



November 2017

Volume 39 Issue 11

Garden Oaks Gazette

The newsletter of the Garden Oaks Civic Club

A Season of Thanks

Lindsey Pollock, Ed.D., Principal, Garden Oaks Montessori

With Harvey now in our rearview mirrors and clean-up well underway, we enter November with a new appreciation for many comforts: running water, electricity, regular business hours, and the ability to move about our city. Having a heart of gratitude has been attributed to having a more satisfying and successful life. Practicing gratitude on a daily basis can be a springboard to experiencing life in a new and more affirming way. According to Jamelle Sanders, CEO, there are four main components of having a grateful life. <https://inspiyr.com/being-grateful/>

1. Develop a heart of "thanksgiving." Find at least 5 things each day to appreciate. Shifting your thinking to one of positivity and thanks provides you a platform of possibility and creativity. You are unlimited when you are thinking with gratitude!
2. Gratitude shifts the narrative of your life. What is the personal "story" you are writing for your life each day? Where do you spend your energy? Are you focused on what you have and where you can go or are you mired in a deficit perspective of what you wish you had or what you perceive you've lost?
3. Gratitude changes you for the better. Neuroscientists are finding that people who practice meditation, mindfulness, and/or positive affirmations experience benefits in the actual structure of the brain. Neuroplasticity of the brain has been improved by the practice of positive thinking in people impacted with a brain injury. <https://www.stevenaitchison.co.uk/how-positive-thinking-re-wires-your-brain/>
4. Gratitude also provides you the opportunity to experience a more meaningful life. By focusing on the "cup half full," we see what we have and appreciate the people and circumstances around us. We are able to breathe deeply, stay in the moment, and savor where we are today.

We are bombarded by the media on a regular basis to compare ourselves to others and to want products that are advertised. We can get caught up in deficit thinking as we run from place to place in our hectic, activity-filled lives. But we can change those experiences by taking time to reflect on our core values of humanity and filling our hearts with gladness for the people and experiences that make our lives meaningful. This Thanksgiving I hope you will have time to share your gratitude with family and friends and reflect on the beauty of life that surrounds you. Enjoy!

Garden Oaks Civic Club Meeting

Tuesday, November 7, 7 PM
Garden Oaks Montessori
901 Sue Barnett

Topic: Memorial Park Conservancy

Civic Club Annual Meeting and Holiday Party

Tuesday, December 5

Recycling, Yard Waste, and Junk/Tree Waste Suspended

As noted last month, due to the disaster debris collection efforts from Hurricane Harvey, the only regularly scheduled solid waste service is garbage collection. **All other scheduled services – curbside recycling, yard waste and junk/tree waste – are suspended until further notice.** Please do not put out your green cart with recycling or yard waste bags. They will not be collected. You may still bring your recycling to any of the Neighborhood Depository and Recycling Centers or to the Westpark Recycling Center, all of which are open 7 days a week.

Reports are that recycling pickup may resume in November.

More information can be found at houston-solid-waste.org

Wine Walk Sponsors

Thanks to these sponsors for their support of our Constable Program. As we go to press, we have set a new record for sponsorship contributions to the Garden Oaks Constable Program: \$14,700! We are truly grateful for all the support for the Constable Program. Please thank these fine folks and remember them when you need their services.

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Civic Club Officers

President – Matt Gannon 832 646 4140
822 Azalea president@gardenoaks.org

Vice President – Jim DiCola 281 627 4687
424 W. 32nd vicepresident@gardenoaks.org

Treasurer – Teresa Coleman 713 686 7728
treasurer@gardenoaks.org

Secretary – Joe Casarez 713 398 7133
411 W. 34th secretary@gardenoaks.org

Committee Chairs

Beautification – Joan Harmon 713 818 9682
827 Lamonte beautification@gardenoaks.org

Citizens' Patrol – Carl Waters, Jr. 713 569 3153
821 West 31st gocop@gardenoaks.org

Constable Program – Terry Jeanes 713 812 9154
922 West 41st constable@gardenoaks.org

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Publication of any article or letter does not imply endorsement by the Garden Oaks Civic Club and is solely the opinion of the author.

