There is a white male, who drives a white Ford Econoline van without plates, stealing unattended items from yards. There has also been a Hispanic couple (the woman has orange hair) in a small turquoise car stealing from the neighborhood. He reminded people to use their alarm systems and that vacation watches are available for paid supporters. Co-Chair Terry Jeanes reported that we will not go forward with a new constable patrol contract for 2003 until 70% of the year's funds have been collected beforehand. The funds will be held in escrow until a new contract is signed. If funds are not collected before the end of the current contract, we may be without a constable patrol at the end of the year (2002). The current contract is scheduled to expire in November but it is uncertain if we will be able to make the payment for November, so the current contract may have to be cancelled early. More information will be in next month's *Gazette*. Contact Terry at 713.812.9154 for more information or to support the constable program.

*Gazette* – Chair Joe Muscara reminded everyone that the deadline for submissions is the 15<sup>th</sup> of every month. The *Gazette* e-mail address has changed. Contact Joe at Gazette@GardenOaks.org or Gazette@GardenOaks.net regarding *Gazette* submissions. If you know of someone who wants to advertise, please contact Holly Veech at 713.861.8093.

*Membership* – Chair Cherry Wolfarth announced that membership is about 21% for the year so far, not quite the 25% goal yet, but a significant increase over previous years. They will invoice people to remind them about '03 dues. Members are needed for next year's committee, including someone to maintain the database. Mike Dishberger won the door prize.

### Ad Hoc Committee Reports

*Deed Restrictions* – Chair Sam Stengler reported that GOMO passed in Sections 1, 2, 3 and 5, and should be incorporated soon. Without a captain, Section 4 was not able to collect enough ballots and will have to re-do the effort to join GOMO at a

future date. There will be a general GOMO meeting in October to take nominations for directors; elections will follow in November. Initial directors are as follows: Donna Archer, Section 1; Sam Stengler, Section 2; Richard Stark, Section 3; and Margie Dalton, Section 5. GOMO should be able to start collecting the transfer fees at closing on October 1. The initial directors will have a meeting on 9/10/02 at 7:00 p.m. at Kroger. The ad hoc Deed Restrictions Committee is now dissolved.

*GO.org* – New temporary co-chairs are Josh Hamilton and Joe Muscara. Josh reported that GardenOaks.org site is currently not working as the company providing the domain name service went out of business. However, GardenOaks.net is operational. They are working on correcting the problem with the .org site and hope to have both web addresses operational soon. They are evaluating features for the site and still need some additional content.

*Fall Festival* - Jennifer Langdon announced that the Fall Festival will be Sunday, October 27 from 3:00 to 6:00 p.m. It will be free to all Garden Oaks residents and there will be food, fun and games. Civic Club committees and local non-profit organizations may have information tables at the festivals. Local businesses are needed to help underwrite the costs.

**Garden Club**

The next meeting is at 4311 Alba and will be a potted plant swap. Contact Janet Cones at 713.956.7340 for more information or to join.

**Old Business**

President Santos announced that a committee chair(s) is still needed for the Home and Garden Tour Committee for 2003. Many committee members are already willing to assist with next year's tour. President Santos announced that Amy Shaughnessy has volunteered to take over as Garden Oaks historian.

**New Business**

There will be a committee chair meeting on Saturday 9/28/02 at 4:00 p.m. at 974 W. 42<sup>nd</sup>.

The meeting was adjourned at 7:45 p.m.

Meeting refreshments were graciously provided by Terry Jeanes of Re/Max-METRO.

*Continued from page 1*

are asked to bring cheese and onion for hot dogs or side dishes such as chips, dips, salads, etc. M – Z should bring chili or beans for the dogs or some yummy desserts to share. (Of course, no lovingly prepared food will be turned away, so bring your favorite dish even if it doesn't match your last name!)

Special thanks go out to AMS Remodeling, ARTS ALIVE!, Bone Voyage, Cinnamon Allen of Avon, Deanna Zugheri of Greenwood King Properties, Diana Tarley-James of Coldwell Banker Realty, The Frame Shop, The Garden Oaks Garden Club, Harry James Building and Design, Kandy's Catering, Kaplan's Ben-Hur, Kirkland Construction, Luxury Lawns, Miller's Café, National Pet Center and Pam's Scentsations for helping make this year's festival possible.

So grab that orange insert from the middle of this month's Gazette and stick it on your refrigerator immediately. We can't wait to see you and your neighbors on **October 27!**



**RENO'S RENOVATIONS**

3201 Lawrence St.  
Houston, TX 77018

**JOHN M. RENO**  
Renovation Specialist

Phone: 713-8060747  
Fax: 713-4263775  
Email: jreno@aol.com

**HOUSTON  
FIREFIGHTER**

Seeking Lawn Care Work  
DEPENDABLE • REASONABLE  
COMMERCIAL • RESIDENTIAL

*Since 1982*

**D.J.'s LAWN CARE**  
**713-868-5044**



**Terry  
Jeanes**

your Garden Oaks neighbor  
and area specialist

**RE/MAX-METRO**

**713-528-1800**  
**713-680-8550**



**PIANO LESSONS**

Juilliard graduate with extensive teaching and performing experience now has a few openings for students at all levels (children or adults).