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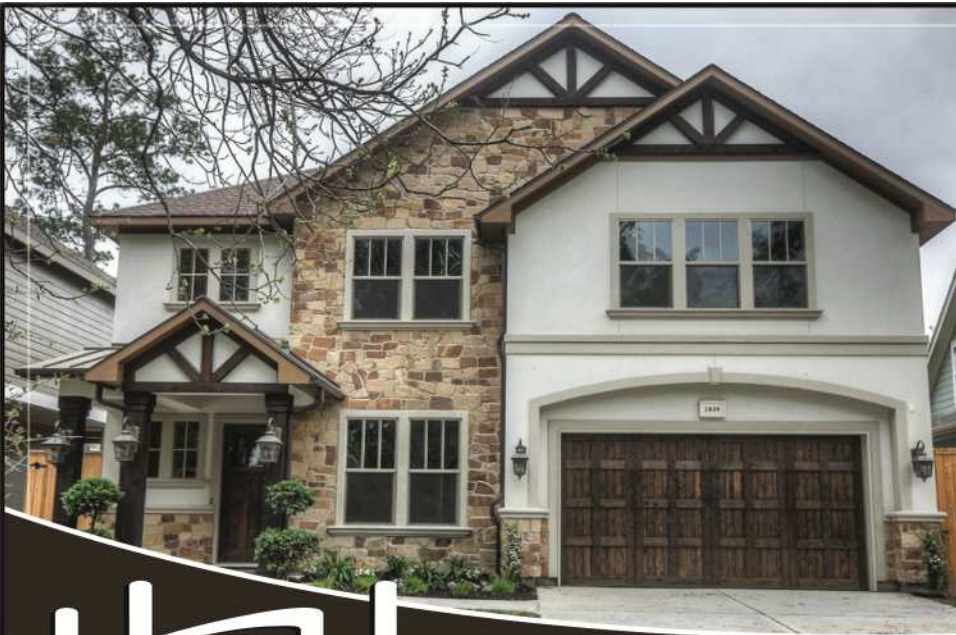
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Heard Under the Oak Tree

Terry Jeanes

Welcome, New Neighbors!

Congratulations on joining our community. We look forward to seeing you at a civic club meeting soon.

963 Althea
1035 Lamonte
208 West 33rd

709 West 39th
942 West 41st
1050 West 41st

831 West 42nd
1047 West 43rd
1030 West 43rd

Happy Birthday

Adelaide Leonard - 11/1
Stacy Gross - 11/2
Gina Pecoraro - 11/3
Deb Seghers - 11/4
Mike Maltbie - 11/5
Frank C. - 11/7
Angela Winston - 11/7

Anthony Neiser - 11/10
Caroline Padon - 11/12
Julia Kramp - 11/13
Sheila Briones - 11/14
Emma M. - 11/14
Diane Murata - 11/18
Carl Rentschler - 11/9

Susan Saranie - 11/9
Hannah M. - 11/20
Jay McKeown - 11/21
Kit Schoenfield - 11/23
Lucy M. - 11/25
Cheryl Cohorn - 11/28
Megan Salch - 11/29

Happy Anniversary

Bob & Debbie Driver - 11/4
Hal Bowman & Georgia Lister - 11/11

Keith & Susan Kostelecky - 11/13
Ken & Mel Johnson - 11/20

Out and About

Jeff Gibb and Melissa Reid enjoyed Scottsdale.

Gina Greenslate had a great girls trip to Tybee Island.

Kari Noser and daughter Meghan visited New York City.

Tina Sabuco and Shellye Arnold visited Bryce Canyon, Best Friends Animal Sanctuary in Utah, and had a quick stop in Las Vegas.

Brooke Murphy and mom enjoyed a day at Texas Motor Speedway.

Lots of Garden Oaks neighbors cheered on the Astros during ALCS, including Linda Reichle, Carl Waters, and Leslie Ryan.

Julie Sherber enjoyed Hawaii.

The Jarvis family got to visit grandma in Ohio.

The Gross family and friends played at the Oil Ranch.

George Appling and Brian O'Leary attended a summer camp conference in Ontario.

The Theriots had a hot time in Tiger Stadium, plus a win for LSU.

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The Salches enjoyed time at the Last Chance Ranch and also in Round Top.

Thank you to all the hosts of the 2017 National Night Out Parties. There were lots of great gatherings and neighbor to neighbor connections.

Special Thoughts

To **Sheila Briones** on the passing of her mother in September.

To **Jerry Butler** on the loss of his dog, Courtney.

To highlight an event, celebration or other tidbit, please submit information no later than the 12th of the month to Terry Jeanes at terry@terryjeanes.com.

Constable Program Update

Terry Jeanes, Program Chair

Welcome to New Garden Oaks Patrol Deputy Raphael Hubert.

Thank you to all the neighbors who hosted National Night Out gatherings throughout Garden Oaks. Even with the threat of rain, we had a great turnout and saw many representatives from Precinct One Deputies, HPD, and HISD Police.

As of this writing there was an arrest within the area of two individuals following a car break-in. The male culprit was arrested after he was discovered hiding in a tree in Section 5. Additionally, one of the neighborhood Facebook pages had some posts on other recent incidents of people rummaging through vehicles in the area. Please note there has been an increase in late night automobile break-ins. As stated last month, both Deputies and the Captain advise that as long as cars are left unlocked, we are feeding the culprits and they will continue to return as they are likely to score.

Calling All Garden Oaks Neighbors to Be Constable Program Supporters
2018 Supporter Dues are requested to keep the commitment of the two current Patrol Deputies. You can pay online or via the inserts in the *Gazette*. In addition, the mailouts for Garden Oaks Civic Club Membership and Constable Support will be forthcoming this quarter; please return these promptly. Please ask your neighbors to do the same. We ask for a minimum \$225 contribution per household to ensure that we can keep our deputies patrolling.

Become A Constable Program Supporter: www.gardenoaks.org

A thank you to all supporters, sponsors, and attendees of the 2017 Garden Oaks Wine Walk, which again is a sell-out. Much appreciation goes to the GO Constable Committee and their efforts, as this event is the largest single fundraiser for the Garden Oaks Constable Program.

Constable Dispatch: 713-755-7628

Sign up for Precinct One Crime Alerts: <http://pct1constable.net/sign-up/crime-alerts/>

Vacation Watch: <http://pct1constable.net/sign-up/vacation-watch/>



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Citizen Patrol Update

Carl Waters, Jr., Program Chair

Thanks to all the neighbors who opened up their yards or homes for this year's National Night Out festivities. The rain did not dampen the spirits of those who gathered for this annual event designed to show support for each other and for the security of our neighborhood. Specifically, thanks to the following groups: the Jezes, Carlins, Shaughnessys, Salches, the Dicola/Rowe family, the Debien/Mashburn famiy, the Smiths, Seghers, Stevens, Lister/Bowmans, the Drivers, Dilleys, and the Evanses for hosting events.

The holiday season is coming soon. Please keep the following in mind when you are out shopping:

- Stay alert to your surroundings.
- Don't shop alone (like swimming, there is safety in numbers).
- Avoid carrying large amounts of cash; use debit or credit cards.
- Ladies should carry a small hand bag or wrap the strap around your arm if you carry a larger bag.
- Gentlemen should carry your wallet in your front pocket instead of your back pocket. Consider keeping it in your left pocket as most people shake with their right hand.
- Keep an eye on your purchases while eating; switching bags is relatively easy.
- Consider using a package pickup service when you make a large number of purchases.
- Have your keys ready when you exit the store to quicken your ability to enter your vehicle.
- Avoid shopping at closing time. If you must shop after dark, select parking spaces in well-lit areas.
- Avoid parking next to vans or vehicles with dark tinted windows.
- Walk briskly, confidently, and directly through the parking lot or back to your vehicle.
- Be leery of strangers offering great bargains or sales in parking lots.

September Crime Statistics (12)

Aggravated Assault (1)

600 block W. 34th St. on Thursday, September 14 at 6:44 p.m.

Aggravated Robbery (1)

800 block W. 34th St. on Wednesday, September 6 at 5:23 p.m.

Auto Theft (2)

4000 block of N. Shepherd Dr. on Monday, September 4 at 9:59 p.m.

1500 block of Sue Barnett Dr. on Monday, September 11 at 4:00 p.m.

Burglary (1)

900 block of W. 42nd St. on Monday, September 25 at 10:47 a.m.

President's Message

Matt Gannon, Civic Club President

The five members of the Nominating Committee were charged with developing a recommended slate of candidates to be considered for the four Civic Club officer slots for 2018.

Accordingly, a majority of the committee recommended the following slate:

- President – Matt Gannon
- Vice President – Joe Casarez
- Treasurer – Teresa Coleman
- Secretary – Brenda de Alba

The above slate is a recommendation only. Additional nominations for any position can be made from the floor during the November and December Civic Club meetings by any Civic Club member. A nominee must also be a Civic Club member. The actual voting will take place by members at the December business meeting, prior to the Holiday Party, so please join us for voting and the holiday celebration.

Thanks to the committee for their efforts: Mark Klein (committee president), Susan Saranie, Kip Noser, Frances Schwartz, and Jim DiCola.

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Precinct One Constable Dispatch	713-755-7628
All Other City Services	311



- Burglary – Motor Vehicle (6)*
- 1000 block of Althea Dr. on Saturday, September 9 at 4:34 a.m.
 - 1000 block of Althea Dr. on Saturday, September 9 at 5:34 a.m.
 - 900 block of Althea Dr. on Saturday, September 9 at 5:53 a.m.
 - 900 block of W. 41st St. on Saturday, September 9 at 4:26 p.m.
 - 3900 block of N. Shepherd Dr. on Thursday, September 21 at 4:42 p.m.
 - 1000 block of W. 42nd St. on Thursday, September 28 at 1:59 a.m.