**For information and/or an appointment, please call  
713-956-6855**



*Luxury*  *Lawns*

---

Full Service Lawn Maintenance  
and  
Landscape Design

**DAVID BARTULA**  
713-688-4244

Commercial Residential

 **HOUSTON  
RESIDENTIAL  
SERVICES**

Exterior House Painting &  
Carpentry

**713-705-7644**


**Lauder  
PROPERTIES**

Residential and Commercial Real Estate  
*Specializing in Inner Loop • Personalized Service*  
*Broker Owned and Operated*  
**SHARON LAUDER, BROKER**  
GARDEN OAKS RESIDENT FOR 18 YEARS

• Garden Oaks • Heights • Montrose  
• Oak Forest • Timbergrove and More!

**373 1/2 W. 19th St.**  
**(713) 862-3747**

**For all of Your  
Printing & Bookbinding  
Needs**

 **O.D.'s Printing**  
**Neighbor helping neighbor**

**Oscar D. Ochoa**  
Owner

8924 Emmott Road  
713-896-0052

## Citizens on Patrol

*Carl Waters, Jr.*

A couple of months ago I issued a challenge to the neighborhood to join the patrol program and help deter crime in the neighborhood. So far a couple of you have expressed an interest in joining our group. I thank you for your commitment. It would appear that GOCOP may soon be the only crime prevention program in the neighborhood as once again the constable program is having funding problems. I challenge ALL OF YOU that have not committed to either of these programs to get involved in protecting YOUR community. You can contribute money and pay for a deputy Constable to patrol the neighborhood or you can contribute your time and join the Citizens On Patrol program or you can do both.

For those of you with little ghosts or goblins here are a few safety tips for Halloween.

- Plan a party instead of allowing your children to go door to door.
- If you allow your children to go door to door, escort them or have older children go with them.
- Make sure children have light colors or have reflective tape on their costumes.
- Consider make-up instead of a mask. Masks can be hot and can obstruct a child's view when crossing the street.
- Make sure costumes are flame retardant.
- Remind your children not to enter a strange home or vehicle.
- Check all treats at home in a well lit area before they are consumed.

### July Crime Statistics per HPD Monthly Crime report (13)

#### *Burglaries (7)*

3200 block of Lawrence St. on July 2 at 1:45 p.m. (residence).  
700 block of W. Forty-third St. on July 2 at 7:30 p.m. (garage).  
300 block of W. Thirty-third St. on July 3 at 8:00 a.m. (residence).  
200 block of W. Thirty-first St. on July 8 at 8:00 a.m. (residence).  
300 block of W. Thirty-third St. on July 22 at 11:20 a.m. (residence).  
300 block of W. Thirty-fourth St. on July 24 at 6:00 p.m. (residence).  
3100 block of Lawrence on July 28 at 11:00 a.m. (residence).

#### *Burglary of a Motor Vehicle (4)*

700 block of W. Thirty-eight St. on July 5 at 12:30 p.m. (street).  
700 block of W. Forty-first St. on July 6 at 9:00 p.m. (driveway).  
800 block of Lamonte Ln. on July 25 at 10:30 p.m. (driveway).  
2900 block of N. Shepherd Dr. on July 8 at 4:40 p.m. (other parking lot).

#### *Auto Theft (1)*

2900 block of N. Shepherd Dr. on July 28 at midnight. (other parking lot).

#### *Driving While Intoxicated (1)*

3000 block of Durham on July 20 at 8:30 p.m. (Street).

Applications are now being accepted for patrollers over the Internet at GOCOP77018@AOL.com. You can also call me at 713-864-1992 for details about joining our program.

**Emergency Contact Numbers**

**CALL THESE FIRST - THEN CALL ME TO REPORT NEIGHBORHOOD CRIMES**

|   |              |
|---|--------------|
| Crimes in progress, Fire or Ambulance     | 911          |
| Houston Police Department (non-emergency) | 713-222-3131 |
| Precinct One Constable Dispatch           | 713-755-7628 |
| All Other City Services                   | 311          |

**Garden Oaks Montessori News**

*Brian Sherwood, VP Communications, Friends of Montessori at Garden Oaks*

The Garden Oaks Elementary Montessori program is off and running for the 2002/03 school year. We welcome all of the new and returning families. We have 108 students in the program this year in the two pre-primary classrooms, two lower elementary classrooms, and one upper elementary classroom. We count on the support of all of our parents to make the year successful for their children, and encourage you to get personally involved.