- Theft (1)*
- 800 block of W. 34th St. on Wednesday, September 27 at 2:10 p.m.

Inquiries about joining the Citizen Patrol Program or other community safety issues may be directed to me via the neighborhood website (GardenOaks.org), the Citizen Patrol email account (gocop77018@aol.com) or by phone at 713-864-1992.

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Proposed 2018 Civic Club Budget

Teresa Coleman, Treasurer

Civic Club Income & Expense Proposed 2018 Budget

	Income	Expense	Net
Civic Club Membership	\$9000	\$1000	\$8000
Beautification (maintenance)	\$600	\$12750	-\$12150
Beautification Improvements (non-maintenance)		\$10000	-\$10000
Garden Club	\$600	\$600	\$0
Gazette	\$22000	\$21150	\$850
Home Tour (Totals)	\$40000	\$17900	\$22100
Sponsorships	\$25000		
Ticket Sales	\$7000		
VIP Party	\$8000		
Transportation		\$4500	
Tickets		\$1200	
VIP Party		\$8000	
T-Shirts		\$1200	
Volunteer Party		\$500	
Other		\$2500	
Interest Income	\$36		\$36
Bank Fees		\$15	-\$15
Citizen Patrol		\$200	-\$200
Community Events (Grants)		\$1000	-\$1000
Insurance		\$1300	-\$1300
Meeting Expense		\$2000	-\$2000
Miscellaneous - PayPal Fees		\$500	-\$500
Professional Fees		\$400	-\$400
Rent		\$1900	-\$1900
Utilities		\$850	-\$850
Web Hosting		\$240	-\$240
Total	\$72236	\$71805	\$431

Constable Program Income & Expense Proposed 2018 Budget

	Income	Expense	Net
Constable Patrol Income	\$52000		\$52000
Wine Walk	\$30000		\$30000
Interest Income	\$72		\$72
Constable Patrol Expense		\$91580	-\$91580
Investment Fees		\$150	-\$150
PayPal Fees		\$1300	-\$1300
Total	\$82072	\$93030	-\$10958
Combined	\$154308	\$164835	-\$10527

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2018 Annual Civic Club Dues and Constable Program Support

Dian Austin, Membership Chair

During November, each household should receive a packet in the mail with the 2018 Civic Club and Constable Supporter forms in it. You are encouraged to support Garden Oaks with contributions to both. Forms are also included in the *Gazette* every month, or you can also contribute online at gardenoaks.org. Below is some basic information about the Civic Club and the Constable Program.

What does the Civic Club do?

- provides a monthly forum for neighbors to gather and discuss items of mutual concern
- serves as a venue for political representation to the City of Houston
- pays for maintenance of neighborhood green spaces and the associated utilities
- covers the cost of beautification improvements
- keeps residents informed via the updated gardenoaks.org website and via the monthly *Garden Oaks Gazette* newsletter, hand delivered to each home in the neighborhood.
- provides timely and informative speakers each month. Topics/speakers covered in 2017 included health and wellness, Buffalo Bayou redevelopment, the Houston Livestock Show and Rodeo, recycling, the Spring Fling, a high-speed rail update, the roles of County Judge Ed Emmett and Sheriff Ed Gonzales, and the Memorial Park Master Plan.
- showcases the neighborhood via the annual Home and Garden Tour, which is the main fundraiser for Garden Oaks.
- sponsors the 4th of July Bike Parade, the Citizen Patrol group, the Spring Fling, and the Wine Walk (Constable Program fundraiser).

Civic Club membership is open to any resident of Garden Oaks, whether you own or rent, and allows you to vote

on any topics requiring a vote of the members. Meetings are held at 7pm on the first Tuesday of the month at Garden Oaks Montessori Magnet (except during October/National Night Out).

Civic Club meetings last about an hour. There is typically a raffle prize at each meeting, and free pizza is provided by Brother's Pizzeria. We make it simple and fun. Please join us!

Who pays for the Constable Program?

The Civic Club currently has two contracts with the Harris County Precinct One Constable's Office, each contract costing about \$77,000 annually. Each contract covers 40 hours weekly of a uniformed Constable deputy patrolling in all five sections of Garden Oaks. The contracts are paid entirely by contributions from residents. Each household is requested to give at least \$225 annually to help fund these patrols. Contributions can be paid annually or monthly, online, or by check. We make it easy to support our constables. **Currently, only 25% of the residents support the Constable program.** We must do better if we are to keep the constables patrolling. We really appreciate your help!

Wine Walk Update

Dian Austin, Committee Chair

As we go to press, the Wine Walk is still two weeks away, so we don't have the definite financials just yet. But, we are sold out of tickets (yea!), and have set a new record for sponsorship sales of \$14,700, which will ensure that we raise at least \$29,000 for the Constable Program!

What we don't know yet is how much we will raise from our Silent Auction items. That could put us over the top to a new record! Stay tuned.

Thanks to all who support the Constable Program, the Wine Walk attendees who bought tickets, all sponsors who paid cash for their sponsorships, all the table hosts who provided foods and wines, and to the Wine Walk committee for their work in setting up the event and for covering all the expenses.

We are working hard to keep our constables patrolling the streets of Garden Oaks.





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Home Heating Energy Myths Debunked - Part One

Mitch Weigand

What you think you know about heating and energy efficiency may be costing you money. It's time to set the record straight regarding common home energy myths.

The higher you set your thermostat, the faster the furnace will heat up your home.

Like pressing the elevator button multiple times to make it arrive more quickly, this makes you feel good but really doesn't make any difference. Furnaces deliver heat at the same rate no matter how high the thermostat is set. If you set your thermostat at the desired temperature, it will reach that point just as quickly as if you set it higher than you truly want.

Adjusting your thermostat to a lower temperature at night or when nobody's home can save you money.

Research shows that the longer your house stays at a reduced temperature during the fall and winter, the more energy and money you will save. This is because heating cost depends mostly on the difference between indoor and outdoor temperature. When you lower the temperature, you are reducing this temperature difference. In fact, setting the temperature back 10 or more degrees for eight hours while you sleep or go to work can reduce your energy bill by 5 to 15 percent. A programmable thermostat can do this automatically for you.

Energy-efficient windows will save you money.

The science here appears sound because leaky windows waste energy by letting heat escape. However, new windows can cost thousands of dollars, and it will take years before the up-front expenses are realized by energy cost savings. You're better off dealing with smaller leaks that are usually much more affordable to fix. For example, adding insulation around plumbing vents or wall sockets and adding weather stripping to doors will seal up your home for a fraction of the cost of new windows.

(Continued on page 19)

Here's what our customers say about us:

"I would have Air Wise come in the future anytime." *James T., Timbergrove Manor*

Mitch Weigand, owner of Air Wise, and his crew are a good team to have around to put a new A/C system in your house. They did a good job and cleaned up after they finished the installation.

I would have Air Wise come in the future to do another job anytime.



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*Julia Wang & Nan and Company Properties /
Christie's International Real Estate Broker & CEO
Nancy Almodovar*

Mickey's Minute

Mickey Morales

Holy smokes, it's almost holiday season already. Not that we haven't had much on our plates lately to keep us occupied: recovery from Hurricane Harvey, getting the kids back in school, and Halloween festivities. The latter one reminds me that if you still have pumpkins left hanging around, please bring them by the market for Farmer Cathy and Gus and family to take to their animals. The goats and chickens love them, and in return they give us pretty eggs, tasty cheese, and healthy goat babies come the New Year.

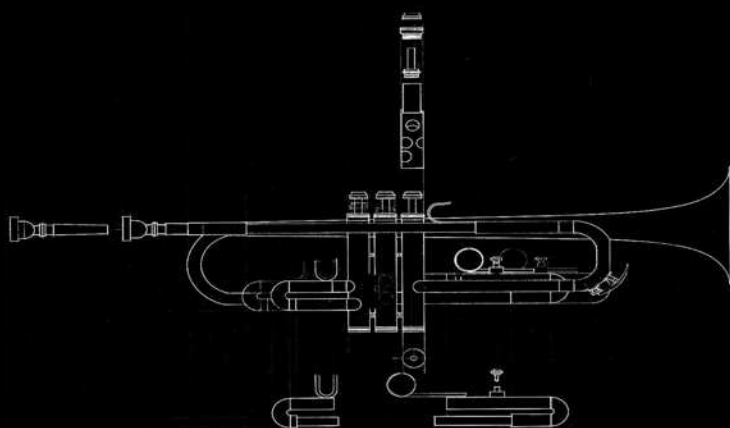
For the holidays, I don't have a line on free range turkeys this year, but Emma of Ranch to Kitchen has some very delicious hams from Felix of Black Hill Ranch. I'll gear up again this year and produce quiche, giblet gravy, cranberry sauce, and such for pickup on the Wednesday before Thanksgiving. We may even have a new baker by then for pies and other goodies. I'm working on that and will keep you posted.

In the meantime, we should be settled in pretty well to our new digs on the other side of the parking lot. The split set-up didn't work as well as expected. I felt the vendors on the other side looked like unwanted step children and I couldn't abide that. I'm not really sure how the egg count will look at this time. Farmer Cathy has to raise a considerable size flock to replace those lost during the flood and it takes five to six months for new hens to start laying, so egg production may be down for a while. Fall and winter crops should be in full swing by now with more on the way.