Friends of Montessori (FOM) Board Meetings: Tuesdays at 6:00-7:00 PM:

Oct. 1<sup>st</sup>, Nov. 12<sup>th</sup>, Dec. 3<sup>rd</sup>, Jan. 7<sup>th</sup>, Feb. 4<sup>th</sup>, Mar. 4<sup>th</sup>, Apr. 1<sup>st</sup> (no fooling!) and May 6<sup>th</sup>.

Please come and participate. Learn what issues are before the Montessori program. Give your opinion and volunteer your time and expertise to benefit our program.

The board of the Friends of Montessori at Garden Oaks Elementary school is made up of program parents and other concerned people to support the functioning of the program and make sure the classrooms and teachers have what they need that is above and beyond the requirements of a conventional HISD classroom. The members of Friends of Montessori at Garden Oaks elect the board members to two-year terms. The membership is made up of the parents of the children in the program and the Montessori staff at the school.

In its first five years as a pilot program, admissions was based on a first come, first serve basis. There were no preferences given to siblings. Now that the program is no longer a pilot, the admissions policies have been revised to reflect the needs of the community while adhering to current HISD admissions policies. At the request of the current school administration, we are considering alternatives to the "camp out" that has characterized the first come, first serve policy. In line with this the board is considering a lottery system that will include a sibling preference and a required parent meeting before the sign-up for the program.

More details will be forthcoming.

Thank you for supporting the Montessori program and Garden Oaks Elementary.



House Painting  
By Hand

Interior-Exterior

713-856-5000  
Mobile 832-236-0237

CARPENTRY - DOORS  
PRESSURE WASHING


Since 1913  
Houston's Finest  
Specialty Department Store  
"in the Heights"

**Kaplan's • Ben Hur**

Visit our website!  
[www.kaplansbenhur.com](http://www.kaplansbenhur.com)

Mon - Sat 10:00 - 6:00      2125 Yale 713-861-2121

**PAT WALKER**, REALTOR®



18 Year Garden Oaks Resident

"Dedicated to the Preservation of Garden Oaks"

**KELLER WILLIAMS** Realty  
The Garden Group

Off: 713-686-1818 Call: 713-412-6682



**MALDONADO LANDSCAPING**  
Lawn Service & Tree Trimming  
"Also Picket Fence Installation"  
Fully Insured

Servello Maldonado  
(713) 640-1465 P.O. Box 230459  
Pager (713) 813-6666 Houston, TX 77223-0459

## GOMO Director Elections

The Garden Oaks Maintenance Organization (GOMO) will be holding an election for its Directors this Fall.

### What are the GOMO Directors, and what do they do?

The GOMO Directors:

- Provide/appoint the members of the Architectural Control Committee
- Appoint the Officers of GOMO
- Answer questions from GOMO members and potential members regarding the Garden Oaks Deed Restrictions
- Provide information about the Garden Oaks deed restrictions to interested parties (Realtors, Title companies, Corporations, new organizations, etc.)
- Propose the distribution of excess monies collected by GOMO (if any)
- Any other activity that falls under GOMO's corporate mission.

### When does the Nominations process begin?

The volunteer nominations will begin at a Nominations meeting held immediately after the conclusion of the October GO Civic Club meeting, around 8 PM, on October 1<sup>st</sup>, 2002.

### When is the Election?

The voting will be held immediately after the November 5<sup>th</sup>, 2002 Garden Oaks Civic Club meeting (around 8 PM). For this first election, you must be present at either the GOCC or the GOMO meeting afterwards to cast your vote. Later elections may have provisions for absentee voting.

### How do I volunteer?

A flyer/form has been distributed to the entire neighborhood, briefly outlining the nomination process and the requirements to stand for election as a GOMO Director. In short, the requirements are:

- Must be at least 18 years of age
- Must reside in Garden Oaks
- Must own property within the Garden Oaks section for the Director's position that you are volunteering to stand election for
- Must not have any pending or potential violations of the Garden Oaks Deed Restrictions, excluding violations that existed before your ownership of the property
- Must sign affidavit attesting to the above

If you are interested in standing for election as a GOMO Director, please fill out the form and sign/date it. Return instructions are on the form. If you did not receive a form, contact me at the number below, or any of your GOMO Section Directors listed in the *Gazette*.

### What are the terms of office for the Directors?

Each section that is part of GOMO (Sections 1, 2, 3, and 5) can elect up to 3 Directors.

The terms of office for these Directors will begin on December 1<sup>st</sup>, 2002, and will be staggered in yearly intervals. For example, if the maximum of 3 Directors are elected for a section, the Director with the highest vote count will serve for three years, the next highest for two years, and the third for one year, unless some other agreement between the elected Directors has been made (as long as the one-year term stagger is maintained.)

Future elected Directors will all serve three-year terms.

### What if I own more than one Garden Oaks property?

If you reside in Garden Oaks, and own property in more than one section, you may stand for election in each Section where you own property. If however, you are elected to two or more Directors positions, you may only serve in one position. Priority for that service will be given to the elected Director's section of residence if it does not have the maximum of 3 Directors elected, then to a section that has no one (other than the elected Director in question) elected to a Director position, then finally the elected Director's preference, in determining which section the elected Director will represent. A person serving as a Director in a section where he does not reside will serve a term of only one year.

### Who can vote for the Directors?

All persons 18 years of age or older who own property in sections 1, 2, 3, or 5, are members of GOMO. All members of GOMO are allowed to vote for Directors for their section. If you own property in Section Two, you can vote for the Director candidates for Section Two. If you own property in Sections Two and Three, you may vote for Director candidates in both of those sections.

### When will I know who won?

Depending upon the voting-member turnout, the results of the voting may be announced within a few minutes from the end of voting. In any case, the results of the voting will be announced in the December *Gazette*, along with contact information for each elected Director.

### When do these new Directors take office?

The new Directors will take office on December 1<sup>st</sup>, 2002.

### I have some other questions. Where can I get them answered?

Call me, Sam Stengler, at 281.773.3478, or ask any of the other Section Directors listed elsewhere in this issue of the *Gazette*.



## Critter Corner

### *Casey and Mau Mau Farris*

---

October at last! Cooler temperatures, festivals, pumpkins, and a big costume party at the end of the month make October the best month of the year. Mark your calendar for the Garden Oaks Fall Festival on Sunday, October 27 from 3-6 at the GO Elementary Spark Park. This festival is always fun for the dogs but this year we are having even more canine activities and your pup shouldn't miss out. There are lots of contests like parent/dog look alike, costume, treat eating, and longest tongue. We are going to play musical dogs, 7-legged races and bob for tennis balls. You can even go home with paw print art made especially for you by your pup of choice. This festival is good clean fun for the **entire** family.

**Pet of the Month:** "Miss October" is Olive Sabuco-Arnold. She is four-years-old and is a solid black cat with oodles of personality. She got her name because as a youngster she kept her tongue stuck out like a pimento in an olive. Olive lives in Section 3 with her parents, Tina Sabuco and Shellye Arnold. She also shares her territory with a Dachshund named Keegan, a gray cat named Elliott, a black and white cat named Azalea, and two dancing bears. Olive is quite the socialite with a daily list of people to see and engagements to keep. In fact, Olive has to wake up at 5:30 each morning in order to get everything done in her day. Her favorite activity is to greet all of the kids on her block when they get home from school. Superstitions associated with black cats vary from country to country and in many places they are considered very lucky.

**Pet News:** Buster Bear (Cocker Poo) Wolfarth did not recover from his bladder stones and subsequent surgery and he died in the latter part of August. To know Buster Bear was to love him. He was a great little guy and he is sorely missed. Little Bit Stang (Chihuahua) recently found his way to a new home on Gardenia. His new family has made great attempts to locate his former family but to no avail. Fortunately, his new family are noted Chihuahua lovers. Emmie Ward Acker (Maltese) is celebrating her 16<sup>th</sup> birthday on October 13. Emmie credits her long life and good health to nutrition and lots of T.L.C. She also walks with her parents and younger brother, Jinx (Maltese) two miles three or four times a week. Buddy Hammond (Sheltie) rescued a newborn flying squirrel from the ground and spit it out in his human mother's lap. Melinda has been nursing this two-inch baby around the clock even taking it to work. Rocky is responding well to his itty-bitty bottle full of kitten formula and couldn't be in more capable or loving hands. I think Buddy knew that too.

### **Critters 101: Halloween is no Treat – Please Protect Your Pets**

Pets are dependent upon us all of the time, so during Halloween, we have to take a few extra measures to insure their safety. If you have any pets that live outdoors, please bring them inside your home on Halloween. Bring all cats indoors a few days before Halloween until a few days after. You may consider bringing all black cats and all white cats inside for the whole month of October. Never give chocolate to a dog as it can be fatal. If you suspect your dog has eaten chocolate, consult your veterinarian immediately.

The constant ringing of the doorbell can be stressful to many pets. Also, the costumes of the children can be frightful to the dogs because dogs have no depth perception. Gate your pets in a room where they can see the Trick or Treaters and remember it is natural for the dogs to bark. You may want to put your dog on a leash and have someone hold the leash in a room where the dog can see the children but never tie up a dog. If this is still too much stress on your pet please put your pet in a room with a person and shut the door. If you take your pet along trick or treating, it is best to keep them on a very short leash to keep them from fighting with other animals, or biting children or adults they encounter.

Remind your children not to pet any dogs without asking the owner for permission first. When a child is in a costume, do not pet any dogs. Even your own dog will not recognize his human family if you are in a costume or have a mask on your face.