Let's pray for a mild yet cold winter this season. The weather is a double edged sword — too much of a frost kills, and not enough overnight chill ensures poor stone fruit harvest the following year (peaches, plums, and the like). Such is the life of a farmer. Meanwhile, let us give thanks that we've survived the year relatively intact, all things considered. Also, thank y'all for continuing to come out each week and support our little neighborhood market.

As always, "Come soon, come often, and bring those pumpkins."

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GOMO Board of Directors

Section 1

Mark Saranie (2018)
713-724-1271
mark.saranie@gardenoaks.org
Pending election results (2019)
Pending election results (2020)

Section 2

Pending election results (2018)
Sue Schmidt (2019)
832-563-3402
sue.schmidt@gardenoaks.org
Pending election results (2020)

Section 3

Dea Larson (2018)
713-695-3634
dea.larson@gardenoaks.org
Frances Schwartz (2019)
832-483-1546
frances.schwartz@gardenoaks.org
Pending election results (2020)

Section 5

Kip Noser (2018)
281-846-5479
kip.noser@gardenoaks.org
Coley Groth (2019)
832-482-5896
coley.groth@gardenoaks.org
Pending election results (2020)

Each director's term expires in October of year in parentheses.

The six positions pending above were voted on at the Annual Meeting in October. For the latest director information, please see the Garden Oaks web site www.gardenoaks.org

GOMO Update, August and September 2017

Pam Parks, GOMO Office Manager

Plans were approved for:

- 753 Sue Barnett Dr.
- 730 W 43rd St.

Revised plans were approved for:

- 401 W 30th St.
- 331 W 30th St.

Pending (re)submission:

- 1314 Sue Barnett Dr.
- 1342 Sue Barnett Dr.

Deed Restriction Enforcement Activity for August and September (Year to Date)

New reported violations – 5 (17)

Resolved/cleared – 3 (14)

Unresolved/pending – 6 (N/A)

Litigation in progress – 1 (N/A)

Content additions to the website since last month are the following:

- Minutes of Board Meetings
- FY 2015-2016 Audit
- Terms of Service and Privacy Policy for Registered Users

Garden Oaks is a deed-restricted community of 1400 homes. The Garden Oaks Maintenance Organization is entrusted by home and property owners (members) of Sections 1, 2, 3, and 5 with ensuring compliance with deed restrictions. The directors of GOMO are member-elected volunteers.

At gardenoaks.org, homeowners can find deed restrictions, plan approval information, bylaws, policies, financial reports, transfer fee information, meeting schedule, information about election of directors and officers, and contact information for all officers and section directors. The minutes of GOMO business meetings are posted. Homeowners are invited to attend our meetings that take place at 6:30 p.m. on the first Tuesday prior to Civic Club meetings and at 7:00 p.m. on the third Wednesday of each month.

In October, GOMO Members received the Annual Letter that contained information about the upcoming Annual Meeting, open Director positions on the Board, and invited qualified Members to stand for election to the Board.

Contact:

The Garden Oaks Maintenance Organization
4001 N Shepherd Dr., Suite 216
Houston, TX 77018

713-561-3936
gardenoaks.org
manager@gardenoaksmaintenance.org

Staying on Track with Your Healthy Eating During the Holidays

Erin Thole, CNHP

No one wants to pack on the pounds during the holiday season, especially with all those pictures and parties! You can stick to healthy, clean, whole foods and eat the traditional foods you love during the holiday season.

It's all about stepping outside of the box and making your favorites in tasty, yet new, ways. If you approach it as an adventure instead of a chore it will be more fun and exciting. Trust me, you will be so glad you did when you are feeling and looking great this holiday season. After all, the holidays are meant to be enjoyed and bring cheer!

Here is a fabulous Stuffing Recipe from one of my favorite sites that is sure to satisfy!

<http://paleomg.com/paleo-thanksgiving-stuffing/>

*Erin Thole, CNHP has been working in the health, nutrition & fitness field for over 9 years. To learn more and request a free consultation: www.erinthole.com - thole.erin@gmail.com; *CrossFitters*—be sure to check out www.erinthebeast.com.*

(Myths—Continued from page 15)

Fiberglass insulation in your attic alone keeps cold air out of your home.

Fiberglass actually does a better job at keeping heat in than keeping cold out. If you have cracks and air leaks anywhere in your house, the cold air will seep in no matter how much attic insulation you have.

Having an energy efficient furnace installed will automatically reduce your energy bill.

Even the highest efficiency-rated heaters can cost you more money than necessary if they are improperly sized or installed. According to the Department of Energy, shoddy installation and improper sized equipment can waste as much as one-third of your energy consumption.