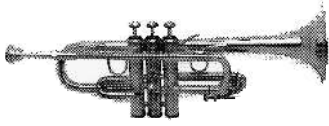
**Dear Mau Mau:** *Do you have any advice for cats on Halloween?*  
M. Chavis

No matter what you've done wrong, always try to make it look like the dog did it. *Mau Mau*

**Migratory Report:** Now is a fantastic time to watch birds in your backyard. And whenever our temperatures drop and the air becomes nippy, you will have more and more birds at your feeders. Have you noticed any Carolina Chickadees at your feeders? And how about all of the hummingbirds?! Get your hummer feeders up and change the food every three days. Ninety-nine percent of the hummingbirds in Houston appear only in the spring and fall while on their migratory paths to the north or south. They should be here feeding until the middle of October.

**Casey's Comments:** Black and White Cats are like snowflakes, no two have identical markings.

*Casey Farris is owner/operator of Bone Voyage Pet Sitting Services©. Mau Mau Farris is owner/operator of Casey. Please forward your questions and pet news to Casey@goDOGusa.com or call 713-683-6191.*



**New Construction • Custom Remodeling  
Renovations • Lots/Build-to-Suit**

See Our Work At: 870 W. 42nd St.  
729 W. 39th St. 975 Gardenia  
705 W. 39th St. 701 Garden Oaks Blvd.  
718 W. 41st St. 713 Garden Oaks Blvd.  
721 W. 41st St. 1026 Althea  
818 W. 41st St. 4232 Apollo  
858 W. 41st St. 855 Azalea  
970 W. 41st St. 839 Lamonte  
862 W. 41st St. 1325 Sue Barnett  
717 W. 42nd St. 1458 Sue Barnett  
718 W. 42nd St. 1575 Sue Barnett  
847 W. 42nd St. 1043 Gardenia

**HARRY JAMES BUILDING & DESIGN  
(713) 695-7007**

Visit us on the internet at  
[www.harryjamesbuilder.com](http://www.harryjamesbuilder.com)



**Diana Tarley-James**

**713-869-0456 Office  
713-539-0569 Mobile  
[www.DianaTarley.com](http://www.DianaTarley.com)**

**TREE EXPERTS INC.**



*Dennis R. Clooney*  
**(713) 683-TREE  
683-8733**

**FAX: (713) 868-4853**  
INSURED FOR YOUR PROTECTION

|               |               |
|---------------|---------------|
| REMOVAL       | FERTILIZING   |
| PRUNING       | TREE SALES    |
| STUMP         | TRANSPLANTING |
| GRINDING      | ROOTWALL-     |
| TREE LIGHTING | INSTALLATION  |

## Nutrition and Menopause

*Catherine Kruppa, MS, RD, LD*

Menopause is the process in which a woman transitions from the reproductive to the non-reproductive phases of her life. At this time, the ovaries discontinue their production of eggs and estrogen. The average age of menopause is 51. However, menopause may occur at any time between the ages of 40- 60.

Signs and symptoms of menopause include hot flashes, night sweats, insomnia, mood swings, irritability, depression, forgetfulness, fatigue, and vaginal dryness. The good news is that menopause does not cause weight gain, it just occurs at the time of life when metabolism naturally slows down significantly. Your healthiest weight doesn't change at age 18, 28, 38, or 78. To prevent weight gain,

- Enjoy frequent, small meals. Try 5 or 6 minimeals instead of the traditional big three. Try to avoid eating more than 400 calories per meal.
- Focus on fruits, vegetables and whole grains. Filling up on fiber makes you feel more satisfied on fewer calories. These high fiber foods also aid in preventing high blood pressure, heart disease, cancer and diabetes. Aim for 10 servings of fruits and vegetables per day.
- Avoid emotional eating. Many of the symptoms of menopause can cause women to eat—mood swings, irritability, depression and insomnia. Try to find something else to make you feel good besides food: a bubble bath, call a friend, or go for a walk.
- Drink alcohol in moderation (one drink per day). In a recent study, post-menopausal women who gained weight over a 10-year period were the ones who started to drink more alcohol.

Symptoms of menopause may be alleviated with a diet low in fat and high in soy. Soy products contain phytoestrogens, which are plant compounds that have estrogen-like biological activity. A high soy diet is about 40-50% as effective as hormone replacement therapy in treating symptoms in many cases. Phytoestrogens are found in soy products, flaxseed products and, to a lesser extent, in fruits, vegetables, cereals and seeds. Studies show that the optimal amount of soy is about 40 grams per day to alleviate symptoms of hot flashes.

To prevent osteoporosis take 1500 mg of calcium per day. Take small quantities (500 mg or less) at a time. Calcium supplements such as calcium carbonate, calcium citrate (Tums EX, Viactiv) are the most effective.

Antioxidants such as vitamin E and C may be useful to lessen hot flashes and vaginal dryness, although this has not yet been proven. Try taking 1000 mg per day of Vitamin C and 600 mg per day of Vitamin E. Antioxidants also fight against heart disease, cancer, diabetes and stroke.

You can also increase your metabolism through exercise. Each pound of muscle burns up to 20 times more calories than each pound of fat. After age 40, women start losing 1/2 pound of muscle per year. During menopause that loss may jump to a pound per year. If you don't do something to put calorie-burning muscle back on, it is very difficult to lose and maintain weight. Regular cardiovascular exercise and weight training is beneficial in building and maintaining muscle as well as preventing osteoporotic fractures. Research has shown that women who exercise regularly and vigorously have fewer and less severe menopausal symptoms.

For more information, contact Catherine at 713-316-2707, [ckruppa@houstonian.com](mailto:ckruppa@houstonian.com), [www.advice4eating.com](http://www.advice4eating.com).

# Recycling

Mark Saranie

A recycling note—in case you have not discovered this place, the city of Houston has a solid waste collection site on Harvard at Center St. They collect most of the stuff we recycle curbside, but this site does have collection bins for glass. It is easy to drop off as long as you separate it into amber, green and clear. It is not attended so you will do the dumping as well, but it is a lot closer than driving all the way to the collection site on Westpark. Also, Ed Sacks on Studemont will take all sorts of cardboard, be it cereal boxes, corrugated or detergent. So, help the environment and starve our landfills, collect your cardboard and recycle.

[Editor's note: Did you know the city now also accepts residential electronic scrap items at the Westpark Consumer Recycling Center? These include monitors, televisions, printers, keyboards, mice, scanners, fax machines, telephone handsets, VCRs, CPUs, cellular phones without batteries and other small consumer electronics. See the city's web site for more details.]

# Heard Under the Oak Tree

Terry Jeanes

Welcome to our new neighbors who recently closed on their homes.

742 West 41<sup>st</sup>    862 West 41<sup>st</sup>    701 West 43<sup>rd</sup>    761 West 42<sup>nd</sup>    946 West 42<sup>nd</sup>  
 911 Lamonte    1039 West 42<sup>nd</sup>    946 Gardenia

Welcome to the neighborhood and we hope to see you at a Civic Club meeting soon!

Happy Birthday October 9th *Tina Sabuco*

Welcome new arrivals

*Stephen Wesley Syzdek* was born on June 4. Proud big brother Matthew is 3 and proud parents are Brian and Gwen Syzdek.

*Kailey Grace Doiron* was born on August 19. Proud parents are Stan and Adele Doiron.

## September Yard of the Month

978 West 42<sup>nd</sup>  
 Ed Drier & David Rae

For their creative rock garden. Surf's up!

## U S TREE EXPERTS & LANDSCAPING CO.

- \* **TREE REMOVAL** "Quality Year Round Lawn Service"
- \* **TRIMMING**
- \* **DEAD WOOD REMOVAL**
- \* **SHAPING**
- \* **PRUNING**
- \* **TOPPING**
- \* **LIABILITY INS.**



Free ESTIMATES  
**713-681-4079**  
**713-712-1720** (Pager)

Guillaume "GEM" Morvan (Shepherd Park Plaza Resident)

## Cherry Wolfarth, Realtor



She's got **PIE!**  
 Professionalism,  
 Integrity,  
 Enthusiasm.

[www.CherryWolfarth.com](http://www.CherryWolfarth.com)



Prudential

GARY GREENE, REALTORS®

Office: 713-686-5454 Pager: 281-625-3711

*Come As You Are...  
 God Loves You That Way*

## HEIGHTS CHRISTIAN CHURCH

*The House of Hope in the Heart of Houston*



1703 Heights Blvd

713/880-4979

Worship Service 10:30 am

[www.houseofhope.org](http://www.houseofhope.org)

## THE FRAME SHOP

*Experience the Personal Touch*

- **CUSTOM FRAMING** - All types, traditional, contemporary, show box, mirrors
- **CONSERVATION FRAMING**
- **MATS** - All colors, plus fabric mats of all types
- **GLASS** - Non glare, clear, UV filtering, Image Perfect, oval convex glass
- **STOCK FRAMES** - Hundreds to choose from
- **RESTORATION OF OIL PAINTINGS**
- **MOUNTING** - Maps, exhibits, cloth, lamination, boards of all types
- **MIRRORS**

3444 Ella Blvd. • Houston, TX 77018

**713-682-4578**

MERLE NORMAN  
COSMETIC STUDIOS



### DIANE MORISH

Native Garden Oaks-Heights  
Family Owned Business  
Since 1956  
In Original Location

4216 Ella @ W. 43rd  
(713) 686-5993

*Beauty Is My Business*

**CR Carlson Reporting**

1130 Niels Esperson Building  
808 Travis Street  
Houston, Texas 77002  
Tel: 713.228.8500  
Fax: 713.228.8501  
WWW.CARLSONREPORTING.COM

Court Reporting  
Legal Videography  
Records Retrieval

Serving  
AUSTIN, BEAUMONT,  
CORPUS CHRISTI,  
DALLAS, FORT WORTH,  
GALVESTON, HOUSTON  
AND SAN ANTONIO.