Mitch Weigand is the owner of Air Wise.

Say bye-bye to food cravings, excess weight, mood swings, aches and pains, fatigue, hormonal imbalances, poor sleep, bad skin and digestive issues!

Erin Thole, CNHP works with each client's unique biochemistry to determine what dietary, supplementation and lifestyle changes will work best for them as an individual. There is NO one-size-fits-all program!



Erin has the resources and training to CHANGE YOUR LIFE!

- Food sensitivity panels
- Hormonal panels
- Nutritional programs
- Pharmaceutical-grade supplementation
- Personal training

Contact Erin Thole, CNHP today to set up your FREE consultation! erin@erinthebeast.com

To learn how Erin has helped people *JUST LIKE YOU*, go to www.erinthole.com

Squirrels Don't Drive Everyone Nuts!

Excerpted from a 2009 Houston Chronicle article by Gary Clark

Houston neighborhoods have two species of squirrels: the eastern gray squirrel (*Sciurus carolinensis*) and the eastern fox squirrel (*Sciurus niger*), the latter being the largest of North American squirrels. Gray squirrels are aptly named for their typical gray fur accented by a white belly. They range over the eastern third of the state and prefer humid forests or wooded neighborhoods with nearby creeks or rivers. Fox squirrels are aptly named for their typical ruddy, foxlike fur set off by a yellowish belly and cinnamon colored tail. They range widely over the eastern two-thirds of our state. They prefer upland, open woods such as you see at Hermann Park, which is full of fox squirrels.

Both squirrel species feed on wild nuts and seeds. Neighborhood squirrels also feast on birdseed from backyard bird feeders. This time of year, squirrels devour pine seeds, which is why we see spent pieces of pinecones all over the ground. Squirrels will bury nuts in autumn at hundreds of locations just beneath the ground, and then recover their bounty in winter. But most nuts go un-recovered, only to germinate and grow into new trees. So heaven does have a use for squirrels.

Farm Stand of Greater Heights

9:00 am - 1:00 pm

Every Saturday

Rain or Shine

938 Wakefield

Sustainably-grown produce, eggs, goat cheese, free-range meat, prepared Indian dishes, jams, and jellies



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Catch Up, Keep Up and Get Ahead!



Mathnasium of Oak Forest is under NEW OWNERSHIP!

The best way to see if we are a good fit for your child's needs is to visit our center, meet the instructors and try out our new program. For the month of February, we are offering our Initial Assessment and a 2-week Trial (6 sessions) for **FREE**.

Give us a call to set up your **FREE Trial** today! We look forward to making math make sense for your child!



Mathnasium of Oak Forest

1214 W. 43rd Street #650
Houston, TX 77018

(by Sweet Frog & Starbucks)

(713) 965-4747

Oakforest@mathnasium.com

MATHNASIUM[®]
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We Make Math Make Sense

Attracting Beneficial Insects to Your Garden

from the Harris County

Horticulture & Gardening Blog

Every year gardeners lose numerous plants to insect pests; however, there are practices a gardener can employ to decrease pest pressure. Nature has natural enemies whose diet consists of the pests that ravage your tomatoes, cucumbers, and begonias.

Start with good horticultural practices in your garden. Prepare the planting site properly. Start with healthy plants. A stressed plant is a vulnerable plant so maintain the proper moisture and fertility. Use mulch to conserve water, reduce the weed population, and help to improve the soil.

A diversified planting will also help attract not only beneficial insects but also butterflies. Finding the right balance of plant material is important for a successful garden. In order to attract beneficials you need to have flowers available to keep them happy. They provide carbohydrates and protein to the beneficial insects when pest populations are low. The flowers supply nectar, which contains carbohydrates, and pollen supplies protein. The foliage on the plants provides protection from heat, rain, and other insects. Many annuals and perennials are good attractors. See the list below of some annuals and perennials; there are many others that will also attract beneficials.

Annuals

Sunflower

Verbena

Lobularia or Alyssum

Marigold

Zinnia

Perennials

Coreopsis

Echinacea

Gaillardia

Rudbeckia

Salvia

Most beneficial insects fall into one of two categories, predators and parasitoids. A predator attacks, kills and feeds on its prey. In most cases, predators are generalists and will attack multiple species. Parasitoids are more particular, and considered specialists. They will only attack specific species. Parasitoids will first parasitize their prey, and then lay an egg in the host. See the list below of some predators and parasitoids that we have found in Harris County.

Predators

Green Lacewing

Minute Pirate Bug

Long Legged Fly

Milkweed Assassin Bug

Parasitoids

Aphidius sp.

Diglyphus sp.