**Bone Voyage**  
Pet Sitting Services

1047 Gardenia Drive  
Garden Oaks, USA  
713-683-6191

**Casey Farris**  
Owner/Pet Lover  
www.goDOGusa.com

International Pet Sitters  
Bonded

**ANDREW V. SMITH**  
Certified Public Accountant

- Individual Tax
- Corporate, Partnership, Estate and Trust Tax
- Accounting Services
- Financial Statement Preparation

Member Texas Society of Certified Public Accountants  
and The Greater Heights Area Chamber of Commerce

1111 NORTH LOOP W., #715  
(713) 695-5388 PHONE  
(713) 695-6808 FAX

## Annual Transition

Mark Saranie

I've been so busy at work lately that I have been unable to work in my beds on a regular basis so you might imagine the condition some of them are in. I thought they would be terrible. Actually things were not so bad. Out front I yanked out a vine I thought was gone four months ago, and removed a gray euryops that decided it was time to go. I am sorry to lose this particular plant, as it was one of the few original plants in the back yard when we moved in. It graced my yards with months of yellow daisy-like blooms. I collected lots of seed from my flowering okra, scalped some potted torenia, moved a few other plants, removed lots of dead crocosmia leaves, and mulched. The area where the crocosmia lives is pretty full of corms and runners. I loosened the soil with a pitchfork before mulching in order to give them some good water and a tiny bit of extra space. The entire area really needs to be dug up and replanted; they really enjoy their place in life. (Funny thing—my aim is really poor but during the pitchfork exercise I neatly speared the soaker hose in three separate places. Had I been thinking about doing this deliberately I would have failed miserably.)

The balloon flowers are budding out again, the Martha Gonzalez rose I have potted is blooming constantly (but not profusely), the periwinkles and torenia are shining brightly, and the passion flower vine is finally budding out. (A note on passion flower vines—they spread by runners.) Every time I cut the lawn I mow down several new vines that are popping up in the grass. The vine I have is from a cutting, which rooted rather quickly by just standing in water.

In the backyard, the bachelor buttons are spreading, the ice vine is glossy, my rose of sharon remains covered in blooms but is suffering from chlorosis, a second wave of golden coreopsis are rising above the sea of browning sister blooms, and the golden dew drops, seriously damaged by last winters' temps, is going wild. A large pot of spanish lavender is doing great as well.

Coming up is leaf drop and I have had lots to say about the pecan tree. By the time Halloween slithers by the leaves will be knee deep. I can't wait (yeah right). Just thinking about the constant sweeping, raking and composting makes the calluses on my hands ache. I appreciate our pecan, though. It shades our home in the summer and allows old man Sol to warm it in the winter. Plus, it appears we actually may get a few nuts this year. The squirrels have acted as though they came through famine and have nearly eaten every green nut they could find.

Have a spooky Halloween folks, and drive carefully in the neighborhood. Lots of young ghosts and goblins will be out and about. The great part of living in Houston is close. I like the fall and some of winter. I have had enough of the heat for this year.

### Garden Things for October

- As mentioned above, prepare for leaf drop. I have always mulched the pecan leaves directly into my back lawn, used them as mulch or added them to the compost pile.
- Start planting fall and winter color. Consult your favorite nursery, they have the appropriate plants at the right time. It takes away the guesswork.

## Membership

*Cherry Wolfarth*

Hello Neighbors & Friends. By the time you read my column, GOMO will be in place and collecting a substantial fee on every home sale in Sections 1, 2, 3 & 5. As a Realtor, I saw a flurry of sales activity at the end of September in an attempt to avoid paying this fee. Again, I reflect upon what effect GOMO will have on our neighborhood and the Civic Club membership in general.

I've heard the theory (and for many years have fought it) that the more people pay for something the more they value it. When I was in college, I had a summer job in a health spa as a masseuse. It was an expensive, specialized type of massage for women with cellulite (that ugly, lumpy look which predominates in the thigh region). In those days, I was a bit of a liberal hippie type who believed that money was way too overrated. I had an idea that we could offer our services for a reduced fee for people using these services during low usage hours. I went to my then boss to present my great idea and it was the first time I was exposed to this notion. She told me in no uncertain terms, "they won't value our service if we offer it for less!" I remember being so angry about this, feeling so sure that it could not be so. My inflexible attitude later cost me that job and the lesson continued to surface in my life many times in the 25 years since that college job.

Since the average sales price in Garden Oaks is about \$200,000, that means most people who now buy into our neighborhood will pay an additional \$1500—not chump change! Will they value our neighborhood more? Will they be more (or less) likely to join the Civic Club or to volunteer for neighborhood activities, such as GOCOP? Will Section 4 (which has the highest rental rate and lowest average sales price) become a little ghetto in the middle of Garden Oaks? Or will it continue to show increasing numbers of people buying homes, tearing them down and building bigger homes that violate the side and front setbacks? Who knows the answers to these questions? Not I, but I do find myself mulling over the possibilities.

So what's the good news? Civic Club membership is higher this year than any previous year in recent history, with a joining rate of 21% of all households. This figure has not come without a lot of hard work from the Membership Committee and Friends. We continue to work toward our goal of 25% and, with your help, can make it. If you have not joined, please do so. If you are already a member, please talk to a neighbor about joining. I'll personally deliver a Garden Oaks T-shirt to anyone who joins in October. Just indicate the size on the membership form (found on the back of the Gazette) when you send it in with your dues. Thanks all!

## Volunteers Help Build A Stronger Community.

Make a difference in  
someone's life...become a  
volunteer at Memorial Hermann  
Northwest Hospital.

Please call 713-867-2095.

FOR YOUR WHOLE LIFE.

**Memorial Hermann  
Northwest Hospital**

1635 North Loop West • 713.867.2000

713.222.CARE

[www.memorialhermann.org](http://www.memorialhermann.org)

*Classified Ads are \$15 per run for residents, and are for personal services only (yard sales, items for sale, infant care needed, etc.). Contact the Gazette Advertising Director for more information.*

### Delivery Volunteers Needed

We need people who can fill in for regular volunteers who are on vacation or otherwise unavailable, as well as those who are interested in taking over a delivery route.

For more information, contact Amanda Carlin at 713 263 1026 or [Amanda.Dalton@CFISD.net](mailto:Amanda.Dalton@CFISD.net).

**Useful Numbers**

All City Services  
(city information or services ranging from traffic court dates and sewer concerns to pothole problems and neighborhood complaints)

311

One Call Program  
(Heavy trash and more)  
713 956 6589

Recycling Hotline  
713 837 9130

Deed Restriction Violations  
City of Houston Legal Department  
713 247 2000

Bruce Tatro (District A)  
713 247 2010

Ken Yarbrough  
713 263 1516

John Whitmire  
713 864 8701

# October 2002

| Sunday   | Monday  | Tuesday   | Wednesday                       | Thursday   | Friday  | Saturday                                 |
|--|---|---|---------------------------------|--|---|--|
| <p>"If a free society cannot help the many who are poor, they cannot save the few who are rich."<br/>- John F. Kennedy</p> |   | <p>1<br/>Civic Club Meeting<br/>7:00 P.M.<br/>G.O. Elem.<br/>GOMO Nominations</p> | 2                               | 3  | 4   | 5  |
| 6  | 7   | <p>8<br/>Fall Festival Meeting<br/>7:00 P.M.<br/>Info 832 476 4123</p>            | 9                               | <p>10<br/>Garden Club Meeting<br/>7:00 P.M.<br/>319 W34<sup>th</sup></p> | 11  | <p>12<br/>Columbus Day (Traditional)</p> |
| 13   | <p>14<br/>Columbus Day (Observed)</p>                                   | <p>15<br/>Gazette Article Deadline</p>  | <p>16<br/>National Boss Day</p> | 17   | 18  | 19                                       |
| 20   | <p>21<br/>Fall Festival Meeting<br/>7:00 P.M.<br/>Info 832 476 4123</p> | 22  | 23                              | <p>24<br/>Fall Festival Meeting<br/>7:00 P.M.<br/>Info 832 476 4123</p>  | 25  | 26                                       |
| <p>27<br/>Fall Festival Spark Park<br/>3 - 6 PM<br/>Daylight Savings Ends</p>  | 28  | 29  | 30                              | <p>31<br/>Halloween</p>  | <p><b>Upcoming events</b><br/>• Civic Club Meeting Tuesday, November 5<sup>th</sup><br/>• GOMO Director Election after the Nov. 5<sup>th</sup> Civic Club Meeting</p> |  |

**2002 Garden Oaks Civic Club Membership Form**

Please note that your Civic Club dues are now payable on the first of each year.

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  Own  Rent Email \_\_\_\_\_

(A) Annual Dues  Household \$25  Senior Citizen \$5  Business \$50

(B) Additional Program Support  All Three Programs \$18  Gazette \$7  Citizens on Patrol \$7  Beautification \$7

(C) Garden Oaks T-Shirts - \$15 each  
2002 Paid Member Price - \$10 each  
Qty Sm \_\_\_\_\_ Total Shirts Ordered \_\_\_\_\_  
Med \_\_\_\_\_  
Lrg \_\_\_\_\_ Price each \_\_\_\_\_  
XLrg \_\_\_\_\_  
XXLrg \_\_\_\_\_ Total \$ for T-Shirts \_\_\_\_\_

(D) Gift to the Garden Club \$7 or other \$ \_\_\_\_\_

Total amount enclosed (A) \_\_\_\_\_ + (B) \_\_\_\_\_ + (C) \_\_\_\_\_ + (D) \_\_\_\_\_ = \$ \_\_\_\_\_

MAKE CHECK PAYABLE TO Garden Oaks Civic Club  
Mail completed form and payment to PO Box 10273, Houston, TX 77206