A color version of the Gazette is published each month at the Garden Oaks web site, gardenoaks.org. You can download past issues as well as find contact information and pay for ads.

Classified Ads are \$20 per run for residents, and are for personal services only, e.g. help wanted, items for sale, infant care needed, etc.

SANTA IS COMING TO

CANDLELIGHT PARK

SATURDAY, DECEMBER 2, 2017

9AM TO 11AM

1520 CANDLELIGHT LANE

Join us for your complimentary photo with Santa.

KATY HALL WYLY

713.907.7652

katyw@johndaugherty.com



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Gazette Advertising Rates/Sizes/Submission Guidelines

Size	Single	Six Months	Twelve Months
2 1/4 W x 2 3/8 H	\$60.00	\$300.00	\$580.00
2 1/4 W x 4 1/4 H	\$90.00	\$450.00	\$870.00
Half Page 7 1/2 W X 4 1/2 H	\$110.00	\$550.00	\$1065.00
Full Page 7 1/2 W x 9 1/2 H	\$180.00	\$900.00	\$1745.00
Half Page Back Cover	\$150.00	\$750.00	
Full Page Back Cover	\$225.00	\$1125.00	
Full-page insert, single-sided	\$280.00		
Full-page insert, double-sided	\$325.00		

Please note:

1. Placement of ads is subject to the discretion of the editor.
2. Artwork must be e-mailed to gazetteads@gardenoaks.org by the 15th of each month for publication the following month.
3. Artwork may be submitted in one of the following formats: JPEG (.jpg), PDF (.pdf), GIF (.gif) or TIF (.tif).

NOVEMBER 2017

sun	mon	tue	wed	thu	fri	sat
29 After a good dinner one can forgive anybody, even one's own relations. - Oscar Wilde	30	31	1	2	3	4 Farm Stand 9 AM - 1 PM 948 Wakefield
5 Daylight Savings Time Ends	6	7 Election Day GOMO Plan Review 6:30 PM Civic Club Meeting 7 PM GO Montessori	8	9	10 Veterans Day (observed)	11 Farm Stand 9 AM - 1 PM Garden Club Work Day - 9 AM Friendship Park
12	13	14	15 GOMO Meeting 7 PM GO Professional Building Suite 216	16	17 Gazette Article Deadline	18 Farm Stand 9 AM - 1 PM 948 Wakefield
19	20	21	22	23 Thanksgiving	24	25 Farm Stand 9 AM - 1 PM 948 Wakefield
26	27	28	29	30	1	2 Farm Stand 9 AM - 1 PM Holiday Market 10 AM - 2 PM St. Rose of Lima

Due to disaster debris collection efforts in the wake of Hurricane Harvey, the City of Houston has suspended all scheduled waste pickup except for garbage collection until further notice. For more information, visit houstonsolidwaste.org.

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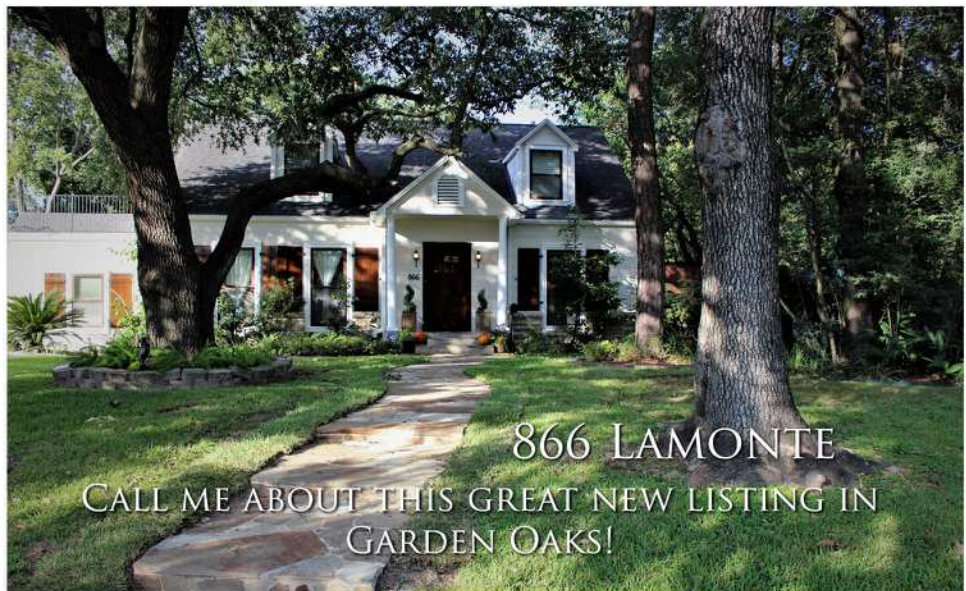
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